EVALUATION REPORT 2019

FOCUS AREA 3: FAMILY, PROFESSIONAL, AND COMMUNITY CAPACITY

FOCUS AREA 4: HEALTH

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EXECUTIVE DIRECTOR MESSAGE

First 5 Humboldt was established 20 years ago to create a program for “the purposes of promoting, supporting, and improving the early development of children from the prenatal stage to five years of age” (California Health and Safety Code Section 130100). The primary focus of the Children and Families Act was to promote an “integrated, comprehensive, and collaborative system of information and service” to support the optimal development of children (Section 130100(a)). Our work to build that collaborative system is covered in Focus Areas 1 & 2 of our 2019 Local Evaluation Report. Because the statute also emphasizes local control and action First 5 Humboldt has invested in filling gaps in services to young children and their families. Our emphasis has been twofold: 1) provide services that are free and accessible to all of Humboldt’s children, which do not duplicate other services, and 2) provide on-going, research-based training to our professional workforce that best equips them to serve children in the integrated, comprehensive, and collaborative system that we strive to facilitate.

Responding to our local community needs has led to a combination of Humboldt County Library and St. Joseph Health Paso a Paso Program support, playgroup support, and community workforce development in the areas of early childhood education and infant-family early childhood mental health. Our focus on Adverse Childhood Experiences, resilience promotion, and trauma-informed practices is a response to our county’s unique history and the traumatic experiences of our residents. Our mission and our incredible community partners make this work possible.

Local control means local accountability. These Evaluation Reports provide a public assessment of how well our programs are working, how we assess them, and what needs improvement. I’m proud that this year’s report demonstrates direct work with families and professionals that has significant and meaningful outcomes for our community.

First 5 Humboldt is unique among government entities. We function under the state’s only voter-approved mandate to work across systems to promote integration and collaboration. Our cross-sector partners share our goals and help make this collaboration possible. And you, our community members, are the key to making Humboldt County a healthy place for our families and children to thrive.

A connected, engaged, supportive community has the power to hold our children and families in a caring embrace, where together we can buffer adversity and the harmful effects of life experiences and stress on our youngest residents. Every program we offer is designed to help nurture that connected, supportive community. Please join us in supporting programs that nurture that connected spirit. Volunteer at a local playgroup, your local Family Resource Center or at your County Library branch, serve on one of our advisory committees, donate to a local non-profit that supports young families or to our First 5 Fund at Humboldt Area Foundation, or reach out to a neighbor or a stranger. Take a stand for social justice and equity, and help make sure all children are given the opportunities they need to be successful. I stand by the belief that the programs funded by First 5 Humboldt are important and successful – demonstrated by the data in this report. But I also know that the work we do
is exponentially amplified by our caring community. Our children and families are the heartbeat of Humboldt, and they are most certainly its future. What better way to invest our time and attention than in their well-being? We will be all the better—and healthier—for it.

Respectfully, with shared hope for our future,

Mary Ann Hansen
Executive Director
First 5 Humboldt
INTRODUCTION

First 5 Humboldt’s mission is to improve the lives of children and their families through support and advocacy for integrated services that use prevention and early intervention to foster secure, healthy children, reduce disparities, and promote positive change. Our vision is all Humboldt County children reaching their unique potential in healthy, safe, nurturing families and supportive communities that value, respect, and invest in their wellbeing.

First 5 Humboldt is committed to regular evaluation of the impact and effectiveness of our own programs and those we support. This report presents evaluation results for calendar year 2019 in two key areas of F5H’s work: Family, Professional and Community Capacity and Focus Area 4 – Health.

Our Evaluation Framework (Appendix A) maps the relationship between the Vision and Mission of First 5 Humboldt, the four Focus Areas defined in the current First 5 Humboldt Strategic Plan, and specific indicators to track progress on those Focus Areas. This report presents results for Focus Area 3 – Family, Professional and Community Capacity and Focus Area 4 – Health. A separate report on Focus Area 1 – Fiscal Sustainability and Focus Area 2 – Systems Change was released in June 2020.

Evaluation results are presented according to the Evaluation Framework:

- Focus Area,
- the Objective under that Focus Area,
- the Action associated with the Objective, and
- the Indicators related to the Action.

First 5 Humboldt projects and programs in Focus Areas 3 and 4 include Playgroups, Family/Community Resource Centers, Library Programs, and a Prenatal Care Program among others (Figure 1). The main body of this report summarizes key evaluation data and results for select programs. For a brief description of each individual First 5 Humboldt program funded under these Focus Areas during 2019, please refer to Appendix B.

Data presented in this report is collected from various sources using different processes. For a description of data sources, data collection instruments and protocols, and data analysis procedures, please refer to the Methods section in Appendix C.

This report is presented to the Humboldt County Children and Families Commission, First 5 Humboldt staff, partners, and the public. First 5 Humboldt uses these Evaluation Reports and the underlying data behind them to:

- Acknowledge program leaders, partners, and communities for their achievements and support of First 5 Humboldt’s vision.
- Provide guidance for improvements to existing fiscal sustainability efforts, systems change activities, and programs.
- Identify requirements for continued funding of existing programs, as needed.
- Determine funding allocations for existing activities and programs within the budget decision-making process.
- Determine funding decreases for existing programs, and the elimination of funding for existing programs.
**Figure 1. First 5 Humboldt Strategic Plan Focus Areas**

<table>
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<tr>
<th>Focus Area 1</th>
<th>Fiscal Sustainability</th>
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<td><strong>Separate Report Released in March 2019</strong></td>
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<th>Focus Area 2</th>
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<th>Focus Area 3</th>
<th>Family, Professional and Community Capacity</th>
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**First 5 Humboldt funded programs that directly impact Focus Area 3 indicators**
- First 5 Humboldt funded Playgroups
- First 5 Humboldt Playgroup Specialists
- First 5 Humboldt funded Family Resource Centers
- Paso a Paso
- Nurse Family Partnership (funded for 6 months only)
- Library Partnership
- 0-8 Mental Health Collaborative
- IMPACT Program
- SEEDS (Social-emotional Early EDucator Supports) Program
- Families Thriving Together

**First 5 Humboldt activities that directly impact Focus Area 3 indicators**
- Activities related to the promotion of stable, well-educated workforce available to serve and advocate for developmentally-, culturally- and trauma-responsive practices.

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<th>Focus Area 4</th>
<th>Health</th>
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**First 5 Humboldt funded programs that directly impact Focus Area 4 indicators**
- First 5 Humboldt funded Playgroups
- First 5 Humboldt Playgroup Specialists
- First 5 Humboldt funded Family Resource Centers
- Paso a Paso
- Nurse Family Partnership (funded for 6 months only)
- Library Partnership
- Community Health Access Worker (funded for 6 months only)
- Road to Resilience Project
FOCUS AREA 3: FAMILY, PROFESSIONAL, AND COMMUNITY CAPACITY

First 5 Humboldt will promote the optimal development of children with a focus on prevention, in partnership with families, caregivers, and the community.

Objective 3.1: First 5 Humboldt will promote a stable well-educated workforce available to serve and advocate for developmentally-, culturally- and trauma-responsive practices.

Action 3.1.A: Promote and provide training and technical assistance opportunities to families and service providers.

Indicator 1: # of trainings and TA opportunities addressing developmental, cultural, and trauma-responsiveness

Indicator 2: # of training attendees

First 5 Humboldt (F5H) funds and coordinates trainings, certification programs, and technical assistance (TA) for parents and service providers to promote a skilled and stable workforce with the capacity to promote the optimal development of children. F5H supported programs that address Action 3.1.A are summarized below.

PFS Trainings. Parent and Family Support (PFS) training opportunities are held biannually for the coordinators/facilitators of the approximately 20 F5H Playgroups and other F5H-funded PFS programs to help increase their skills and capacity in providing services that are developmentally responsive, culturally responsive, and trauma responsive. Two PFS Trainings were held in 2019.

Infant Family Early Childhood Mental Health Specialists. F5H funds four Infant Family Early Childhood Mental Health Specialists (“Specialists”), (see page 30), who provide technical assistance to individual Playgroups on a regular basis throughout the year. The Specialists work directly with parents and children at Playgroup as well as meeting with Playgroup leaders and staff to ensure Required and Essential Practices (see Appendix D) are in place. They review practice areas and evaluate, utilizing their observations, survey data, site visit data etc., where Playgroup staff might need further development and/or staff training. Action Plans are created annually with each Playgroup (in conjunction with Playgroup staff) and TA is provided according to the Action Plans. In 2014-15, the Specialists made it more explicit to programs that the family support work they provide to the Playgroups utilizes their Infant Family and Early Childhood Mental Health certifications/backgrounds. This included becoming more mindful about the tools, theoretical frameworks, skills used when working with families, and continuing with referrals to early intervention programs when appropriate. In 2019, the Specialists provided technical assistance to Playgroups over 200 times.
**SEEDS Program.** From January until June 2018, F5H implemented the Pilot Phase of the Social-emotional Early Educator Supports Program (SEEDS) in which three Early Childhood Mental Health (ECMH) Consultants supported teachers at three Early Childhood Education (ECE) programs to better understand the social-emotional needs, and to promote the healthy growth and development of children in their care. Support was provided through trainings and technical assistance meetings. During the 2018-2019 fiscal year, First 5 Humboldt reviewed results from the Pilot Phase and worked with the ECMH Consultants to develop a plan for the Implementation Phase of the program. Key components of the Implementation Plan include the following:

- SEEDS Statement of Purpose
- SEEDS Early Childhood Mental Health Framework
- Funding and Staffing Information
- Program Application Process
- Services Provided (Figure 2)
- Phases of Consultation (Figure 3)
- Evaluation Outcomes

Please see Appendix E for the complete SEEDS Consultation Program Implementation Plan.
**Figure 2**
Services Provided by SEEDS Consultation Program

**One-on-One Classroom Consultation**
Each program served has a unique program and staffing structure. The services provided will be determined by the assessment of needs, number of classrooms per program, and the location of services. The consultation services include needs assessment(s), classroom observations, reflective practice, trainings, and general consultation.

**Needs Assessment**
Prior to developing a plan for consultation, participating staff will complete needs assessments indicating their strengths, challenges, and what they hope to achieve through participation in SEEDS. Follow-up interviews will be conducted to develop a plan and timeline for services.

**Goal Setting and Action Plan Development**
The consultant will support the participant in creating goals and will collaborate with the participant in creating a concrete action plan to achieve the goals.

**Classroom Observation**
The consultant will conduct up to three observations in participating classrooms throughout the time of participation. During this time, the consultant will observe teacher-child interactions, language, routine, transitions, and environment. The role of the consultant will be to use observational tools and notes to collect data to inform reflective practice sessions and resources.

**Reflective Practice**
After classroom observations, the consultant will engage the participant in reflective practice, discussing the goals set at the beginning of consultation and will encourage the participant to reflect on the following topics: teacher practice, child behavior, daily structure (transitions, length of time spent in activity, etc.), and environmental planning (furniture arrangement, accessibility of materials, etc.).

**Trainings**
Trainings offered to programs will include program-specific staff professional development trainings developed by consultants informed by program needs and interests, family trainings offered by request, and quarterly regional trainings for all participating programs with broader themes on supporting the social-emotional development of children and families.
The Implementation Phase of the SEEDS Program began in July 2019. The first step of the Implementation Phase was completing recruitment activities. A SEEDS ECMH Consultant used mailings to family childcare homes and centers as well as social media posts to publicize the program throughout the county. Direct service began in the fall. ECMH Consultants conducted intake interviews and needs assessments with recruited teachers. Based on the needs assessment results, the top child behaviors that teachers needed consultation or assistance with included the following:

- Withdrawal or lack of participation
- Aggressive physical behavior
- Difficulty/resistance to transitions
- Challenges with self-regulation

ECMH Consultants also observed individual classrooms; held 1-on-1 reflective meetings with teachers following observations; provided resources; and responded to teacher concerns and questions via e-mail, phone, and in-person meetings. By the end of 2019, the SEEDS Program served a total of 4 sites with 7 classrooms and 8 participating teachers. The sites served a total of 93 children between the ages of 3 months and 5 years.

**Foster Parent Support.** In 2019 F5H continued to offer support to Humboldt County foster parents by funding a Licensed Mental Health Clinician to provide the following support services to Humboldt County Foster Parents participating in the project:

- Individual family mental health coaching services
- Mental health coaching in a support group setting
- Children’s mental health services information and referrals
- Information and referral to First 5 Humboldt Playgroups
For support groups that occurred between January – June 2019, there were no sign-in sheets collected in order to maintain participant confidentiality. The Licensed Mental Health Clinician observed an average of 6 individuals at each support group. Between July – December 2019, The Licensed Mental Clinician continued to provide similar services to foster parent families with the exception of the support group coaching. It was determined that services were more effective when offered in an individual family setting.

**Families Thriving Together.** The Families Thriving Together Pilot Project built on these earlier efforts and partnered a local Licensed Mental Health Clinician (Clinician) with a First 5 Humboldt Specialist (Specialist) to develop and implement an intensive therapeutic parenting program based on Infant Family and Early Childhood Mental Health best practices. The research-based Family Strengthening Factors were used as the framework. Between September through October 2019, the Clinician and Specialist developed intake materials, determined the core concepts that would be integrated into the family sessions, and met with representatives from the referring agencies: Humboldt County Child Welfare Services, Changing Tides Family Services, and Family Wellness Court. Referrals were received throughout October and services began later that month. Priority was given to parents who have had adverse childhood experiences (ACEs). All of the families enrolled had ACE scores of 5 or more. To qualify, each family needed to include at least one child age three or younger. During phase 1 of the program, which ran from October 2019 and continues through March 2020, parents meet one to two times per month with the Clinician and the Specialist in intensive therapeutic support sessions focused on creating relational safety and the following Family Strengthening Protective Factors: parental resilience, social and emotional development (parent and child), attachment and bonding, and concrete support in times of need. In addition, a Social Work graduate student, supervised by the Specialist, provided social and emotional enrichment for children of the referred families as needed during these sessions. The project served eight adults and twenty-one children of which twelve were ages 0-5 (six of the twelve were under 2 year of age).

**0-8 Mental Health Collaborative.** F5H supports the 0-8 Mental Health Collaborative (0-8 MHC). This collaborative was established with coordination support from First 5 Humboldt in 2010 to improve the skills of service providers working to help children meet their developmental potentials. Two F5H Playgroup Specialists continue to serve as co-coordinators for this group. A major focus of the 0-8 MHC is the implementation of a training plan to help build Early Childhood Mental Health Competencies to better support children in meeting their developmental potentials. In 2019, the 0-8 Mental Health Collaborative hosted or co-hosted trainings as part of their Infant Family Early Childhood Mental Health (IFECMH) workforce development efforts and in response to community requests. In 2019, at least 449 multi-disciplinary participants enrolled in 19 trainings.
**Figure 4**

**0-8 Mental Health Collaborative and/or First 5 Humboldt Sponsored Trainings for 2019**

- Reflective Practice-Supporting Practitioners - 23 participants
- Pregnancy and Postpartum Family Wellness - 24 Participants
- Understanding the Impacts of Domestic Violence - 24 participants
- Rooted in Connection: The foundation for emotional growth and empathy - 24 participants
- Utilizing Nature to Support Children and Caregivers - 12 participants
- Using Observation and Reflective Skills to Support Intervention- 19 participants
- Somatic Interventions with Children- 25 participants
- Understanding ACEs - 15 participants
- Mood Follows Food - 23 participants
- Infant Massage Training - 18 participants
- IFECMH Advanced Cohort Professional Presentations - 23 participants
- Advanced Reflective Practice Training Series (6-part series) - 6 participants
- Neurosequential Model of Therapeutics Training Series (7 of a series of 12) - 24 participants
- Introduction to Infant-Family and Early Childhood Mental Health Training series - 20 participants
- Early Childhood Mental Health Foundation Principles and Practices (UCSF/SAMHSA Community Training)- 17 participants
- IFECMH Training Series- Introduction to Reflective Practice - 33 participants
- IFECMH Training Series- Core Concepts in IFECMH – 22 participants
- Facilitating Attuned Interactions (UCSF/SAMHSA Community Training) – 26 participants
- How little brains manage big stress: Understanding attachment and its role in self-regulation– 26 participants
- Reflective Support Group (12 sessions)- 48 Participants

**IMPACT.** F5H’s Improve and Maximize Programs so All Children Thrive Program (IMPACT) is an optional quality improvement and professional development program for local childcare providers and F5H Playgroup staff. IMPACT provided program participants 9 trainings and 42 Professional Learning Community or individual technical assistance coaching sessions that focused on increasing the skills and capacity of IMPACT participants in providing services that are developmentally appropriate, culturally responsive, and trauma responsive. In 2019, 65 staff members from 41 childcare or Playgroup sites participated in the program.
Over 680 people attended the trainings shown in Figures 4 and 5 above. Participant evaluation surveys from 0-8 MHC/F5H Sponsored Trainings and IMPACT Trainings show that attendees found all of these training opportunities valuable and worthwhile. The Provider Voices sections that follow illustrate what some attendees felt they gained from the trainings.
Speaker’s Bureau. First 5 Humboldt continued to coordinate the ACEs/Resilience Speakers’ Bureau (Speakers’ Bureau) in 2019, in response to community requests for more advanced training on ACEs, trauma, and resilience. The Speakers’ Bureau consists of presenters with demonstrated understanding of brain science and development, university-level teaching credentials, and experience conducting community trainings. All of the speakers are endorsed by California in Infant Family and Early Childhood Mental Health (IFECMH) and/or have been trained by the international Child Trauma Academy, which is a leader in understanding how children and adults are impacted by trauma and can be supported in their health and well-being. Community organizations who contact F5H for more advanced training are connected to the most appropriate presenter for their specified needs. In addition, First 5 Humboldt facilitates meetings between
Speakers’ Bureau presenters in order to discuss training topics, presentation modalities, and training materials. In 2019, there were 13 Speakers’ Bureau training presentations to 11 different organizations in Humboldt County. At least 430 attendees participated in at least one training presentation.

In the spring of 2019, First 5 Humboldt, the 0-8 Mental Health Collaborative, and the Child Abuse Prevention Coordinating Council collaborated to host the Counting on Community: Exploring Pathways for Child, Family, and Community Wellness Symposium. The 3-day symposium had at least 25 speakers and gave at least 350 participants the opportunity to

- Gain an understanding of the impacts trauma has on a child's development and family wellness
- Expand knowledge of infant-family and early childhood mental health practices
- Learn how to further our capacity as a community to better support families
- Cultivate community relationships and networking with other parents and professionals

**Action 3.1.B:** Annually review available local and state child and family data to assess family and community needs.

**Indicator 1: List of data reviewed**

F5H staff and consultants annually review available local and state child and family data to assess family and community needs. Information gathered from the data sources were used to help guide F5H activities and programming. In 2018, the following data sources were reviewed. 2019 data was not available at the time this report was written and will be added when available.

3. California Strong Start Index: [https://strongstartindex.org/map?bt=county&rid=023&qt=0&z=9&lat=40.73581157695217&lng=-123.94500732421876&zc=95519&reset=1](https://strongstartindex.org/map?bt=county&rid=023&qt=0&z=9&lat=40.73581157695217&lng=-123.94500732421876&zc=95519&reset=1)
5. Children’s Data Network, USC Suzanne Dworak-Peck School of Social Work
8. Humboldt County Office of Education data on special education referrals, eligible and non-eligible (personal communication of graphs and numbers, August 2018)
10. Indian Health Services, Trends in Indian Health: 2014 edition
11. As cited on kidsdata.org, California Dept. of Finance, Race/Ethnic Population with Age and
12. As cited on kidsdata.org, California Dept. of Public Health, Center for Health Statistics, Birth
    Statistical Master Files; Centers for Disease Control & Prevention, Natality data on CDC
    Reports, 64(1) (Mar. 2015).
13. As cited on kidsdata.org, Population Reference Bureau, analysis of data from the U.S. Census
    Bureau's American Community Survey (Jan. 2018).
15. As cited on kidsdata.org, Webster, D., et al. Child Welfare Services Reports for California,
16. North Coast Association of Mental Health Professionals; List of mental health providers for
    children age 4 and under.
   http://www.ncamhp.org/directory.asp?page=1&pagelength=10&populationID=15
17. North Coast Children’s Services http://ncsheadstart.org/locations/
18. North Coast Health Improvement and Information Network, Substance Use, Homelessness,
    Youth and Early Experiences key informant interviews November 2018
19. Strong Start Index:
   https://strongstartindex.org/map?bt=county&rid=023&qt=0&z=9&lat=40.73581157695217&lng
   =-123.94500732421876&zc=95519&reset=1
    biochemically tested marijuana use among pregnant females in California from 2009-2016.
**Action 3.1.C:** Advocate for early childhood education workforce stability and appropriate compensation.

*Indicator 1: # of advocacy activities that support early childhood education workforce stability*

In 2019, F5H advocated for AB 324. The bill focuses on revising the stipend program for subsidized childcare professional development by requiring the California Department of Education to develop standardized, effective, and measurable guidelines for the use of these professional support stipends. The bill, which is currently being held in Senate Appropriations, would also expand the availability of profession support stipends to all qualified childcare providers who work directly with children who receive state-subsidized childcare services.

**Action 3.1.D:** Provide opportunities for families and the workforce to develop advocacy skills.

*Indicator 1: # of activities related to advocacy education*

F5H staff completed various advocacy education presentations to the F5H Parent and Family Support Subcommittee and the Early Childhood Education Subcommittee. These subcommittees are comprised of representatives from the Humboldt County workforce. F5H provided updates to the F5H Parent and Family Support Subcommittee on federal changes to public charge rules and their impacts on children and families during the Subcommittee’s 2019 meetings in August, October, and December. F5H also completed presentations and updates during three Early Childhood Education Subcommittee meetings on the following topics:

- The need and responsibilities of a potential public policy intern
- AB 324 (see Action 3.1.C., Indicator 1. for more details) and options for advocacy
- The influence the California Early Care and Education Workforce Study might have on public policy
- Advocacy opportunities afforded by the Town Hall with Senator McGuire and California’s Surgeon General.

**Objective 3.2:** Families have access to community supports that strengthen families’ capacity to promote children’s optimal development in safe and stable communities

**Action 3.2.A:** Support programs that promote the 5 protective factors and family strengthening principles (Center for the Study of Social Policy, 2016) and primary prevention

**Background:** F5H funds Playgroups and other Parent and Family Support Programs that actively promote Protective Factors (see Figure 8). The Protective Factors are an important part of preventing child abuse and neglect, and as such are important in preventing and mitigating the effects of Adverse Childhood Experiences (ACEs). These F5H-funded programs support children and families in their communities through services and activities such as: parent support and education, home visiting, early learning, social support, socialization, and resource and referral assistance. The indicators for this action are used to help measure the effectiveness of these programs and activities, and most indicators are directly related to the Protective Factors. Much
of the data for these indicators was collected through the 2019 Playgroup Survey (see Appendix F for Instrument and Appendix J for Results) and the 2019 Parent and Family Support (PFS) Program Survey (see Appendix G for Instrument and Appendix K for Results)

### What are Protective Factors?

Protective Factors are the foundation of the Strengthening Families approach. Extensive evidence supports the common sense notion that when the Protective Factors are present and robust in a family, the likelihood of abuse and neglect diminish. Research also shows that these are the factors that create healthy environments for the optimal development of all children.

1. **Parental Resilience**
   Parental resilience is the ability to constructively cope with and bounce back from all types of challenges. It is about creatively solving problems, building trusting relationships, maintaining a positive attitude, and seeking help when it is needed.

2. **Knowledge of Parenting and Child Development**
   Having accurate information about raising young children and appropriate expectations for their behavior help parents better understand and care for children. It is important that information is available when parents need it, that is, when it is relevant to their life and their child.

3. **Social and Emotional Competence of Children**
   A child’s ability to interact positively with others, to self-regulate, and to effectively communicate his or her emotions has a great impact on the parent-child relationship. Children with challenging behaviors are more likely to be abused, so early identification and working with them helps keep their development on track and keeps them safe.

4. **Social Connections**
   Friends, family members, neighbors, and other members of a community provide emotional support and concrete assistance to parents. Social connections help parents build networks of support that serve multiple purposes: they can help parents develop and reinforce community norms around childrearing, provide help in times of need, and serve as a resource for parenting information or help solving problems. Because isolation is a common risk factor for abuse and neglect, parents who are isolated need support in building positive friendships.

5. **Concrete Support in Times of Need**
   Parents need access to the types of concrete supports and services that can minimize the stress of difficult situations, such as a family crisis or stress associated with lack of resources. Building this Protective Factor is about helping to ensure the basic needs of a family, such as food, clothing, and shelter, are met and connecting parents and children to services and resources.


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**Figure 8**

**Indicator 1 (Playgroup and PFS Survey Results):** # of programs providing family-friendly services

F5H works with all the programs it funds to help ensure services are family-friendly. This is done through training and technical assistance provided to program leaders, as discussed on page 6. The 2019 Playgroup Survey and the 2019 PFS Program Survey were used to evaluate whether
these programs were succeeding at providing family-friendly services. Over 90% of respondents to both 2019 Survey versions strongly agreed or agreed with the statements related to family friendliness of the program in which they participated. In 2018, 89.4%-99.4% of respondents to both 2018 Survey versions strongly agreed or agreed with the statements related to family friendliness of the program in which they participated. Based on these responses, it appears that services at F5H funded programs are, overall, very family friendly. For detailed information about the results related to these statements, please see Question #3 on the 2019 Playgroup Survey in Appendix J and Question #3 on the 2019 PFS Program Survey in Appendix K.

**Indicator 2 (Playgroup and PFS Survey Results): # of programs promoting the 5 Protective Factors**

First 5 Humboldt wants to ensure services/programs they support incorporate and promote the Five Protective Factors. This was evaluated using a series of questions on the 2019 Playgroup Survey and the 2019 PFS Program Survey. In 2019, 73.5% to 98.7% of respondents to both 2019 Survey versions strongly agreed or agreed with the statements about program effect on them that directly relates to the Five Protective Factors. These statements include:

1. **Protective Factor Survey Question Results Related to Parental Resilience**
   - At least 86.9% of parents/caregivers feel more supported as a parent as a result of participating in Playgroup/PFS Program

2. **Protective Factor Survey Question Results Related to Knowledge of Parenting and Child Development**
   - At least 87.5% of parents/caregivers have discovered new things about their child’s strengths and/or needs as a result of participating in Playgroup/PFS Program

3. **Protective Factor Survey Question Results Related to Social and Emotional Competence of Children**
   - 93.4% of Playgroup parents/caregivers believe their child has learned to feel more comfortable around other children as a result of participating in playgroup (not applicable for other PFS Programs)

4. **Protective Factor Survey Question Results Related to Social Connections**
   - At least 91.5% of parents/caregivers feel that “My child and I are more connected to other children and adults” as a result of participating in Playgroup/PFS Program

5. **Protective Factor Survey Question Results Related to Concrete Support in Times of Need**
   - At least 91.9% of Parents/caregivers feel they know “where to get information about services/activities for me/my child/my family” as a result of participating in Playgroup/PFS Program

Overall, based on these results, it appears that services provided at F5H-funded programs do help to incorporate/promote Protective Factors.

For detailed information about the results related to these statements and other related statements, please see Question #9 on the 2019 Playgroup Survey in Appendix J and Question #8 on the 2019 PFS Program Survey in Appendix K.
Additional analysis of the 2019 Playgroup Survey data, using Spearman’s Rank Order correlation test, showed that there was a statistically significant positive correlation between playgroup attendance and agreement with the following statements:

- As a result of Playgroup, I have learned more about what skills/behaviors are typical for my child’s age ($r_s (309) = .139$, $p = .014$)
- As a result of Playgroup, I feel less stress ($r_s (309) = .131$, $p = .021$)
- As a result of Playgroup, I deal better with parenting issues ($r_s (301) = .123$, $p = .033$)
- As a result of Playgroup, I feel more supported as a parent ($r_s (304) = .134$, $p = .019$)
- As a result of Playgroup, my child has learned to feel more comfortable around other children ($r_s (308) = .114$, $p = .045$)

Thus, an increase in family playgroup attendance was correlated to an increase in agreement with the above Protective Factor related statements (Figure 8).
Playgroup attendance positive correlation with

- Learning more about what skills/behaviors are typical for child’s age
- Feeling less stress
- Dealing better with parenting issues
- Feeling more supported as a parent
- Child learning to feel more comfortable around other children

Figure 9
Figure 10

The survey data for Indicators 3-5 will be presented first for the 2019 Playgroup Survey, followed by the survey data for Indicators 3-5 for the 2019 Parent and Family Support (PFS) Program Survey. Where applicable, Playgroup Survey data from 2018 will be presented for comparison. 2018 PFS Survey data was not appropriate for comparison to 2019 due to changes in funded programs.

Parent Voices

*What positive effect has the Playgroup/PFS Program had on you, your child, and/or family?*

- Best experience for youngsters before kindergarten and grade school. Playgroup provides opportunities to learn socialization skills as well as tactile and early academic skills
- My child has been aided in positive peer relationships. As a mother I've found the support of staff and other participants, as well as the enriching environment, invaluable and helpful.
- I really feel like playgroup has helped foster my children and our family into a cohesive team, and a full member of the community.
- This playgroup has played a huge role in helping both my child and myself build support system/sense of community
- It offers [us] routine and social interaction and an abundance of games and songs to use at home, allows our daughter to social and sensory processing skills
- I believe it helps increase my child's social interactions and helps develop new skills
- Para mi hija que quiero que ella aprenda a socializun ya que a mi se me hace muy dificil, pero ahora estoy aprendiendo. // For my child, I want my child to learn to socialize, which is very hard for me, but now I am learning.
- We’ve met many new friends here. My child is very well socialized which has made interactions pleasant. We’ve also been connected to many resources in the community as well.
- Really helps with socializing with other kids...sharing....school readiness
- This has been a huge positive impact for my child. My child grows so much every week. Loves having friends the same age. Looks forward to it.
- Provided for safe environment for kids to learn and grow. Helped me with my patience with my kids.
First 5 Humboldt 2019 Playgroup Survey (“Playgroup Survey”) Results for Indicators 3-5

Seventeen F5H Playgroups, listed in Table 1, submitted a total of 322 completed surveys to F5H. Survey sample sizes for individual Playgroups are presented in Appendix H.

<table>
<thead>
<tr>
<th>First 5 Humboldt Playgroups Submitting Playgroup Surveys in 2019</th>
</tr>
</thead>
<tbody>
<tr>
<td>5. F.U.N Play Center</td>
</tr>
</tbody>
</table>

Table 1

**Indicator 3 (Playgroup Survey Results): % of families feeling more connected to other families**

In 2019, 91.5% of Playgroup Survey respondents reported feeling more connected to other children and adults as a result of playgroup. 6.6% were neutral regarding this statement, 0.9% disagreed with the statement, and 0.9% stated this was not applicable. In 2018, 89.1% of Playgroup Survey respondents reported feeling more connected to other children and adults as a result of playgroup. 10.0% were neutral regarding this statement, 0.6% disagreed with the statement, and 0.3% stated this was not applicable. For more details, see Figure 11.
Indicator 4 (Playgroup Survey Results): % of parents reporting that they have someone they can talk to

In 2019, 82.9% of Playgroup Survey respondents strongly agreed/agreed that they have someone they can talk with about their concerns and frustrations as a result of Playgroup participation. 14.3% were neutral regarding this statement, 0.9% disagreed with the statement, and 1.9% stated this was not applicable. In 2018, the figures were almost identical, showing that 82.8% of Playgroup Survey respondents strongly agreed/agreed they have someone they can talk with about their concerns and frustrations as a result of Playgroup participation. 15.0% were neutral regarding this statement, 0.6% disagreed with the statement, and 1.6% stated this was not applicable. For more details, see Figure 12.
Figure 12

F5H Playgroups: Parents/Caregivers Have Someone They Can Talk with About Their Concerns and Frustrations

- Strongly Agree: 57.1% (2019), 54.5% (2018)
- Agree: 25.8% (2019), 28.3% (2018)
- Neutral: 14.3% (2019), 15.0% (2018)
- Disagree: 0.9% (2019), 0.6% (2018)
- Strongly Disagree: 0.0% (2019), 0.0% (2018)
- Not Applicable: 1.9% (2019), 1.6% (2018)
**Indicator 5 (Playgroup Survey Results): % of parents who say they feel that they deal better with parenting issues**

In 2019, 73.5% of Playgroup Survey respondents strongly agreed/agreed that they deal better with parenting issues because of Playgroup. 22.7% were neutral regarding this statement, 0.3% disagreed with the statement, and 3.4% stated this was not applicable. In 2018, 75.7% of Playgroup Survey respondents strongly agreed/agreed that they deal better with parenting issues because of Playgroup. 20.9% were neutral regarding this statement, 0.9% disagreed with the statement, and 2.5% stated this was not applicable. For more details, see Figure 13.

![Figure 13](image)

- Further analysis of the 2019 Playgroup Survey data, using Spearman's Rank Order correlation test, showed that **there was a statistically significant positive correlation between Playgroup attendance and agreement with the statement “As a result of Playgroup, I deal better with parenting issues.”** \( r_s (304) = .134, p = .019 \). Thus, an increase in family Playgroup attendance was correlated to an increase in agreement with the statement regarding parents/caregivers dealing better with parenting issues.
First 5 Humboldt 2019 Parent and Family Support (PFS) Program Survey (“PFS Program Survey”) Results for Indicators 3-5

These surveys were received from “non-Playgroup” Parent and Family Support (PFS) programs. In 2019, a total of 72 surveys were received from the following three programs: Paso a Paso, Mattole Valley Resource Center, and Blue Lake Community Resource Center (CRC). Survey sample sizes for individual PFS Programs are presented in Appendix I. In 2018, 106 surveys were received from five programs (Nurse Family Partnership and Southern Humboldt FRC did conduct surveys in 2018 but were not funded in the 2019-2020 FY so no surveys were conducted with their clients). As noted earlier, comparison of 2019 data to 2018 data will not be included due to two programs no longer being funded, making comparison of data inappropriate.

Indicator 3 (PFS Survey Results): % of families feeling more connected to other families

88.2% of the 2019 PFS Program Survey respondents reported feeling more connected to other children and adults as a result of the First 5 Humboldt funded Program in which they participated. For more details, see Figure 14.
**Indicator 4 (PFS Survey Results):** % of parents reporting that they have someone they can talk to

94.7% of the 2019 PFS Program Survey respondents strongly agreed/agreed that they have someone they can talk with about their concerns and frustrations as a result of the First 5 Humboldt funded Program in which they participated. 2.6% were neutral regarding this statement, and 2.6% stated this was not applicable. For more details, see Figure 15.

![Figure 15](image)

**Indicator 5 (PFS Survey Results):** % of parents who say they feel that they deal better with parenting issues

90.5% of the 2019 PFS Program Survey respondents strongly agreed/agreed that they deal better with parenting issues as a result of the First 5 Humboldt funded Program in which they participated. 1.4% were neutral about the statement, 1.4% disagreed, and 6.8% stated this was not applicable. For more details, see Figure 16.
Parent Voices

In what ways has the Playgroup/ PFS Program helped you with parenting?

- This playgroup has really helped me be a better mom
- Making parental connections
- Los programas me han brindado educación que ayuda al bienestar de mi familia. Me dan herramientas para ser mejor padre/madre. The programs have given me education that helps my family’s wellbeing. They give me tools to be a better father/mother.
- This group pointed me in the direction of services I needed for my child.
- Helped me with my patience with my kids.
- Cuando participo en clases, aprendo cosas que me ayudan para entender el crecimiento y hacer cosas diferente.// When I participate in classes, I learn things that help me understand about development, and to do things in a different way.

Figure 16

Figure 17
**Indicator 6: # of children/caregivers in Playgroup**

First 5 Humboldt funded twenty Playgroups located throughout Humboldt County in 2019, with some fluctuations in the groups in operation during the year. These F5H Playgroups operate with a F5H grant to a local sponsor, who provide a meeting space, hire one or more Playgroup Leaders to facilitate the Playgroup, and agree to operate in accordance with F5H Required Essential Practices (REPs). F5H Playgroups provide free play opportunities for 0-5 age children and their parents/caregivers, including: activities for fine and gross motor skill development; structured activities and learning opportunities such as literacy activities, music, arts and crafts; parent/caregiver support and social connections with other parents/caregivers; and provide parents/caregivers with information about other available supports and services. Most of the playgroups meet weekly, with a few groups near the larger cities meeting two to three times a week. The F5H Playgroups have regularly scheduled visits from First 5 Humboldt Specialists to provide parents the opportunity for additional support for themselves, their child, and their families (see Indicator 8 below for more details). Activities at Playgroups support and promote Protective Factors.

Unduplicated counts for children and parents/caregivers attending Playgroups are available for fiscal year 2018/2019 (July 2018-June 2019) for each playgroup. These counts show that a minimum of 2,614 children ages 0-5 and a minimum of 2,525 parents/caregivers attended a First 5 playgroup during that time. Please note that counts are **unduplicated within** a playgroup but may be **duplicated across** Playgroups as some families attend multiple playgroups.

Counts of F5H Playgroup visits are also collected. These counts show the number of visits by parents/caregivers and children to Playgroups and are considered “duplicated counts.” In fiscal year 2018/2019, there were at least: 13,364 parent/caregiver Playgroup visits, and 16,377 Playgroup visits by children age 0-5, at 1,043 Playgroup events. (Figure 18).

![Figure 18](image-url)
**Indicator 7: # of families interacting with Specialists at Playgroups**

F5H allocates funding for Infant Family Early Childhood Mental Health Specialists (“Specialists”) to provide direct support to families at F5H Playgroups. Two of these Specialists work through the Humboldt County Office of Education. F5H hired two additional part-time Specialists using Measure S funding to provide additional support to Playgroups in outlying areas, for part of the 2017-2018 fiscal year and all of the 2018-2019 and 2019-2020 fiscal years. All four Specialists have Infant Family Early Childhood Mental Health certification. At Playgroup, Specialists provide support to parents and caregivers through activities such as: answering questions parents/caregivers have about their child’s development and behavior; conducting informal screenings of children’s behavior; providing resource and referral assistance; and conducting temperament assessments at the request of parents/caregivers. More intensive support is provided to families on an as-needed basis via office and/or home visits, and can include providing assessments, infant massage, addressing sleep issues, and other individualized support.

According to the 2019 Playgroup Survey, a minimum of 71.7% of respondents had spoken to a Specialist at Playgroup. For those attending Playgroup from 0-3 months, at least 56.4% had spoken with a Specialist, and for those attending at least a year, the figure jumped to at least 84.1%.

Between January and December 2019, the Specialists made at least 275 separate visits to Playgroups. These visits included a variety of contacts described in Table 3. In 2018, the Specialists began tracking contacts using new categories in order to align with the Protective Factors previously described on p.17.

<table>
<thead>
<tr>
<th>Contact Category</th>
<th>Description/Example of Contact Activity</th>
<th>Number of Contacts in 2019</th>
</tr>
</thead>
<tbody>
<tr>
<td>Parent Resilience</td>
<td>Parent Mental Health related support activities; providing information on preventive and supportive mental health practices; discussions about family functioning such as transitioning to work, preparing for second child, and dealing with relatives coming for holidays</td>
<td>676</td>
</tr>
<tr>
<td>Social Connections</td>
<td>Introducing families to one another; providing referrals or resource information on MotherWoman support groups, library programs, family resource center services, and other supports; promoting social connections for children at Playgroup</td>
<td>351</td>
</tr>
<tr>
<td>Concrete Support in Times of Need</td>
<td>Helping families navigate crisis events; providing referrals or resource information on the food bank, housing support, Redwood Coast Regional Center, speech therapists, and mental health providers, Women Infant Children program, Head Start</td>
<td>325</td>
</tr>
<tr>
<td>Parent and Child Typical Development</td>
<td>Addressing questions and concerns about typical child development and parenting</td>
<td>990</td>
</tr>
<tr>
<td>Parent and Child Atypical Development</td>
<td>Addressing questions and concerns about atypical child development and parenting</td>
<td>150</td>
</tr>
<tr>
<td>Support Healthy Social Emotional Development</td>
<td>Providing parent education and coaching on mindfulness, neurodevelopmental, and trauma informed approaches; supporting children and families with special needs and/or challenging behaviors to help them be successful in social interactions at Playgroup and beyond</td>
<td>799</td>
</tr>
</tbody>
</table>

Table 2
Participant Survey for Playgroups results related to Specialists:
The 2019 Participant Survey for Playgroups (n=322) results show that the work of the Specialists continues to make a difference for those parents/caregivers with whom they interact. Results from the two-tailed Fisher-Freeman-Halton Exact test applied to the Fall 2019 Participant Survey for Playgroups data show that the proportions of parents/caregivers who “strongly agree” with the statements listed below were significantly higher when they had talked with a Specialist at playgroup (Table 3).

<table>
<thead>
<tr>
<th>Protective Factor Statement</th>
<th>2019</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. As a result of playgroup, my child and I are connected to other children and adults</td>
<td>$p=1.49 \times 10^{-11}$</td>
</tr>
<tr>
<td>2. As a result of playgroup, I know where to get information about services and activities for me/my child/my family</td>
<td>$p=3.54 \times 10^{-10}$</td>
</tr>
<tr>
<td>3. As a result of playgroup, I have discovered new things about my child’s strengths and/or needs</td>
<td>$p=3.98 \times 10^{-18}$</td>
</tr>
<tr>
<td>4. As a result of playgroup, I have learned more about what skills/behaviors are typical for my child’s age</td>
<td>$p=3.82 \times 10^{-17}$</td>
</tr>
<tr>
<td>5. As a result of playgroup, I feel less stress</td>
<td>$p=1.02 \times 10^{-10}$</td>
</tr>
<tr>
<td>6. As a result of playgroup, I deal better with parenting issues</td>
<td>$p=7.17 \times 10^{-13}$</td>
</tr>
<tr>
<td>7. As a result of playgroup, I feel more supported as a parent</td>
<td>$p=7.09 \times 10^{-13}$</td>
</tr>
<tr>
<td>8. As a result of playgroup, I have someone I can talk with about my concerns and frustrations</td>
<td>$p=4.01 \times 10^{-19}$</td>
</tr>
<tr>
<td>9. As a result of playgroup, my child has learned to feel more comfortable around other children</td>
<td>$p=4.31 \times 10^{-8}$</td>
</tr>
<tr>
<td>10. As a result of playgroup, my child and I engage in play together more often</td>
<td>$p=1.32 \times 10^{-7}$</td>
</tr>
</tbody>
</table>

Table 3

These results indicate that parents/caregivers who had talked with a Specialist at a F5H Playgroup feel that they and their children are more connected to other children and adults, and that:
- they know more about where to get information about services/activities,
- they have discovered more new things about their children’s strengths and/or needs,
- they have learned more about what behaviors are typical for their child’s age,
- they feel less stress
- they deal better with parenting issues
- they feel more supported as a parent,
- they are more likely to have someone to talk with about their concerns and frustrations,
- their child has learned to feel more comfortable around other children than those parents/caregivers that had not talked with a Specialist at Playgroup and
- they engage in play together more than those parents/caregivers that had not talked with a Specialist at playgroup.
**Parent Voices**  
*Comments About Playgroup Specialists*

- Meg (Omi) is like a member of the family at this point. She has helped me through some serious rough spots at various stages of child development.
- Very good at interacting with both parents and children - very involved
- Very knowledgeable of child development strategies
- They are very informative and I like that they are also bilingual
- Beth has helped tremendously working with my child and [its] anxiety and shyness.
- I have felt very supported by Laura and Katie
- They are so warm, welcoming, helpful, and understanding. They are an invaluable resource.
- She’s wonderful. So full of knowledge. Helps me understand what my child is going through developmentally; which helps me be a more patient parent.
- Very informed/educated enough to answer any and all questions I might have
- Excellent resource and very caring and helpful with my questions/concerns and gave reassurances
- The Specialists have all helped me and family and are an invaluable resource

**Figure 19**

*Indicator 8: Frequency with which parents/caregivers read to/with their 0-5 age children*

First 5 Humboldt 2019 Playgroup Survey and 2019 PFS Survey Program Results, and California Health Interview Survey Results Related to Reading Frequency

76.4% of 2019 Playgroup Survey respondents stated they read to or with their 0-5 age child every day, down from 84.7% in 2018, and down from 86% in 2017 (Figure 20). 60.5% of 2019 PFS Program Survey respondents stated they read to their 0-5 age child daily. Per the California Health Interview Survey (Humboldt County data was pooled for 2011-2018 in order to have statistically stable data), in Humboldt County, 75.2% of parents reported reading to/with their 0-5 age child every day and for California, this figure was 63.2% in 2018.
The Library’s Leap into Literacy Program provides and delivers book bins and theme bags to childcare and other early education programs (15 participating sites in 2019) throughout the County. Approximately 500 unduplicated children were served throughout 2019. 3,400 books and 106 Big Books were distributed to these programs in 2019. Fifty-nine separate deliveries were made to programs in locations ranging from the “Humboldt Bay Area” to Hoopa, Orleans, Ke’pel, Redway, and Rio Dell. In 2019, four Early Childhood Educators participating in the Leap Into Literacy Program completed an evaluation survey. Results every year since the start of the program show that the majority of the educators feel the program helps increase the amount of time they read to/with children and is a positive addition to their classrooms and curriculum.
Early Childhood Educator Voices about the Leap into Literacy Program

- Parents read. We incorporate [the materials] into the curriculum
- [Without this program there would be] less access to quality reading materials, less resources to support children’s interests
- Provides fresh child appropriate books year round
- [We use the themed bags] at circle and as a worktime activity
- We use the books every day

Figure 21

Indicator 9 (Playgroup and PFS Survey Results): Frequency with which parents/caregivers play music/sing songs with their 0-5 age children

F5H 2019 Playgroup Survey results related to music/singing showed 76.4% of respondents stated they sing songs/listen to music with their 0-5 age child every day, down from 81.0% in 2018 and 81.4% in 2017. 63.2% of 2019 PFS Program Survey respondents stated they sing songs/listen to music with their 0-5 age child daily. Per the California Health Interview Survey (Humboldt County data was pooled for 2012-2018 in order to have statistically stable data), in Humboldt County 79% of parents reported singing songs/listening to music every day with their 0-5 age child and for California, this figure was 71.9% in 2018.

Further analysis of the 2019 Playgroup Survey data, using Spearman’s Rank Order correlation test, was completed to determine the relationship between amount of family Playgroup participation, and how many days a parent or any other family member played music or sang songs with their child. There was a statistically significant positive correlation between the two variables ($r_s (310) = .156, p = .006$), meaning an increase in family Playgroup participation was correlated to an increase in the number of days a parent or any other family member played music or sang songs with their child.

Figure 22

Playgroup Attendance positively correlated with

# of days a family member played music or sang songs with child

$r_s (310) = .156, p = .006$
**Indicator 10: % of children who are ready for school**

In 2012, the Humboldt County Office of Education (HCOE) developed the Kindergarten Screening Tool (KST) to screen incoming Kindergarteners regarding their readiness for school. The KST measures children’s readiness for school in four domains: Language/Literacy, Mathematics, Social-Emotional, and Self-Portrait. In 2019, a total of 1,1677 Transitional-Kindergartners and Kindergartners were screened using the KST. Teachers reported that, as best they knew, 280 (16.7%) of the students screened in 2019 had attended Playgroup at some point before starting school. As seen in Table 4, from 2012-2019, the average score for those that attended Playgroup was higher than for those not attending Playgroup.

<table>
<thead>
<tr>
<th></th>
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<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Playgroup Attendees</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Total KST Score</td>
<td>77%</td>
<td>80%</td>
<td>77%</td>
<td>77%</td>
<td>75%</td>
<td>79%</td>
<td>78%</td>
<td>74%</td>
</tr>
<tr>
<td>Playgroup Non-Attendees</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Total KST Score</td>
<td>70%</td>
<td>72%</td>
<td>72%</td>
<td>71%</td>
<td>70%</td>
<td>69%</td>
<td>67%</td>
<td>69%</td>
</tr>
</tbody>
</table>

**Table 4**

Additionally, HCOE reported that for children that attended preschool, the average 2019 score was 73%, and for children that attended both Preschool and Playgroup, the average 2019 score rose to 75%. For details on 2019 KST scores for Playgroup and Preschool attendees as compared to non-attendees, see Figures 13 and 14.

![2019 KST Results: Playgroup Attendance vs. No Playgroup Attendance](image)
The support of F5H allows the Humboldt County Library to purchase a wider array of books and other materials for young children and their parents and caregivers and it also allows the library to offer a greater variety and number of activities for young children and their families. In 2019, these activities included the following:

- Storytime in Hoopa
- Weekly/monthly Storytime using theme boxes and other materials at Arcata, Blue Lake, McKinleyville, Garberville, Rio Dell, and Trinidad libraries
- Baby Sign Workshops
- Baby Read and Grow which was offered at the Eureka branch
- Family Fun Nights
- Special programs, offered numerous times throughout the year, that included performances/activities by Baba Jamal Koram, Madre a Madre tour, Quack and Wabbit, among others.

Table 5. Library Activities and Participation by Year

<table>
<thead>
<tr>
<th></th>
<th>2016</th>
<th>2017</th>
<th>2018</th>
<th>2019</th>
</tr>
</thead>
<tbody>
<tr>
<td>F5H supported Library Activities, Programs, and Workshops</td>
<td>244</td>
<td>280</td>
<td>584</td>
<td>422</td>
</tr>
<tr>
<td># of participants (children and adults)</td>
<td>4,960</td>
<td>8,124</td>
<td>11,022</td>
<td>8,337</td>
</tr>
</tbody>
</table>
First 5 Humboldt 2019 Playgroup Survey and 2019 PFS Program Survey Results Related to Family Friendliness of the Library

The Fall 2019 PFS Participant Survey conducted with 77 parents/caregivers of 0-5 children and the Fall 2019 Playgroup Survey conducted with 322 parents/caregivers included questions about the library. Results are as follows:

- 76.3% of PFS Survey respondents strongly agree or agree that the library is a family friendly place.
- 77.3% of Playgroup Survey respondents strongly agree or agree with this statement.
- 65.8% of PFS Survey respondents strongly agree or agree that the library is a good place to get information about parenting.
- 67.4% of Playgroup Survey respondents strongly agree or agree with this statement.

Given First 5 Humboldt's interest in improving library services for families with young children and increasing access to the library for Spanish speaking families and for American Indian/Native American families, it is important to look at the responses to questions about the library for these groups. The following tables present data regarding frequency of going to the library and perceived family friendliness of the library for Spanish Speakers, American Indian/Native Americans, and all respondents for the 2019 PFS Participant Survey followed by the 2019 Playgroup Participant Survey respondents.

**Fall 2019 PFS Participant Survey respondents**

<table>
<thead>
<tr>
<th>How often do you and your child go to the library or bookmobile?</th>
<th>Once/week or more</th>
<th>1-3x per month</th>
<th>2-6 x/year</th>
<th>A few times /year or less</th>
<th>Mean</th>
</tr>
</thead>
<tbody>
<tr>
<td>Spanish speakers</td>
<td>12.2%</td>
<td>22.4%</td>
<td>14.3%</td>
<td>51.0%</td>
<td>1.96</td>
</tr>
<tr>
<td>English speakers</td>
<td>12.5%</td>
<td>37.5%</td>
<td>15.6%</td>
<td>34.4%</td>
<td>2.28</td>
</tr>
<tr>
<td>American Indian/Native American*</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Hispanic/Latino</td>
<td>12.2%</td>
<td>20.4%</td>
<td>14.3%</td>
<td>53.1%</td>
<td>1.92</td>
</tr>
<tr>
<td>All respondents</td>
<td>13.2%</td>
<td>25.0%</td>
<td>14.5%</td>
<td>47.4%</td>
<td>2.04</td>
</tr>
</tbody>
</table>

*survey sample size was too small for meaningful data

Table 6
The library is a family friendly place for families with young children

<table>
<thead>
<tr>
<th></th>
<th>Strongly agree</th>
<th>Agree</th>
<th>Neutral</th>
<th>Disagree</th>
<th>Strongly disagree</th>
<th>N/A</th>
<th>Mean</th>
</tr>
</thead>
<tbody>
<tr>
<td>Spanish speakers</td>
<td>61.2%</td>
<td>6.1%</td>
<td>18.4%</td>
<td>6.1%</td>
<td>0%</td>
<td>8.2%</td>
<td>4.33</td>
</tr>
<tr>
<td>English speakers</td>
<td>62.5%</td>
<td>25.0%</td>
<td>9.4%</td>
<td>3.1%</td>
<td>0%</td>
<td>0%</td>
<td>4.47</td>
</tr>
<tr>
<td>American Indian/Native American*</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Hispanic/Latino</td>
<td>63.3%</td>
<td>6.1%</td>
<td>16.3%</td>
<td>6.1%</td>
<td>0%</td>
<td>8.2%</td>
<td>4.38</td>
</tr>
<tr>
<td>All respondents</td>
<td>61.8%</td>
<td>14.5%</td>
<td>14.5%</td>
<td>3.9%</td>
<td>0.0%</td>
<td>5.3%</td>
<td>4.42</td>
</tr>
</tbody>
</table>

*survey sample size was too small for meaningful data

Table 7

Fall 2019 Playgroup Participant Survey respondents

<table>
<thead>
<tr>
<th></th>
<th>How often do you and your child go to the library or bookmobile?</th>
<th></th>
<th></th>
<th></th>
<th>A few times/year or less</th>
<th>Mean</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Once/week or more</td>
<td>1-3x per month</td>
<td>2-6 x/year</td>
<td>A few times/year or less</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Spanish speakers</td>
<td>12.0%</td>
<td>32.0%</td>
<td>24.0%</td>
<td>32.0%</td>
<td>2.24</td>
<td></td>
</tr>
<tr>
<td>English speakers</td>
<td>13.3%</td>
<td>37.2%</td>
<td>16.7%</td>
<td>32.8%</td>
<td>2.31</td>
<td></td>
</tr>
<tr>
<td>American Indian/Native American</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Hispanic/Latino</td>
<td>25.0%</td>
<td>20.0%</td>
<td>10.0%</td>
<td>45.0%</td>
<td>2.25</td>
<td></td>
</tr>
<tr>
<td>All respondents</td>
<td>13.9%</td>
<td>36.6%</td>
<td>17.0%</td>
<td>32.5%</td>
<td>2.32</td>
<td></td>
</tr>
</tbody>
</table>

Table 8

The library is a family friendly place for families with young children

<table>
<thead>
<tr>
<th></th>
<th>Strongly agree</th>
<th>Agree</th>
<th>Neutral</th>
<th>Disagree</th>
<th>Strongly disagree</th>
<th>N/A</th>
<th>Mean</th>
</tr>
</thead>
<tbody>
<tr>
<td>Spanish speakers</td>
<td>51.9%</td>
<td>25.9%</td>
<td>14.8%</td>
<td>3.7%</td>
<td>0.0%</td>
<td>3.7%</td>
<td>4.31</td>
</tr>
<tr>
<td>English speakers</td>
<td>48.8%</td>
<td>27.5%</td>
<td>19.9%</td>
<td>1.7%</td>
<td>1.7%</td>
<td>0.3%</td>
<td>4.20</td>
</tr>
<tr>
<td>American Indian/Native American</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Hispanic/Latino</td>
<td>42.1%</td>
<td>31.6%</td>
<td>15.8%</td>
<td>0.0%</td>
<td>10.5%</td>
<td>0.0%</td>
<td>3.95</td>
</tr>
<tr>
<td>All respondents</td>
<td>49.2%</td>
<td>28.1%</td>
<td>18.9%</td>
<td>1.6%</td>
<td>1.6%</td>
<td>0.6%</td>
<td>4.23</td>
</tr>
</tbody>
</table>

Table 9

For PFS Survey respondents, English speaker respondents report going to the library more frequently than other groups while Spanish speakers and Hispanic/Latino report lower frequencies. All groups report general agreement regarding the library being a family friendly place for families with young children.
For Playgroup survey respondents, Spanish speakers report going to the library with less frequency than other groups and respondents as a whole. American Indians/Native Americans report lowest agreement with the library as a family friendly place and Hispanics/Latinos report the highest agreement with family friendliness of the library with Spanish speakers with only a slightly lower mean score.

First 5 Humboldt 2019-2020 Library Patron Survey Results Related to Family Friendliness of the Library
98.8% of the 175 parents/caregivers responding to the 2019-2020 Library Patron Survey strongly agree/agree that the library is a family friendly place for families with young children. For more detail, see Figure 25. 74.4% of the respondents report going to the library with their 0-5 age child at least once every month.
Parent Voices
Comments About the Humboldt County Library

- My child likes to visit the library as something fun to do.
- We love the Trinidad library. Kristen is so warm and welcoming and we go out of the way to attend storytime there. The McKinleyville storytime is not as welcoming.
- Muy de acuerdo los servicios que se proveen en una biblioteca son muy buenos y me motivan, que enseñan y que pueden hacer sentir muy bien gracias. // I totally agree with the services provided in the library; they are good and motivate me, teach me, and make me feel very well, thanks.
- We are blessed to have amazing libraries.
- Love the library story time! Wish it was more times a week.
- I think that we would go more often if the Library was open in the mornings more - the hours are somewhat restricted. Other than that, I am very happy with the services, activities, and materials.
- A mis nonos les encanta proque ellos pueden escoger y buscar que van a leer. Me encantan los juguetes para los ninos pequenos. Mas actividades en espanol. // My children love it because they can choose and look for what they want to read. I love the toys for small children. More activities in Spanish!
- The library is one of our favorite places. I use it as a treat for my child if my child is good
- Overall, the library children’s section has improved the books available and the children’s programs. The new playground is great.
- It is a safe, friendly environment. It is much appreciated to have a place of this kind to bring my grandchildren, especially on rainy days. They love to learn.
FOCUS AREA 4: HEALTH

*First 5 Humboldt will support the health and well-being of young children and their families through the promotion of prevention and early intervention activities*

Objective 4.1: First 5 Humboldt will encourage communities to facilitate the total wellness of children.

**Action 4.1.A:** Facilitate child and family referrals to appropriate programs and services.

**Indicator 1:** # % of families and caregivers that know where they can get information about family services and activities

*First 5 Humboldt 2019 Playgroup Survey and 2019 PFS Program Survey Results*

At least 91.9% of parents/caregivers responding to the combined 2019 Surveys strongly agreed or agreed that they “know where to get information about services/activities for me/my child/my family” as a result of taking part in a F5H Playgroup or PFS Program.

**Indicator 2:** # of programs that help participants learn about services and opportunities in the community

*First 5 Humboldt 2019 Playgroup Survey and 2019 PFS Program Survey Results*

At least 93.1% of the combined 2019 Survey respondents strongly agreed or agreed that “Staff [at F5H Playgroup/PFS Program] help me to learn about services, resources, and opportunities that are available in the community.”

**Indicator 3:** # programs providing referrals to specialized services

F5H funds programs that facilitate child and family referrals to other programs and services. Humboldt County’s Nurse Family Partnership (NFP) Program is an evidence-based program that provides first time pregnant mothers with the support and care they need to have a healthy pregnancy. Each woman served by NFP is partnered with a registered nurse early in her pregnancy and receives ongoing nurse home visits that continue until the child’s second birthday. The program works with new mothers on getting prenatal care, improving diet, reducing drug/tobacco/alcohol use, improving child health and development by helping parents provide competent care, and improving economic self-sufficiency of the family. NFP makes referrals to services such as Temporary Assistance for Needy Families (TANF); mental health services; primary care providers; early childhood intervention, dental services; Women, Infants, and Children (WIC); and lactation support. The actual number of referrals for the time period January through June 2019 was unavailable at the time of the report. The funding provided by First 5 Humboldt to NFP was discontinued starting in July 2019 due to declining revenue. NFP was able to obtain other funding to make up for this.
Healthy Kids Humboldt (HKH) is a program of St. Joseph Health that assists families in finding affordable health insurance, and refers families to qualifying social programs. F5H funded a Health Access Worker position in HKH from January through June 2019. In this time the Health Access Worker made approximately 801 referrals to health services, social services, family strengthening services (Paso a Paso, Playgroup), childcare services, and other types of services (i.e., food bank, legal service, tax preparation). The funding from First 5 Humboldt to HKH was discontinued starting in July 2019 due to declining revenue. HKH was able to obtain other funding to continue this work.

**Objective 4.2: First 5 will encourage communities to offer developmentally appropriate services/activities.**

**Action 4.2.A:** Promote developmental screenings for all children.

_Indicator 1: List of funded programs and collaborative efforts promoting developmental screenings_

In 2019, F5H Programs completed activities related to the promotion of developmental screenings for all children. The Specialists offered Ages and Stages Questionnaire (ASQ) screenings to families at a minimum of five of the Playgroups. The Specialists also supported staff implementation of ASQ screenings at a minimum of four Playgroups. In addition, IMPACT participants completed ASQ trainings and received individualized coaching on implementing the screening as part of their professional development requirements.

**Action 4.2.B:** Promote access to developmentally appropriate services for children.

_Indicator 1: List of funded programs promoting access to developmentally appropriate services_

F5H staff and F5H-funded programs regularly conduct various activities focused on promoting access to developmentally appropriate services for children. This is accomplished through advocacy and systems-change activities, or through direct referral of families. All funded programs refer children and families to other developmentally appropriate services and activities throughout Humboldt County. Some examples of these activities related to promotion of access to developmentally appropriate services include:

- Specialists worked with DHHS and HCOE to launch the Humboldt Bridges to Success Program, which provides intervention for children in or near crisis. The program is primarily focused on school aged children but does accept referrals for younger children.
- First 5 Humboldt staff and Specialist meetings with the Humboldt Alliance for Infant Mental Health regarding primary prevention for local children ages 0-5 and their families.
- First 5 Humboldt staff and Specialist presentations to local agencies on ACEs and Resilience Primer.
- Playgroup leaders refer families to other Playgroups, and to services such as those provided by Redwood Coast Regional Center, Head Start/Early Head Start, Changing Tides, WIC, etc.
- The Nurse Family Partnership Program and Paso a Paso regularly refer clients to F5H Playgroups, and to library activities such as Baby Read and Grow.
**Objective 4.3: First 5 will encourage communities to promote family wellness for pregnant women and children 0-5**

**Action 4.3.A:** Work with community organizations and groups to promote healthy pregnancies and family wellness.

*Indicator 1:* List of funded programs and collaborative/community efforts promoting healthy pregnancies and family wellness.

Throughout 2019, F5H Programs worked to promote healthy pregnancies and family wellness. The F5H staff and Specialists completed the following activities:

- Bringing Home Baby Home Program for local families
- Participation in the Humboldt Pregnancy and Postpartum Support Network
- Participation in the Perinatal Community Coalition of Humboldt County
- Provision of technical assistance to the Arcata and Hoopa ACEs/Resilience Regional Teams

Funded by the California Department of Social Services Office of Child Abuse Prevention, the Road to Resilience Program began in July 2019. The focus of the program is to provide Health Navigators to (1) Native women who have a Substance Use Disorder (SUD) and an infant and (2) Native women who have an infant with Neonatal Abstinence Syndrome (NAS) in Humboldt and Del Norte Counties. Between July – December 2019, the following project activities occurred:

- Program Coordinator was hired.
- Program Coordinator attended various meetings and trainings in an effort to collaborate and establish relationships with Road to Resilience partner organizations.
- Program Coordinator continued to establish the partnership with the first medical clinic that will implement the Road to Resilience project.

Paso a Paso is a prenatal and family support program serving Latino families in Eureka and Fortuna. The program’s services related to promoting healthy pregnancies and family wellness include childbirth classes, breastfeeding support groups, car seat classes, new parent classes, and Positive Discipline classes.

From January 2019-June 2019, First 5 Humboldt provided support to Healthy Kids Humboldt (HKH) to support the work of a Health Access Worker who assisted families with obtaining health insurance; refers families to programs such as Paso a Paso, Playgroups, NFP, Public Health Services, and Head Start; as well as provided nutrition assistance in order to promote healthy pregnancies and/or family wellness. As mentioned earlier, the funding from First 5 Humboldt was discontinued starting in July 2019 due to declining revenue. HKH was able to obtain other funding to continue this work.

From January 2019-June 2019, F5H provided support to Nurse Family Partnership. NFP provides support to first-time pregnant mothers. Each NFP client is paired with a registered nurse early in her pregnancy, and receives ongoing nurse home visits that continue until the child’s second birthday. The program works with new mothers on getting prenatal care, improving diet, reducing drug/tobacco/alcohol use, improving child health and development by helping parents provide competent care, and improving economic self-sufficiency of the family. As mentioned earlier, the funding from First 5 Humboldt was discontinued starting in July 2019 due to declining revenue. NFP was able to obtain other funding to continue their services.
DEMOCRAPHICS FOR FIRST 5 HUMBOLDT FUNDED PROGRAMS

Unduplicated Numbers Served in First 5 Humboldt Funded Programs 07/19 – 06/20

Table 6 presents the number of children and adults served by First 5 Humboldt. Within programs, these are unduplicated counts. Across programs, counts can be duplicated.

<table>
<thead>
<tr>
<th>Children 0-5</th>
<th>Parents/ Caregivers/Other Family Members/Providers</th>
</tr>
</thead>
<tbody>
<tr>
<td>7,441</td>
<td>6,925</td>
</tr>
</tbody>
</table>

Table 10

Table 7 presents the number of children and parents/caregivers served by ethnicity.

<table>
<thead>
<tr>
<th>Ethnicity</th>
<th>American Indian/ Native American</th>
<th>Asian</th>
<th>African American</th>
<th>Latino</th>
<th>Pacific Islander</th>
<th>White</th>
<th>Multiracial</th>
<th>Other</th>
<th>Unknown</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Children 0-5</td>
<td>492</td>
<td>151</td>
<td>121</td>
<td>1,132</td>
<td>27</td>
<td>2,758</td>
<td>229</td>
<td>5</td>
<td>2,526</td>
<td>7,441</td>
</tr>
<tr>
<td>Parents/ Caregivers</td>
<td>271</td>
<td>80</td>
<td>76</td>
<td>1,098</td>
<td>22</td>
<td>2,374</td>
<td>145</td>
<td>5</td>
<td>2,854</td>
<td>6,925</td>
</tr>
</tbody>
</table>

Table 11

In the 2018-2019 fiscal year, First 5 Humboldt PFS Programs and Playgroups served 5,254 children. Figure 27 displays the percentage of children served by ethnicity. Figure 28 shows 2010 U.S. Census data on race and ethnicity for 0-5 age children in Humboldt County.¹

¹ 2010 U.S Census data was found in the 2011 Humboldt County Demographic Profile prepared by the Stanford Center on Longevity for the Humboldt County Library
Figure 27

Percentage of Children Served by Ethnicity through First 5 Humboldt Playgroups and Parent Family Support Programs

- White, 52.5%
- Latino, 12.0%
- American Indian/Native American, 9.4%
- African American, 2.3%
- Asian, 2.9%
- Pacific Islander, 0.5%
- Multiracial, 4.4%
- Unknown, 16.0%
- Other, 0.1%

Figure 28

Race and Ethnicity of 0-5 Age Children in Humboldt County 2010 Census

- White, Non-Hispanic, 61.3%
- Hispanic or Latino, 18.4%
- American Indian & Alaska Native, 8.2%
- Black, Non-Hispanic, 1.0%
- Asian, Non-Hispanic, 2.3%
- Native Hawaiian & Pacific Islander, 0.4%
- Some Other Race, 0.3%
- Two or More Races, 8.1%
- Other, 0.1%
- Multiracial, 4.4%
- Unknown, 16.0%
77 parents/caregivers receiving services through First 5 Humboldt PFS Programs completed the 2019 PFS Program Survey. 51 survey respondents provided ethnicity data. Figure 29 presents ethnicity data for these parents/caregivers. Figure 30 shows 2010 U.S. Census data on race and ethnicity for adults 19 and over in Humboldt County.²

² 2010 U.S Census data was found in the 2011 Humboldt County Demographic Profile prepared by the Stanford Center on Longevity for the Humboldt County Library
322 parents/caregivers receiving services through F5H Playgroups completed the 2019 Playgroup Survey. 315 survey respondents provided ethnicity data. Figure 31 presents ethnicity data for these parents/caregivers. Figure 32 shows 2010 U.S. Census data on race and ethnicity for adults 19 and over in Humboldt County.³

³ 2010 U.S Census data was found in the 2011 Humboldt County Demographic Profile prepared by the Stanford Center on Longevity for the Humboldt County Library
EVALUATION RECOMMENDATIONS

Programmatic:
1. Continue to provide program specific recommendations through the Program Evaluation Team process each spring.
2. Continue to work on providing more effective outreach and inclusion of Spanish speaking families and Native American families with young children, in all funded programs, and ensure that outreach, inclusion, and program activities are culturally proficient.
3. Work on providing technical assistance to F5H Playgroups regarding the importance of daily reading, and methods to assist families in achieving daily reading to/with their child, including having the Library Partnership provide a presentation at a First 5 Humboldt Parent and Family Support Workshop for Playgroup and PFS Program Staff.

Evaluation Process:
1. Revise and update Evaluation Framework, Actions, and Indicators in alignment with the Strategic Plan and to ensure consistency and relevance between Actions and Indicators and all F5H-funded programs.
2. Continue to work on how best to evaluate First 5 Humboldt’s collaborative partnerships, including developing appropriate indicators to better measure partnership/collaboration, and meet the goals of the Strategic Plan.
3. Continue to work with other community groups/agencies to develop appropriate methods to share relevant data.
4. Continue to work with Humboldt County Office of Education and individual school districts to better collect data on Playgroups and preschool for Kindergarten Assessments.
5. Continue to explore additional methods of evaluating First 5 Humboldt Playgroups to better examine the impact of First 5 Humboldt Playgroups on parents/caregivers and children.
6. Review reporting guidelines, evaluation instruments, data collection procedures, and revise as appropriate.
7. Continue to develop and incorporate evaluation measures related to the Protective Factors and resiliency.
8. Develop and implement, as needed, alternative evaluation methods to accommodate COVID-19 restrictions and changes to activities or programs.
9. Collaborate with fiscal staff to develop and implement data collection and tracking procedures so evaluation and fiscal activities align where possible.
APPENDIX A

Focus Area 1: Fiscal Sustainability
First 5 Humboldt will develop policies and strategies to ensure the fiscal sustainability of the Humboldt County Children and Families Commission

Objective 1.1: The Sustainability Fund will be stabilized at a balance of no less than $2 million and continue to be a resource for the work of First 5 Humboldt.

Action 1.1.A: Develop and implement a plan to reduce the drawdown of the Sustainability Fund

  Indicator 1: An adopted budget where program expenses are matched to revenues and drawdown of the sustainability fund is limited to administration and evaluation costs. First 5 Humboldt (F5H)
  Indicator 2: The Sustainability Fund maintains a balance of no less than $2 million. F5H

Objective 1.2: First 5 Humboldt will collaborate with community partners to advance opportunities to preserve and increase funding streams dedicated to early childhood.

Action 1.2.A: Pursue additional funding streams.

  Indicator 1: # of additional funding streams pursued and groups collaborated with if applicable F5H
  Indicator 2: # of additional funding streams secured and groups collaborated with if applicable F5H F5H

Action 1.2.B: By 2019, a framework for decreased First 5 Humboldt funding and increased partner funding for priority programs will be adopted.

  Indicator 1: An approved framework for decreased First 5 funding of programs F5H
  Indicator 2: Increase in the percentage of partner funding versus First 5 Humboldt funding F5H
  Indicator 3: Increase in the percentage of funds from long-term sources, such as local tax levies F5H

Action 1.2.C: Advocate/educate for preservation and augmentation of Proposition 10 funds.

  Indicator 1: # of activities at which preservation and augmentation is discussed F5H, Specialists, 0-8 MHC

Key: Programs named in orange type are programs receiving funding from First 5 Humboldt (F5H) that conduct activities that directly impact that indicator and may also be a source of data for that indicator. If a F5H funded program is listed in blue type that means the program or programs is/are collecting data for that indicator but might or might not be directly conducting activities that impact that indicator. Other non-First 5 Humboldt data sources are listed in purple type. Indicators for which F5H is directly collecting data will show F5H in green type after the indicator.
**Focus Area 2: Systems Change**
First 5 Humboldt will facilitate the inclusion of primary prevention principles in related public policy formulation.

**Objective 2.1:** First 5 Humboldt will promote strong, collaborative partnerships

**Action 2.1.A:** Collaborate with community organizations around primary prevention for children 0-5 and their families.

*Indicator 1:* # of ongoing collaborations and partnerships focused on primary prevention for children 0-5 and their families F5H, Library Partnership (LP), 0-8MHC, Playgroup, FRCs, Measure S, ACEs 0-3

**Objective 2.2:** First 5 Humboldt will work with organizations and local and state governments to help ensure policies support young children and families.

**Action 2.2.A:** Create public awareness of the needs of young children

*Indicator 1:* #/list of outreach efforts including media activities F5H

*Indicator 2:* A public awareness plan is developed, implemented, and revised as needed F5H

*Indicator 3:* #/list of presentations to boards, organizations and groups regarding the needs of young children and their families. F5H, Specialists, 0-8 MHC

**Action 2.2.B:** Engage policy makers to ensure public policies support the optimal development of children and their families to meet their potential

*Indicator 1:* # of projects with public policy makers (e.g. County Board of Supervisors, State Senators) F5H, Specialists, 0-8 MHC

*Indicator 2:* # of public policies proposed and/or adopted which are supportive of young children and families and/or primary prevention F5H

---

Key: Programs named in **orange** type are programs receiving funding from First 5 Humboldt (F5H) that conduct activities that directly impact that indicator and may also be a source of data for that indicator. If a F5H funded program is listed in **blue** type that means the program or programs is/are collecting data for that indicator but might or might not be directly conducting activities that impact that indicator. Other non-First 5 Humboldt data sources are listed in **purple** type. Indicators for which F5H is directly collecting data will show **F5H** in green type after the indicator.
Focus Area 3: Family, Professional & Community Capacity
First 5 Humboldt will promote the optimal development of children with a focus on prevention, in partnership with families, caregivers, and the community.

Objective 3.1: First 5 Humboldt will promote a stable well-educated-workforce available to serve and advocate for developmentally-, culturally- and trauma-responsive practices.

**Action 3.1.A:** Promote and provide training and technical assistance opportunities to families and service providers.

*Indicator 1:* # of trainings and TA opportunities addressing developmental-, cultural- and trauma-responsiveness [0-8 MHC, F5H trainings, Specialists, Impact, Measure S, QRIS]

*Indicator 2:* # of training attendees [0-8 MHC, Specialists, F5H trainings, Impact, QRIS]

**Action 3.1.B:** Annually review available local and state child and family data to assess family and community needs.

*Indicator 1:* List of data reviewed [F5H]

**Action 3.1.C:** Advocate for early childhood education workforce stability and appropriate compensation.

*Indicator 1:* # of advocacy activities that support early childhood education workforce stability [F5H, 0-8 MHC]

**Action 3.1.D:** Provide opportunities for families and the workforce to develop advocacy skills.

*Indicator 1:* # of activities related to advocacy education [F5H, 0-8 MHC]

Objective 3.2: Families have access to community supports that strengthen families’ capacity to promote children’s optimal development in safe and stable communities

**Action 3.2.A:** Support programs that promote the 5 protective factors and family strengthening principles (Center for the Study of Social Policy, 2016) and primary prevention

*Indicator 1:* # of programs providing family-friendly services [Playgroups, Specialists, LP, FRCs, Paso a Paso, NFP]

*Indicator 2:* # of programs promoting the 5 Protective Factors [Playgroups, Specialists, LP, FRCs, Paso a Paso, Nurse Family Partnership (NFP)]

*Indicator 3:* % of families feeling more connected to other families [Playgroups, Specialists, FRCs, Paso a Paso, NFP]

*Indicator 4:* % of parents reporting that they have someone they can talk to [Playgroups, Specialists, FRCs, Paso a Paso, NFP, CHIS]

*Indicator 5:* % of parents who say they deal better with parenting issues [Playgroups, Specialists, FRCs, Paso a Paso, NFP]

*Indicator 6:* # of child/caregiver visits to playgroups [Playgroups]

*Indicator 7:* # of families interacting with Specialists at playgroups [Playgroups, Specialists]

*Indicator 8:* Frequency with which caregivers read to/with children [Playgroups, FRCs, Paso a Paso, NFP, LP, California Health Interview Survey (CHIS)]

*Indicator 9:* Frequency with which parents/caregivers play music/sing songs with their 0-5 age children [Playgroups, FRCs, Paso a Paso, NFP, CHIS]

*Indicator 10:* % of children who are ready for school [Playgroups, LP, KST (HCOE)]

*Indicator 11:* #/% parents/caregivers reporting the library is family friendly [Playgroups, FRCs, Paso a Paso, NFP, LP]

Key: Programs named in orange type are programs receiving funding from First 5 Humboldt (F5H) that conduct activities that directly impact that indicator and may also be a source of data for that indicator. If a F5H funded program is listed in blue type that means the program or programs is/are collecting data for that indicator but might or might not be directly conducting activities that impact that indicator. Other non-First 5 Humboldt data sources are listed in purple type. Indicators for which F5H is directly collecting data will show F5H in green type after the indicator.
Focus Area 4: Health
First 5 Humboldt will support the health and well-being of young children and their families through the promotion of prevention and early intervention activities.

Objective 4.1: First 5 Humboldt will encourage communities to facilitate the total wellness of children.

Action 4.1.A: Facilitate child and family referrals to appropriate programs and services.

Indicator 1: % of families and caregivers that know where they can get information about family services and activities FRCs, Playgroups, Specialists, Paso a Paso, NFP

Indicator 2: # of programs that help participants learn about services and opportunities in the community FRCs, NFP, Playgroups, Specialists, Paso a Paso, NFP, LP

Indicator 3: # of programs providing referrals to specialized services FRCs, NFP, Specialists, NFP, LP, Paso a Paso

Objective 4.2: First 5 will encourage communities to offer developmentally appropriate services/activities.


Indicator 1: List of funded programs and collaborative efforts promoting developmental screenings Playgroups, Specialists, NFP, Impact, Paso a Paso

Action 4.2.B: Promote access to developmentally appropriate services for children.

Indicator 1: List of funded programs promoting access to developmentally appropriate services Playgroups, FRCs, NFP, Paso a Paso, Playgroups, Specialists, Impact

Objective 4.3: First 5 will encourage communities to promote family wellness for pregnant women and children 0-5.

Action 4.3.A: Work with community organizations and groups to promote healthy pregnancies and family wellness.

Indicator 1: List of funded programs and collaborative/community efforts promoting healthy pregnancies and family wellness. HAW, FRCs, NFP, Paso a Paso, Playgroups, Specialists

Key: Programs named in orange type are programs receiving funding from First 5 Humboldt (F5H) that conduct activities that directly impact that indicator and may also be a source of data for that indicator. If a F5H funded program is listed in blue type that means the program or programs is/are collecting data for that indicator but might or might not be directly conducting activities that impact that indicator. Other non-First 5 Humboldt data sources are listed in purple type. Indicators for which F5H is directly collecting data will show F5H in green type after the indicator.
## APPENDIX B

### First 5 Humboldt Funded Programs (2019)

<table>
<thead>
<tr>
<th>Organization</th>
<th>Program Name</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>City of Arcata</td>
<td>Arcata Play Center</td>
<td>Continuation of funding for playgroup activities for children age 0-5 and their families at the Arcata Play Center.</td>
</tr>
<tr>
<td>St. Joseph Health Humboldt County</td>
<td>Blue Lake Community Resource Center</td>
<td>Continuation of Family Resource Center programming for the 0-5 population, including support for playgroups, case management, and home-visiting in Blue Lake.</td>
</tr>
<tr>
<td>St. Joseph Health Humboldt County</td>
<td>Blue Lake Playgroup</td>
<td>Continuation of funding for playgroup activities for children age 0-5 and their families.</td>
</tr>
<tr>
<td>Boys and Girls Club of the Redwoods</td>
<td>Boys and Girls Club Playgroup</td>
<td>Funding for providing playgroup activities for children age 0-5 and their families in the community of Eureka. This playgroup only operated intermittently in 2019.</td>
</tr>
<tr>
<td>Southern Humboldt Unified School District</td>
<td>Casterlin Playgroup</td>
<td>Continuation of funding for playgroup activities for children age 0-5 and their families. This playgroup only operated from 1/19-6/19 and did not re-start in July 2019.</td>
</tr>
<tr>
<td>Discovery Museum</td>
<td>Discovery Museum</td>
<td>Continuation of funding for playgroup activities and programming for children age 0-5, and providing scholarships to children from economically disadvantaged families.</td>
</tr>
<tr>
<td>Pine Hill School</td>
<td>Eureka Pine Hill Playgroup</td>
<td>Funding for providing playgroup activities for children age 0-5 and their families in the community of southern Eureka</td>
</tr>
<tr>
<td>Eel River Valley Multigenerational Center</td>
<td>Fortuna Playgroup</td>
<td>Continuation of funding for playgroup activities for children age 0-5 and their families.</td>
</tr>
<tr>
<td>City of Eureka</td>
<td>FUN Play Center</td>
<td>Continuation of funding to support a playgroup for children age 0-5 and their families in Eureka.</td>
</tr>
<tr>
<td>Organization</td>
<td>Program Name</td>
<td>Description</td>
</tr>
<tr>
<td>----------------------------------------</td>
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<td>---------------------------------------------------------------------------------------------------------------------------------------------</td>
</tr>
<tr>
<td>Westside Community Resource Center</td>
<td>Jefferson Playgroup</td>
<td>Continuation of funding to support a playgroup for children age 0-5 and their families in Eureka.</td>
</tr>
<tr>
<td>Lost Coast Camp/Mattole Valley Resource Center</td>
<td>Honeydew Playgroup</td>
<td>Funding to support a playgroup for children age 0-5 and their families in the Honeydew area.</td>
</tr>
<tr>
<td>Loleta Community Resource Center</td>
<td>Loleta Playgroup</td>
<td>Continuation of funding to support a playgroup for children age 0-5 and their families in Loleta.</td>
</tr>
<tr>
<td>Redwood Coast Montessori</td>
<td>Manila Playgroup</td>
<td>Funding for providing playgroup activities for children age 0-5 and their families.</td>
</tr>
<tr>
<td>Lost Coast Camp/Mattole Valley Resource Center</td>
<td>Mattole Valley Playgroup</td>
<td>Continuation of Family Resource Center programming for the 0-5 population, including support for a playgroup.</td>
</tr>
<tr>
<td>Redwood Coast Montessori</td>
<td>Manila Family Resource Center</td>
<td>Funding for providing services that facilitate resilience in children age 0-5 and their families on the Samoa Peninsula. (Funded 1/19-6/19 only)</td>
</tr>
<tr>
<td>McKinleyville Community Services District</td>
<td>McKinleyville Play Center</td>
<td>Continuation of funding to support a play group for children age 0-5 and their families in McKinleyville.</td>
</tr>
<tr>
<td>McKinleyville Family Resource Center</td>
<td>McKinleyville Family Resource Center</td>
<td>Funding for operations to support work with families with children age 0-5 and pregnant women in the community of McKinleyville. (Funded 1/19-6/19 only)</td>
</tr>
<tr>
<td>Mid Klamath Watershed Council</td>
<td>Orleans Playgroup</td>
<td>Continuation of funding to support a playgroup for children age 0-5 and their families.</td>
</tr>
<tr>
<td>Southern Humboldt Unified School District</td>
<td>Redway Playgroup</td>
<td>Continuation of funding to support a playgroup for children age 0-5 and their families.</td>
</tr>
<tr>
<td>St. Joseph Health Humboldt County</td>
<td>Rio Dell Playgroup</td>
<td>Continuation of funding to support a playgroup for children age 0-5 and their families.</td>
</tr>
<tr>
<td>Southern Humboldt Unified School District</td>
<td>Shelter Cove Playgroup</td>
<td>Continuation of funding to support a playgroup for children age 0-5 and their families. This playgroup only operated from 1/19-6/19 and did not re-start in July 2019.</td>
</tr>
<tr>
<td>Organization</td>
<td>Program Name</td>
<td>Description</td>
</tr>
<tr>
<td>------------------------------------</td>
<td>--------------------------------------------------</td>
<td>-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------</td>
</tr>
<tr>
<td>Southern Humboldt Unified School District</td>
<td>Southern Humboldt Family Resource Center</td>
<td>Continuation of support for playgroups for communities in Southern Humboldt, and work with parents to develop playgroups in their neighborhoods. (Funded 1/19-6/19 only)</td>
</tr>
<tr>
<td>United Methodist Church of Arcata</td>
<td>Tiny Tots Playgroup</td>
<td>Continuation of funding to support a playgroup for children age 0-5 and their families.</td>
</tr>
<tr>
<td>St. Joseph Health Humboldt County</td>
<td>Willow Creek Community Resource Center</td>
<td>Continuation of Family Resource Center programming for the 0-5 population, including family nights, playgroups, and community dinners. (Funded 1/19-6/19 only)</td>
</tr>
<tr>
<td>St. Joseph Health Humboldt County</td>
<td>Willow Creek Playgroup</td>
<td>Continuation of funding to support a playgroup for children age 0-5 and their families.</td>
</tr>
<tr>
<td>County of Humboldt</td>
<td>Library</td>
<td>Continuation of funding to promote early literacy in children 0-5.</td>
</tr>
<tr>
<td>Humboldt County Office of Education</td>
<td>Specialists</td>
<td>Continuation of funding for an Inclusion Specialist to provide services in selected First 5 Humboldt playgroups by providing direct support in the form of child development &amp; child rearing information to families, other caregivers, and program leaders. Continuation of funding for a Children &amp; Family Support Specialist and enhanced family services collaboration by coordinating the 0-8 Mental Health Collaborative. Providing direct support in the form of child development, child rearing information to families, other caregivers, and program leaders participating in First 5 Humboldt funded programs.</td>
</tr>
<tr>
<td>First 5 Humboldt</td>
<td>Evaluation</td>
<td>Evaluation of First 5 Humboldt funded programs.</td>
</tr>
<tr>
<td>First 5 Humboldt initiative</td>
<td>Program Support Outside</td>
<td>Consultant services assuring best practices in First 5 Humboldt funded programs.</td>
</tr>
<tr>
<td>First 5 Humboldt initiative</td>
<td>Small Grants/CLIF</td>
<td>Annual allocation to support collaborative partnerships and linkages that address Strategic Plan goals.</td>
</tr>
<tr>
<td>First 5 Humboldt initiative</td>
<td>Parent &amp; Family Support Programs Training &amp; Support</td>
<td>Technical assistance to Parent &amp; Family Support Programs; includes training, site visits, materials/equipment, and family-friendly events.</td>
</tr>
<tr>
<td>County of Humboldt</td>
<td>Humboldt County Library</td>
<td>Continuation of a partnership with the Humboldt County Library to strengthen the Library's existing system for children age 0-5 and to build its</td>
</tr>
<tr>
<td><strong>First 5 Humboldt</strong></td>
<td><strong>IMPACT Grant</strong></td>
<td>Funding to support quality improvement in early childhood settings</td>
</tr>
<tr>
<td>----------------------</td>
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<td>-------------------------------------------------------------------</td>
</tr>
<tr>
<td><strong>First 5 Humboldt initiative</strong></td>
<td><strong>Child Care Supports &amp; Training Program</strong></td>
<td>Funding to support professional development, retain ECE professionals, and encourage entry into the field.</td>
</tr>
<tr>
<td><strong>First 5 Humboldt Initiative</strong></td>
<td><strong>ACES/Resilience Program</strong></td>
<td>Funding to support professional development for ECE providers, faster parents, community members and to increase specialist support to playgroups</td>
</tr>
<tr>
<td><strong>St. Joseph Health Humboldt County</strong></td>
<td><strong>Paso a Paso and Healthy Kids Humboldt</strong></td>
<td>Funding to support home visits, parent education and outreach to underserved populations</td>
</tr>
<tr>
<td><strong>County of Humboldt Public Health Branch</strong></td>
<td><strong>Nurse Family Partnership</strong></td>
<td>Funding to support home visiting to first time moms</td>
</tr>
<tr>
<td><strong>First 5 Humboldt</strong></td>
<td><strong>SEEDS</strong></td>
<td>Social Emotional Early EDucator Supports; early childhood mental health consultation to child care centers and family child care homes</td>
</tr>
<tr>
<td><strong>First 5 Humboldt</strong></td>
<td><strong>ACES Speakers Bureau</strong></td>
<td>On-site training in trauma-informed practice to schools, medical clinics, community groups</td>
</tr>
<tr>
<td><strong>Spitfire Strategies</strong></td>
<td><strong>Brand Development</strong></td>
<td>Development of First 5 Humboldt branding around ACES and communications strategies</td>
</tr>
<tr>
<td><strong>Humboldt Area Foundation</strong></td>
<td><strong>Equity training</strong></td>
<td>Training on equity practices within organizations for F5H and partners</td>
</tr>
<tr>
<td><strong>First 5 Humboldt</strong></td>
<td><strong>Foster Parent Support</strong></td>
<td>Mental health clinician coaching support and training to foster parents</td>
</tr>
<tr>
<td><strong>First 5 Humboldt</strong></td>
<td><strong>Road to Resilience</strong></td>
<td>Funding to support pregnant and parenting mothers experiencing or at-risk of Substance Use Disorder through navigation services embedded in tribal health clinics</td>
</tr>
</tbody>
</table>
APPENDIX C

METHODS

I. Data Collection

Data for the Local Evaluation Report 2019: Focus Areas 3 and 4 was collected through a variety of sources and instruments described below. As applicable, information on data collection implementation is included with the particular data source or instrument.

A. Surveys

1. First 5 Humboldt Administered Surveys

   a. First 5 Humboldt Participant Surveys
       In 2019, two versions of the First 5 Humboldt Participant Survey were administered, one for Playgroups and one for other Parent and Family Support (PFS) Programs

       i. First 5 Humboldt Fall 2019 Playgroup Participant Survey
           The Playgroup Survey instrument had 26 questions and was available in both English and Spanish. These surveys were administered to a sample of 322 parents/caregivers that took part in seventeen funded Playgroups in operation at the time the survey was administered. The survey implementation took place in the fall over the course of three months. Each program was given a required survey sample size based on the total of unduplicated counts of parents/caregivers served by that Playgroup in the prior year. For the pen-to-paper instrument, program staff collected the completed surveys from parents/caregivers in sealed envelopes and submitted them to First 5 Humboldt for data entry and analysis.

       ii. First 5 Humboldt Fall 2019 PFS Program Participant Survey
           The instrument consisted of 24 questions and was available in both English and Spanish. The surveys were administered to a sample of 77 parents/caregivers that took part in three funded PFS Programs (51 of the surveys were from one program). The survey implementation took place in the fall over the course of three months. Each PFS Program was given a required survey sample size based on the total of unduplicated counts of parents/caregivers served by that program in the prior year. Surveys were completed pen-to-paper. For the pen-to-paper instrument, program staff collected the completed surveys from parents/caregivers in sealed envelopes and submitted them to First 5 Humboldt for data entry and analysis.
2. Leap into Literacy Program Survey
The 10-question survey was administered pen-to-paper by the Humboldt County Library to child care providers participating in the program. 8 surveys were collected in 2019.

B. Reports
First 5 Humboldt funded programs submit Interim and Final progress reports to First 5 Humboldt. The reports include information on program activities and unduplicated counts of the target population served during that time period. These reports are available for review upon request.

C. Strategic Plan Indicator Tracking Forms
In 2018, First 5 Humboldt Program evaluators revised a Strategic Plan Indicator Tracking Form developed in 2017 to track indicator activities. First 5 Humboldt staff, including the Executive Director, program staff and consultants updated their forms throughout the reporting period.

D. Key Informant Interviews, Focus Groups and Observation Activities
First 5 Humboldt Program evaluators, staff collect qualitative data through key informant interviews, focus groups, and observation activities during program site visits. First 5 Humboldt Commissioners and sub-committee members also collect qualitative data when they conduct site visits to funded programs.

E. Data Record Review
Federal, State, and County data are used in the report in order to further clarify program outcomes and results. For the 2019 report, data comes from the American Community Survey, California Health Interview Survey (CHIS), Kindergarten Screening Tool developed by the Humboldt County Office of Education, First 5 Association of California, Healthy Kids Humboldt, United States Census Bureau. The CHIS data cited in this report are from the most recent year/years with statistically stable data for the selected indicator. CHIS data is available at http://ask.chis.ucla.edu/

II. Data Analysis
A. Data analyses completed include
- Frequency calculations
- Descriptive statistics
- Inferential statistics: Two-Tailed Fisher-Freeman-Halton Exact Test, Spearman's Rank Order Correlation Test
- Content analyses of quantitative data collected through surveys, key informant interviews, reports, data records, and observations.
B. The following programs used for data analyses included

- Survey Monkey
- Microsoft Excel
- IBM SPSS Statistics v.25.0

Specific statistical tests to assess significance are identified in the section II.A. and were implemented in the software programs listed above.
**APPENDIX D**

**Required Essential Practices for Playgroups**

<table>
<thead>
<tr>
<th>These practices need to be in place in each playgroup and are required for continued funding. Technical assistance is available to help playgroups make a plan to insure these practices are in place.</th>
<th>Haven't started</th>
<th>Working on this</th>
<th>In Place</th>
<th>Need TA?</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. The family version of Health and Safety Practices, which includes illness and supervision of children policies, as provided by First 5 Humboldt are posted at playgroup.</td>
<td></td>
<td></td>
<td></td>
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</tr>
<tr>
<td>2. Every parent/caregiver is informed of and provided a printout of the family version of Health and Safety Practices as part of their intake paperwork. Every parent/caregiver completes and returns the provided medical release and emergency forms.</td>
<td></td>
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</tr>
<tr>
<td>3. A designated eating area is established where adults and children can be seated while they eat, parents are informed about it and staff reinforce that eating needs to be done in that area.</td>
<td></td>
<td></td>
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</tr>
<tr>
<td>4. All staff wash their hands upon arrival, before preparing snack and after toileting, or cleaning up messes.</td>
<td></td>
<td></td>
<td></td>
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</tr>
<tr>
<td>5. Food provided by the program is age appropriate and is consistent with the choke safety guidelines provided by First 5 Humboldt.</td>
<td></td>
<td></td>
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</tr>
<tr>
<td>6. The First 5 Healthy Beverage Policy is followed. Water is accessible for all attending playgroup.</td>
<td></td>
<td></td>
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</tr>
<tr>
<td>7. A system is established for regularly disinfecting toys and parents/caregivers are notified of where to put toys that need to be cleaned.</td>
<td></td>
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</tr>
<tr>
<td>8. All playgroup staff members reinforce all Health and Safety Practices, including sending families home if caregivers or children are too ill to attend.</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>9. All toys meet standard safety codes for age, size, and construction and are durable enough to withstand group play.</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>10. Activities such as cutting with scissors, cooking, arts, crafts, texture table, etc. that could potentially create a hazard are supervised by an assigned adult at all times.</td>
<td></td>
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</tr>
<tr>
<td>11. Diaper bags, purses, and other items are stored out of reach of children and parents/caregivers are notified about where to store such items.</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>12. The environment is arranged to support safe play for the ages and developmental levels of the group.</td>
<td></td>
<td></td>
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</tr>
<tr>
<td>13. All doors leading to areas outside of the playgroup space are made as secure as possible, taking into consideration the ages/developmental needs of the group.</td>
<td></td>
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</tr>
</tbody>
</table>
14. In sites where there are multiple staff members, they are spread throughout the room and they are mindful of safety issues such as doors, active play areas and larger groups of children and place themselves to help supervise these areas.

15. A First Aid kit is readily available at each site and leaders have been trained in basic First Aid.

16. Playgroup staff members have been fingerprinted and have received criminal clearance.

17. A playgroup staff member provides each new family with an overview of the playgroup policies and schedule i.e. snack time, circle time, clean up, etc. and explains any “off limits” or other special areas.

18. A playgroup staff member checks with each new family to see if there are any special considerations/needs for the family members i.e. allergies, environmental sensitivities, etc.

19. Playgroup leaders are in the playgroup space, interacting and building relationships with families the majority of playgroup time. Leaders share community resources with families and provide referrals as needed.

20. Playgroup staff members are mindful of caregivers and children who are more shy or reserved and make an extra effort to reach out to them and connect them with others.

21. All playgroup staff members will contact their specialist (Beth, Katie, Laura or Meg) if they and/or the caregiver have concerns about a child or family.

22. All playgroup staff members will contact their specialist if they need assistance with supporting a family whose primary language is not English.

23. Family information is confidential. All playgroup staff members will refrain from talking about their concerns about a child or caregiver in front of other parents, caregivers, and children.

24. All playgroup primary leaders will attend PFS Workshops to further their skills in supporting families.

25. Playgroup staff members who have children present follow and model all Health and Safety Practices.
APPENDIX E

Organization: First 5 Humboldt

Project: Social Emotional Early Educator Supports

Implementation Document Produced by the Social Emotional Early Educator Supports (SEEDS) Program Consultants

Humboldt County

June 2019

Jennifer Mager, EC-TMHP, Humboldt State University

Carol West, Humboldt State University

Jesika Sheaf, Yurok Tribe
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Statement of Need

Humboldt County is located along the northern coast of California, 225 miles north of San Francisco, the closest metropolitan city. According to the Lucile Packard Foundation for Children’s Health (http://www.kidsdata.org), there were 26,712 children ages birth to 17 years old in 2016 in Humboldt County. Of this, 28.0% were living in low-income working families, 22.0% were living below the federal poverty threshold, and 26.5% of children were living in food insecure households. In 2015, it was reported that the rate of child abuse and neglect for Humboldt County was almost double the state average, and the number of children, ages birth to 20 years old in foster care was more than double the state average.

According to the Center for Youth Wellness data report on the findings of Adverse Childhood Experiences in California (2014), 75.1% of residents in Humboldt and Mendocino Counties report at least one adverse childhood experience (ACE), with 30.8% of residents reporting four or more adverse childhood experiences.

In 2016, Humboldt County was home to 8,785 children between the ages of birth to five years old (http://www.kidsdata.org). At that time, there were 3,157 childcare slots in the county at child care centers and family child care homes that provided care for children during the week. In high-quality settings, children are provided enriching experiences and opportunities for healthy growth and development. However, in group care, children are also more vulnerable to environmental and biological stressors due to high staff-child ratio, proximity and quantity of children, and variability in staff education and training.

Example Study of a Child Care:

The preschool is located in a rural community and serves twenty children, between the ages of three and five years old. There is one head teacher, an assistant teacher, and an aid. There are no substitutes in the event a teacher is absent. Of the twenty children, three have been impacted by trauma, one has been diagnosed with special needs, and one is in the referral process. Concerning behaviors are observed on a regular occurrence by the teacher, including dissociative behaviors, explosive reactions to peers or limits, and difficulty regulating feelings and bodies. The teacher has expressed challenges in receiving support and resources by program administration, which has rigid behavioral policies that often lead to child expulsion. The teacher is unsure that she can meet the needs of the children in her care and is often frustrated by the behaviors presented by the children.

Excerpt from

ADVERSE CHILDHOOD EXPERIENCES
HUMBOLDT COUNTY: SUMMARY
FINDINGS Author: Dawn Arledge, Director of Health

“According to the Centers for Disease Control and Prevention (CDC), childhood experiences, both positive and negative, have a tremendous impact on lifelong health and opportunity. An adverse childhood experience (ACE) describes a traumatic experience in a person’s life occurring before the age of 18. Over time, individuals who have experienced toxic stress for a prolonged period become more sensitive to trauma or stress and have trouble recovering and returning to a normal state. The constant presence of adrenaline and cortisol keeps blood pressure high which weakens the heart and circulatory system and can lead to poor health outcomes.

Resilience Research The human brain continually changes in response to environmental changes. If toxic stress is halted and replaced by practices that build resilience, the brain can heal from traumatic life events. There is a body of research that documents how individuals’ brains and bodies become healthier through mindfulness practices, exercise, healthy food, adequate sleep, and healthy relationships with others. According to the Director of the Center on the Developing Child at Harvard University Jack Shonkoff, “Resilience depends on supportive, responsive relationships and mastering a set of capabilities that can help us respond and adapt to adversity in healthy ways. It’s those capacities and relationships that can turn toxic stress into tolerable stress.”
First 5 Humboldt’s Response to Need

In response to the unique needs of Humboldt County, First 5 Humboldt has developed programs addressing the healthy social-emotional development of young children and families. The focus of this document is the Social-emotional Early Educator Supports (SEEDS) program.

Rationale for Social-emotional Early Educator Supports (SEEDS)

Research suggests that there is a connection between teacher beliefs about the importance of expression and socialization of emotions and the level of support they offer in the development of social-emotional competencies in young children (Ahn, 2005; Silver & Harkins, 2007; Swartz & McElwain, 2012). Teachers reporting more accepting beliefs about children’s emotions exhibited more supportive responses to children’s negative emotions, but only when they also reported high levels of reappraisal. In this study, reappraisal is the cognitive reframing of a difficult situation, rather than “suppressing emotions and avoiding emotional expression” (p. 205). Swartz and McElwain (2012) concluded that teachers’ emotion-related regulation and reappraisal levels predicted their responses to children’s emotions. This is described further by Silver and Harkins (2007) in a study which explored labeling of children and teacher responses. They determined that children’s behaviors in the classroom will influence the teacher’s perception of them, causing the teachers to employ different intervention strategies depending upon whether the child was portrayed as difficult, easy, or ambiguous. Hyson and Lee (as cited in Ahn, 2005) found that teacher-reported beliefs on emotions varied depending on the
teacher’s level of education. Teachers with higher levels of education had a stronger endorsement of talking with children about their emotions, and a lower endorsement of protecting children from unpleasant or strong feelings.

Teachers in early childhood programs set the stage of understanding social relationships by how they interact with and perceive the children in their classroom. Using a broad sample in a variety of programs over time, Wen et al. (2011) found that though teacher beliefs were largely consistent with established child-centered learning and developmentally appropriate practice, it was not always observed in practice, perhaps due to the link between beliefs and practice being “fragile or context bound” (p. 962). They conclude that though there is a long-standing and wide-spread cultural and legislative acceptance of such philosophies, these do not easily translate to the reality and complexity of the classroom.

Disseminated in a joint policy statement by the U.S. Department of Health and Human Services and the U.S. Department of Education (2016), recent data confirms that there are a significant number of children who are being suspended or expelled from early childhood programs. Factors contributing to child exclusion include a lack of teacher training on supporting the social-emotional needs of young children, developing developmentally appropriate expectations, and identifying and supporting the causes behind challenging behaviors. In addition, the data suggests gender and racial disparities with higher exclusion rates for young boys of color. As a response, the departments are making the following recommendations to early childhood programs:

1. Develop and clearly communicate preventive guidance and discipline practices,
2. Develop and clearly communicate expulsion, and suspension policies,
3. Access technical assistance in workforce development to prevent expulsion and suspension,
4. Set goals and analyze data to assess progress, and
5. Make use of free resources to enhance staff training and strengthen family partnerships.

Evidence points to strong associations that formal early childhood education and specialized trainings are associated with child-centered beliefs, positive change in interactions, and intentional teaching practices in early childhood programs (Dowsett, Huston, Imes, & Gennetian, 2007; Fuligni, Howes, Lara-Cinisomo, & Karoly, 2009). Early childhood mental health consultation has been identified as an effective strategy to support the social-emotional development of young children by working directly with early childhood providers in their program context (Duran, Hepburn, Kaufmann, & Le; Gilliam, Maupin, & Reyes, 2016; U.S. Department of Health and Human Services and the U.S. Department of Education, 2016; Zero to Three, 2016).

Infant and Early Childhood Mental Health Consultation (IECMHC): IECMHC is a multi-level preventive intervention that teams mental health professionals with people who work with young children and their families to improve children’s social-emotional and behavioral health and development. IECMHC builds the capacity of providers and families to understand the powerful influence of their relationships and interactions on young children’s development.

Center of Excellence for Infant and Early Childhood Mental Health Consultation
Glossary and Definitions for IECMHC
Professional development may include specialized workshops, supervision, monitoring, and on-site mentoring (Fuligni et al., 2009; Ota & Austing, 2013). In examining professional development specifically in family child care homes, Lanigan (2010) emphasizes a collaborative and cohort approach, relationship building between the participants and instructor, and several quality assessments over the course of the professional development. The literature suggests that combining professional development with opportunities for reflective practice are successful in increasing the level of congruency between teacher beliefs of child-centered learning and developmentally appropriate practice and teacher-child interactions in early childhood classrooms.

SEEDS Statement of Purpose
The Social-emotional Early Educator Supports (SEEDS) consultation program works to enhance the capacity of early childhood education programs to support the unique needs of children in Humboldt County. It is a prevention program that supports educators to better understand the social-emotional needs and promotes the healthy growth and development of children and families.
### SEEDS Early Childhood Mental Health Framework

The SEEDS program aligns with the Georgetown University Center of Child and Human Development ECMHC framework in the following practice-based principles:

<table>
<thead>
<tr>
<th>Principle</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>1. Relationship-based</strong></td>
<td>Positive relationships between the mental health consultant and the consultees are central to successful consultation and require building trust, making a connection, and interaction over time. The relationships between the consultant, families, and other consultees model empathy, warmth, and positive interactions that, in turn, affect how the consultees interact with others (e.g., in the home or ECE program). The process requires mutual respect, sensitivity to culture and context, and ongoing communication.</td>
</tr>
<tr>
<td><strong>2. Collaborative</strong></td>
<td>Early care and education (ECE) providers and families are full participants in all aspects of the initiation, planning, implementation, and evaluation of ECMHC services. Each individual brings his or her own values, perspective, and expertise to the relationship. Consultants often set aside their own agendas in order to meet the individual needs and goals of the consultees, strengthen their capacity, and build their skills.</td>
</tr>
<tr>
<td><strong>3. Individualized</strong></td>
<td>Consultation services evolve from and reflect an understanding of the unique needs, strengths and values of the child, family, staff, and early childhood program. Individualizing consultation requires information gathering, skilled observation, and collaborative planning with consultees. Consultants consider the child’s unique course of development, the family’s and ECE staff’s well-being, culture, attitudes, and skills in the context of their community. All these elements determine an individualized and effective approach to communication.</td>
</tr>
<tr>
<td><strong>4. Culturally and linguistically responsive</strong></td>
<td>The ECMH consultant works to understand how culture, language, and community impact all aspects of caregiving and child-rearing, including values, beliefs, and practices. Through a dynamic process, consultants continuously reflect upon their own culture, values, and context as they seek to gain insight and understanding about the culture and values of the families, ECE providers and programs they serve.</td>
</tr>
<tr>
<td><strong>5. Grounded in developmental knowledge</strong></td>
<td>ECMHC is based upon a strong foundation of knowledge about typical and atypical development in infants, toddlers and preschool-aged children. Individualized strategies offered to ECE providers as well as families must reflect developmentally appropriate practices for young children in each of these age groups. Consultants also apply an understanding of adult development, well-being, and learning styles to maximize the impact of their interactions with consultees.</td>
</tr>
<tr>
<td><strong>6. Evidence-informed</strong></td>
<td>ECMH consultants incorporate and encourage the use of strategies that research has shown to be effective in promoting social emotional development, preventing behavior problems, and addressing challenging or concerning behaviors.</td>
</tr>
<tr>
<td><strong>7. Data-driven</strong></td>
<td>In collaboration with early care and education providers and families, ECMH consultants collect and use process and outcome data to inform and improve practices. Data assessing needs are used to set goals and guide the development and implementation of a written consultation plan. These data—provided in a clear, useful format—are also used to provide ongoing feedback to modify strategies for individual children, ECE providers and families.</td>
</tr>
<tr>
<td>Component</td>
<td>Description</td>
</tr>
<tr>
<td>-----------</td>
<td>-------------</td>
</tr>
<tr>
<td>8. Delivered in natural settings</td>
<td>ECMHC is provided in environments where children and the adults who care for them spend significant amounts of time together—most often at home and in ECE settings. It is through observation and understanding of children as they negotiate their daily routines, interact with peers, siblings, parents and other caregivers, that ECMH consultants are best able to understand a child’s social and emotional development and provide meaningful support to the adults with whom they consult.</td>
</tr>
<tr>
<td>9. Spans the continuum from promotion through intervention</td>
<td>ECMH consultants support ECE providers and other adult caregivers to build their capacity to: promote well-being and healthy relationships in all young children; prevent social, emotional and behavioral problems in children at risk; and successfully reduce problems and intervene when there are identified developmental or behavioral challenges.</td>
</tr>
<tr>
<td>10. Integrated with community services and supports</td>
<td>ECMHC is not a stand-alone service, but rather is part of a larger, community-based system of services and supports to help young children grow and flourish. Since individual therapy is outside the scope of ECMHC, consultants facilitate referrals for children, parents and ECE providers to mental health treatment and other formal services and informal resources in their communities. Through advocacy and collaboration, ECMH consultants promote engagement and relationship-building between community partners, ECE providers and families.</td>
</tr>
</tbody>
</table>

Component of Effective Early Childhood Mental Health Consultation (Hunter, Davis, Perry, & Jones, 2016)
Program Implementation

Funding
SEEDS is a partnership between First 5 and Humboldt County Department of Health and Human Services (DHHS), made possible with funding from the local Measure S Marijuana Tax Funds, as part of the 2017-18 budget approved by the Humboldt County Board of Supervisors.

Staffing
There are three levels of staffing support: coordinator, program consultants, and peer model consultants. The job descriptions and responsibilities are highlighted below.

SEEDS Program Coordinator
The SEEDS coordinator is responsible for the following duties:

1. Distribute information and applications to eligible programs for SEEDS participation for the upcoming program cycle.
2. Facilitate application review.
3. Contact new programs. Send out information, agreements, program intake, and needs assessments.
4. Schedule and support the facilitation of orientation meeting for new programs.
5. Schedule and support the preparation for quarterly regional trainings. This includes sending information to returning programs.
6. Distribute and collect data for evaluation.

SEEDS Consultant Criteria
Program Consultants and Peer Model Consultants meet the following criteria:

1. At least a 4-year college degree in Child Development, or in a related field with at least 12 units in Child Development,
2. Completed at least 21 hours of supportive reflective practice,
3. Minimum of two years of experience working in early childhood programs, and
4. Trained in Bruce Perry’s Neurosequential Model.

SEEDS Program Consultants
The SEEDS consultants are responsible for the following duties:

1. Contact new programs and arrange a meeting to review the intake and needs assessments.
2. Create goals and an action plan with participating staff.
3. Conduct observations in participating classrooms.
4. Provide reflective meetings with participating staff.
5. Offer at least one staff training.
6. Facilitate two quarterly regional trainings to new and returning programs.
7. Attend consultant meetings.

SEEDS Peer-Model Consultants
The SEEDS peer-model consultants are responsible for the following duties:

1. Model appropriate interactional strategies with children on the floor while staff members rotate in reflective practice and consultation sessions with the program consultant.
2. This level of consultant requires direct contact with children and would need to meet licensing staffing regulations.

Program Application Process

Programs Served

Participants eligible to receive Social-emotional Early Educator Supports (SEEDS) consultation must meet the following criteria:

1. Employed at a program licensed by Community Care Licensing as a child care center or family childcare home, or Tribal child care center or family childcare home,
2. Working in a classroom that serves children between the ages birth to six years old, and
3. Has worked in the classroom of application for at least ten consecutive months.

Distribution of Services

Once applications for the program year have been received, they will be sorted by facility type (child care center and family childcare home). The individuals accepted to receive SEEDS services will consist of a representative number of childcare center programs and family child care homes for each program cycle.

Application

Applications and needs assessments will be submitted by individual staff members. Only two classrooms per program may be accepted per SEEDS program cycle.

Priority Scale

Programs in rural areas that have limited existing educational infrastructure or family resources have been identified as a priority for SEEDS consultation. Applications will be ranked by the following priorities:

First Priority: Programs in outlying areas. This is defined as south of Rio Dell, east of Blue Lake, and north of Trinidad. Child care staff in outlying areas lack access to professional development and support services due to geographic location.

Second Priority: Tribal childcare, Early Head Start and Head Start. In our county, state-funded child care, Early Head Start, and Head Start programs that are on tribal lands are not licensed by the CA Department of Social Services, CCLD. Tribal early education programs are often isolated from other services the county, either by distance or access. Consequently, they exhibit additional needs not experienced by other programs in the county.

Third Priority: Number of children served. Applications will be ranked by the classroom’s average daily attendance of children, birth to six years old.

* The application review committee reserves the right to determine situations of exceptional need.
Services Provided

One-on-One Classroom Consultation
Each program served has a unique program and staffing structure. The services provided will be determined by the assessment of needs, number of classrooms per program, and the location of services. The consultation services include needs assessment(s), classroom observations, reflective practice, trainings, and general consultation.

Needs Assessment
Prior to developing a plan for consultation, participating staff will complete needs assessments indicating their strengths, challenges, and what they hope to achieve through participation in SEEDS. Follow-up interviews will be conducted to develop a plan and timeline for services.

Goal Setting and Action Plan Development
The consultant will support the participant in creating goals and will collaborate with the participant in creating a concrete action plan to achieve the goals.

Classroom Observation
The consultant will conduct up to three observations in participating classrooms throughout the time of participation. During this time, the consultant will observe teacher-child interactions, language, routine, transitions, and environment. The role of the consultant will be to use observational tools and notes to collect data to inform reflective practice sessions and resources.

Reflective Practice
After classroom observations, the consultant will engage the participant in reflective practice, discussing the goals set at the beginning of consultation and will encourage the participant to reflect on the following topics: teacher practice, child behavior, daily structure (transitions, length of time spent in activity, etc.), and environmental planning (furniture arrangement, accessibility of materials, etc.).

Trainings
Program-specific trainings are developed by the consultants informed by program needs and interests. These trainings are brought to the site of consultation for staff participation and are opportunities both for staff professional development and growth, as well as for sharing experiences and building program community.

Family trainings are offered by request. These trainings offer opportunities to model specific interactional strategies, inform on appropriate developmental growth and expectations, and create an opportunity to build capacity within the family systems in a community. It is important for families to have opportunities to feel empowered to advocate for their children and to see one other as potential supports and resources.

Quarterly regional trainings are offered to all participating programs with broader themes on supporting the social-emotional development of children and families. These trainings alternate between different regions Humboldt County, and are opportunities both for staff professional development and growth, as well as networking among early childhood educators.
Sustainability: Phases of Consultation
Each program will have a proposed timeline determined by the individual program and staff goals.

**Implementation Phase**
- 6 - 12 months
- Needs assessment of staff and program
- Direct services to program
- 1:1 consultation
- Program-specific staff trainings

**Maintenance Phase**
- Regional quarterly trainings for all participating programs with built-in reflective practice
- Bi-monthly check-ins
- Refinement of tools and strategies

**Sustaining Phase: Goals**
- Network of providers with shared vision for children
- Informed programs and staff on what resources are available in the community to support children and families
- Informed programs and staff on strategies and tools for classroom implementation on how to support the social-emotional development of children, specifically challenging behavior
Evaluation: Desired Outcomes

• **Short-term**
  - Action 3.1.A Promote and provide training and technical assistance opportunities to families and service providers
  - Action 4.2.A Promote developmental screenings for all children
  - Action 4.2.B Promote access to developmentally appropriate services to for children

• **Long Term**
  - Objective 3.1 First 5 Humboldt will promote a stable well-educated workforce available to serve and advocate for developmentally-, culturally-, and trauma-responsive practices
  - Objective 4.2 First 5 Humboldt will encourage communities to offer developmentally appropriate services / activities
  - Reduced teacher turnover
  - Support programs in developing developmentally appropriate and equitable discipline and guidance policies
References


Appendix
Implementation Model

Program: Social-emotional Early Educator Supports (SEEDS)

Situation: The early childhood workforce is lacking the resources to support children with behaviors.

Inputs (What we invest)
- 3 IFECMH Consultants
- 2 - 3 classroom substitutes
- Funding for program materials
- Funding for external trainings (i.e. Mental Health Summit, Bruce Perry training)
- Purchase ASQ-3 and ASQ-SE-2 for programs

Outputs (What we do)
- Staff trainings
- Family workshops
- Classroom observations
- Reflective practice sessions
- Regional trainings with remote access
- Maintenance of program portal and website
- Advise on physical environmental classroom influence, organization, function, and restructure
- Provide strategies for teachers to connect families (i.e. weekend playgroups)
- Increased staff access to professional development through scholarships

Outcomes - Impact
- Short-term
  - Served six programs: 1 FCCH, 4 remote, 5 center based, 3 tribal programs
  - Action 3.1.1 Promote and provide training and technical assistance opportunities to families and service providers
  - Action 4.2.A Promote developmental screenings for all children
  - Action 4.2.B Promote access to developmentally appropriate services to for children

- Medium (12 - 24 months)
  - Increase program capacity to serve six additional sites (pending program location, funding, and consultant capacity), while maintaining existing programs.

- Long Term
  - Objective 5.1 First 5 Humboldt will promote a stable well-educated workforce available to serve and advocate for developmentally-, culturally-, and trauma-responsive practices
  - Objective 4.2 First 5 Humboldt will encourage communities to offer developmentally appropriate services/activities

Influential Factors and Assumptions
- Childcare programs are understaffed
- Staff are under stress, without substitutes or administrative support
- Staff are isolated from supportive networks: FCCH, remote areas, long work days

Draft Implementation Model, 4.29.19
ECMH Monthly Activity Report

EARLY CHILDHOOD MENTAL HEALTH CONSULTATION
CONSULTANT MONTHLY PROGRAM LEVEL / GENERAL ACTIVITIES REPORT:

Complete this form each month, compiling the number of hours or events within each category.

Staff Name: _______________________ Site: _______________________ # of Classrooms: _______
(Please use a separate sheet for each site)

Reporting for the Month/Year of: ______________________

<table>
<thead>
<tr>
<th>Program Level Consultation – Indicate the number of times you provided each of these types of consultation this month.</th>
<th>Indicate # of events and hours per event</th>
</tr>
</thead>
<tbody>
<tr>
<td>General classroom observations</td>
<td></td>
</tr>
<tr>
<td>General classroom interventions, modeling, support</td>
<td></td>
</tr>
<tr>
<td>Meeting with staff to discuss classroom management, environment, etc.</td>
<td></td>
</tr>
<tr>
<td>Meeting with staff to discuss specific behavioral concerns and strategies</td>
<td></td>
</tr>
<tr>
<td>Meeting with staff to support staff wellness / stress reduction</td>
<td></td>
</tr>
<tr>
<td>Meeting with staff, other: ________________</td>
<td></td>
</tr>
<tr>
<td>Formal, program-specific trainings for staff: (Please list each topic, # of staff trained, and date)</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Teacher / staff rapport-building activities</th>
</tr>
</thead>
<tbody>
<tr>
<td>Community Outreach – Indicate the number of times you provided each of these types of consultation this month.</td>
</tr>
<tr>
<td>Community education about mental health</td>
</tr>
<tr>
<td>Promoting</td>
</tr>
<tr>
<td>Formal, program-specific trainings for parents and community members: (Please list each topic, # of staff trained, and date)</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Network Building Activities – Indicate the number of times you provided each of these types of consultation this month.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Quarterly reflective practice sessions: (Please list each topic, # of staff trained, and date)</td>
</tr>
<tr>
<td>Regional trainings: (Please list each topic, # of staff trained, and date)</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Total Consultation total Hours for Month:</th>
</tr>
</thead>
</table>

Describe any other activities of note this month: ____________________________________________
_________________________________________________________________________________
_________________________________________________________________________________
_________________________________________________________________________________

SEEDS Needs Assessment

Name: ____________________________ Name of Program: __________________________

1. What behaviors do you have concerns about in your classroom?
   a. Read the observed behavior and identify the number of children in your classroom who present the behavior.
   b. Identify level of concern (only check one for each observed behavior) and how well you feel you can support the behavior.
   c. Write down any notes or comments.

2. How many total children in your classroom demonstrate any of the behaviors listed below? _______

<table>
<thead>
<tr>
<th>Number of children with behaviors present</th>
<th>Observed Behavior</th>
<th>How concerned are you about the behavior?</th>
<th>How well do you feel you can support the behavior?</th>
<th>Comments</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Withdrawal or lack of participation</td>
<td>A little concerned</td>
<td>Moderate amount of concern</td>
<td>Not at all</td>
</tr>
<tr>
<td></td>
<td>Aggressive physical behavior (i.e. hitting or throwing objects) towards other children or teachers</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Purposeful self-injury</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Difficulty / resistance to transitions</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Self-regulation challenges (i.e. excessive crying, tantrums)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Attention getting behaviors (please describe in comments)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Lacks ability to play</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Other:</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
APPENDIX F

First 5 Humboldt 2019 Playgroup Participant Survey

Playgroup Name: _______________________ Date: ________________

1. On average, about how many times each month do you take part in this playgroup?
   _____ times/month

2. How long have you been coming to this playgroup?
   □ Less than 1 month □ 1-3 months □ 4-9 months □ 10-12 months □ More than 1 year

3. Please rate how much you agree or disagree with the following statements about this playgroup by checking the answer that best fits your feelings about each statement

<table>
<thead>
<tr>
<th>Statement</th>
<th>Strongly agree</th>
<th>Agree</th>
<th>Neutral</th>
<th>Disagree</th>
<th>Strongly disagree</th>
<th>Not applicable</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. Staff members are welcoming and respectful</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>b. Staff members help me to understand healthy child and family development</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>c. Staff members are respectful of my cultural traditions and values</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>d. Staff members have helped me to learn about activities, services, resources, and opportunities available in the community</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>e. Staff help provide opportunities for me to meet and get to know other families</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>f. Overall, this program has provided valuable support for me and my family</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>g. I would recommend this playgroup to a friend</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

4. In general, how much positive effect has this playgroup had on you, your child, or your family (for example, did your, or your child's, ideas or behaviors change for the better)? (Please check one answer)
   □ A lot □ Some □ A little □ None □ Does not apply

Please add any comments you have about the effect this playgroup has had on you/your child/your family or anything you are doing differently as a result of taking part in this playgroup:

5. How satisfied are you with this playgroup? (Please check one answer)
   □ Very satisfied □ Mostly satisfied □ Somewhat satisfied □ Somewhat dissatisfied □ Very dissatisfied

In your opinion, how could this playgroup be improved?
6. What, if any, concerns have you had/do you have about bringing your child to this playgroup? What has helped or would help with these concerns?

7. Does the child attending this playgroup with you have an IEP (Individual Education Plan) or IFSP (Individualized Family Service Plan) for any special needs?
   □ Yes   □ No   □ Not applicable (no 0-5 age child attends the program with me)

8. Are you aware that the playgroup leader here can refer you to a First 5 Humboldt-funded Child and Family Specialist (these Specialists are: Meg/Omi, Beth, Laura, and Katie) you can talk to about any questions you might have about your child’s development?
   □ Yes   □ No   □ Not sure

   Have you ever talked with one of the Specialists (Meg/Omi, Beth, Laura, or Katie) at this playgroup?
   □ Yes   □ No   □ Not sure

   Comments about the Specialists:

9. As a result of the services/activities I have taken part in at this playgroup, (Please check one box on each line that best fits your feelings)

<table>
<thead>
<tr>
<th>As a result of this playgroup...</th>
<th>Strongly Agree</th>
<th>Agree</th>
<th>Neutral</th>
<th>Disagree</th>
<th>Strongly Disagree</th>
<th>Not Applicable</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. My child and I are more connected to other children and adults</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>b. I know where to get information about services and activities for me/my child/my family</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>c. I have discovered new things about my child’s strengths and/or needs</td>
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<td></td>
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<tr>
<td>d. I have learned more about what skills/behaviors are typical for my child’s age</td>
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<tr>
<td>e. I feel less stress</td>
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<tr>
<td>f. I deal better with parenting issues</td>
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</tr>
<tr>
<td>g. I feel more supported as a parent</td>
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<td></td>
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</tr>
<tr>
<td>h. I have someone I can talk with about my concerns and frustrations</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>i. My child has learned to feel more comfortable around other children</td>
<td></td>
<td></td>
<td></td>
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<td></td>
</tr>
</tbody>
</table>
10. On average, about how many times each month do you and your child take part in any of the First 5 Humboldt funded playgroups shown below? (Please include this playgroup)

_____ times/month

<table>
<thead>
<tr>
<th>First 5 Humboldt Funded Playgroups</th>
</tr>
</thead>
<tbody>
<tr>
<td>Arcata Playcenter</td>
</tr>
<tr>
<td>Jefferson Playgroup</td>
</tr>
<tr>
<td>Pine Hill Playgroup</td>
</tr>
<tr>
<td>Blue Lake Playgroup</td>
</tr>
<tr>
<td>Loleta Playgroup</td>
</tr>
<tr>
<td>Redway Playgroup</td>
</tr>
<tr>
<td>Casterlin Playgroup</td>
</tr>
<tr>
<td>Mattole Playgroup</td>
</tr>
<tr>
<td>Rio Dell Playgroup</td>
</tr>
<tr>
<td>Discovery Museum Playgroup</td>
</tr>
<tr>
<td>McKinleyville Playgroup</td>
</tr>
<tr>
<td>Shelter Cove Playgroup</td>
</tr>
<tr>
<td>FUN Playcenter</td>
</tr>
<tr>
<td>Miranda Playgroup</td>
</tr>
<tr>
<td>Tiny Tots at Arcata Methodist</td>
</tr>
<tr>
<td>Fortuna Playgroup</td>
</tr>
<tr>
<td>Manila Playgroup</td>
</tr>
<tr>
<td>Willow Creek Playgroup</td>
</tr>
<tr>
<td>Honeydew Playgroup</td>
</tr>
<tr>
<td>Orleans Playgroup</td>
</tr>
<tr>
<td>Other:</td>
</tr>
</tbody>
</table>

11. How long have you been coming to any of the First 5 funded playgroups listed above?
☐ Less than 1 month  ☐ 1-3 months  ☐ 4-9 months  ☐ 10-12 months  ☐ More than 1 year

12. In a usual week, about how many days do you or any other family members read stories or look at picture books with your child?
☐ Every day  ☐ 3-6 days  ☐ 1-2 days  ☐ Never

13. In a usual week, about how many days do you or any other family member play music or sing songs with your child?
☐ Every day  ☐ 3-6 days  ☐ 1-2 days  ☐ Never

14. How often do you and your child go to the library or book mobile?
☐ Once a week or more  ☐ 1-3 times/month  ☐ Every 2-6 months  ☐ A few times a year or less

15. How often do you and your child attend “Share a Story/Storytime” at the library?
☐ Once a week or more  ☐ 1-3 times/month  ☐ Every 2-6 months  ☐ A few times a year or less

16. The library is a “family friendly” place for families with young children.
☐ Strongly agree  ☐ Agree  ☐ Neutral  ☐ Disagree  ☐ Strongly disagree

17. The library is a good place to get information about parenting.
☐ Strongly agree  ☐ Agree  ☐ Neutral  ☐ Disagree  ☐ Strongly disagree

Please add any comments you have about children’s services/activities/materials at the library including what might make you go to the library/attend library events more often:
Questions 18 through 26 are demographic questions about you/your family and help us with program planning, evaluation, and outreach. Nothing you share with us will be used to identify you. If you prefer not to answer any of these questions, check “decline to state” where applicable.

18A. How many people live in the child’s household?
Number of adults over 18 (including you):____  Number of children ages 0-2:____
   Number of children ages 3-5:___  Number of children ages 6-18:____

18B. How old are the 0-5 age children? (Please check all that apply-if you have twins/triplets etc., please write in the number of children rather than just checking the box)
   ☐ 0-6 months old  ☐ 7-12 months old  ☐ 13-18 months old  ☐ 19-24 months old
   ☐ between 2 & 3 years old  ☐ between 3 & 4 years old  ☐ between 4 & 5 years old  ☐ 5 years old

18C. Are you or your partner pregnant?   ☐ Yes   ☐ No   ☐ Not applicable   ☐ Decline to state

19. Does your child have any kind of health insurance now, such as insurance through Medi-Cal, a private plan (through a job, a spouse’s job, etc), or Covered California?
   ☐ No  ☐ Not sure  ☐ Yes: if yes, what kind:   ☐ Medi-Cal  ☐ Partnership Health Plan  ☐ Covered California
   ☐ Private Plan (through a job, through a spouse’s job, etc)   ☐ Other: ________________

20. Race/Ethnicity that you identify with most closely:
   ☐ African American/Black  ☐ Asian/Asian American  ☐ Hispanic/Latino  ☐ Native American  ☐ Multi-ethnic
   ☐ Pacific Islander  ☐ White  ☐ Other: ________________  ☐ Decline to state

21. What language do you speak most of the time at your child’s home?
   ☐ English  ☐ Spanish  ☐ Other (please specify): ________________  ☐ Decline to state

22. What is your highest level of education?
   ☐ Less than high school  ☐ Some high school  ☐ High school degree/GED  ☐ Some college
   ☐ AA/AS degree  ☐ BA/BS degree  ☐ MA/MS degree or higher  ☐ Decline to state

23. Yearly household income at child’s residence before taxes (your best estimate!):
   ☐ $62,170-$73,651  ☐ $73,652 and over  ☐ Decline to state  ☐ Don’t know

24. How old are you?   ______
   ☐ 17 or under  ☐ 18-21  ☐ 22-26  ☐ 27-35  ☐ 36-45  ☐ 46-55  ☐ 56-65  ☐ 66 or over

25. What town do you live in or closest to? ________________
26. Please add any comments you would like to make about the services/activities provided by this program:
1. **On average, about how many times each month** do you take part in activities/services here?  
   ____ times/month

2. **How long have you participated in this program?**  
   - [ ] Less than 1 month  
   - [ ] 1-3 months  
   - [ ] 4-9 months  
   - [ ] 10-12 months  
   - [ ] More than 1 year

3. Please rate how much you agree or disagree with the following statements about this program by checking the answer that best fits your feelings about each statement  

<table>
<thead>
<tr>
<th></th>
<th>Strongly agree</th>
<th>Agree</th>
<th>Neutral</th>
<th>Disagree</th>
<th>Strongly disagree</th>
<th>Not applicable</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. Staff members are welcoming and respectful</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>b. Staff members help me to understand healthy child and family development</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>c. Staff members are respectful of my cultural traditions and values</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>d. Staff members have helped me to learn about activities, services, resources, and opportunities available in the community</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>e. Staff help provide opportunities for me to meet and get to know other families</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>f. Overall, this program has provided valuable support for me and my family</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>g. I would recommend this program to a friend</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

4. **In general, how much positive effect** have the services/activities provided by this program had on you, your child, or your family (for example, did your, or your child’s, ideas or behaviors change for the better)? (Please check one answer)  
   - [ ] A lot  
   - [ ] Some  
   - [ ] A little  
   - [ ] None  
   - [ ] Does not apply

   Please add any comments you have about the effect the services/activities provided have had on you/your child/your family:

5. **How satisfied are you with the services/activities provided?** (Please check one answer)  
   - [ ] Very satisfied  
   - [ ] Mostly satisfied  
   - [ ] Somewhat satisfied  
   - [ ] Somewhat dissatisfied  
   - [ ] Very dissatisfied

   In your opinion, how could services/activities provided be improved?
6. What, if any, concerns have you had/do you have about bringing your child to this program (if applicable)? What has helped or would help with these concerns?

7. Does the 0-5 age child attending this program with you have an IEP (Individual Education Plan) or IFSP (Individualized Family Service Plan) for any special needs?
☐ Yes  ☐ No  ☐ Not applicable (no 0-5 age child attends the program with me)

8. As a result of the services/activities I have taken part in at this program, I…(Please check one box on each line that best fits your feelings)

<table>
<thead>
<tr>
<th>As a result of this program…</th>
<th>Strongly Agree</th>
<th>Agree</th>
<th>Neutral</th>
<th>Disagree</th>
<th>Strongly Disagree</th>
<th>Not Applicable</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. My child and I are more connected to other children and adults</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>b. I know where I can get information about services and activities for me/my child/my family</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>c. I have discovered new things about my child’s strengths and/or needs</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>d. I have learned more about what skills/behaviors are typical for my child’s age</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>e. I feel less stress</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>f. I deal better with parenting issues</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>g. I feel more supported as a parent</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>h. I have someone I can talk with about my concerns and frustrations</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

9. On average, about how many times each month do you and your child take part in any of the First 5 Humboldt funded playgroups shown below?

_____ times/month

<table>
<thead>
<tr>
<th>First 5 Humboldt Funded Playgroups</th>
</tr>
</thead>
<tbody>
<tr>
<td>Arcata Playcenter</td>
</tr>
<tr>
<td>Blue Lake Playgroup</td>
</tr>
<tr>
<td>Casterlin Playgroup</td>
</tr>
<tr>
<td>Discovery Museum Playgroup</td>
</tr>
<tr>
<td>Fortuna Playgroup</td>
</tr>
<tr>
<td>FUN Playcenter</td>
</tr>
<tr>
<td>Honeydew Playgroup</td>
</tr>
</tbody>
</table>
10. In a usual week, about how many days do you or any other family members read stories or look at picture books with your child?
☐ Every day ☐ 3-6 days ☐ 1-2 days ☐ Never

11. In a usual week, about how many days do you or any other family member play music or sing songs with your child?
☐ Every day ☐ 3-6 days ☐ 1-2 days ☐ Never

12. How often do you and your child go to the library or book mobile?
☐ Once a week or more ☐ 1-3 times/month ☐ Every 2-6 months ☐ A few times a year or less

13. How often do you and your child attend “Share a Story/Story Hour” at the library?
☐ Once a week or more ☐ 1-3 times/month ☐ Every 2-6 months ☐ A few times a year or less

14. The library is a “family friendly” place for families with young children.
☐ Strongly agree ☐ Agree ☐ Neutral ☐ Disagree ☐ Strongly disagree

15. The library is a good place to get information about parenting.
☐ Strongly agree ☐ Agree ☐ Neutral ☐ Disagree ☐ Strongly disagree

Please add any comments you have about children’s services/activities/materials at the library including what might make you go to the library/attend library events more often:

Questions 16 through 24 are demographic questions about you/your family and help us with program planning, evaluation, and outreach. Nothing you share with us will be used to identify you. If you prefer not to answer any of these questions, check “decline to state” where applicable.

16A. How many people live in the child’s household?
Number of adults over 18 (including you):____ Number of children ages 0-2:____
Number of children ages 3-5:____ Number of children ages 6-18:____

16B. How old are the 0-5 age children? (Please check all that apply-if you have twins/triplets etc., please write in the number of children rather than just checking the box)
☐ 0-6 months old ☐ 7-12 months old ☐ 13-18 months old ☐ 19 -24 months old
☐ Between 2 & 3 years old ☐ Between 3 & 4 years old ☐ Between 4 & 5 years old ☐ 5 years old

16C. Are you or your partner pregnant?
☐ Yes ☐ No ☐ Not applicable

17. Does your child have any kind of health insurance now, such as insurance through Medi-Cal, a private plan (through a job, a spouse’s job, etc), or Covered California?
18. Race/Ethnicity that you identify with most closely:

- African American/Black
- Asian/Asian American
- Hispanic/Latino
- Native American
- Multi-ethnic
- Pacific Islander
- White
- Other: _______________
- Decline to state

19. What language is spoken most of the time at your child’s home?

- English
- Spanish
- Other (please specify): _______________
- Decline to state

20. What is your highest level of education?

- Less than high school
- Some high school
- High school degree/GED
- Some college
- AA/AS degree
- BA/BS degree
- MA/MS degree or higher
- Decline to state

21. Yearly household income at child’s residence before taxes (your best estimate!):

- $0-$16,395
- $16,396-$22,108
- $22,109-$27,821
- $27,822-$33,534
- $33,535-$39,248
- $39,249-$44,961
- $44,962-$50,688
- $50,689-$56,429
- $56,430-$62,169
- $62,170-$73,651
- $73,652 and over
- Decline to state
- Don’t know

22. How old are you?

- 17 or under
- 18-21
- 22-26
- 27-35
- 36-45
- 46-55
- 56-65
- 66 and over

23. What town do you live in or closest to? ______________

24. Please add any comments you would like to make about the services/activities provided by this program:
## First 5 Humboldt
### 2019 Playgroup Survey Sample Sizes for Individual Playgroups

<table>
<thead>
<tr>
<th>F5H Funded Playgroup</th>
<th>Location</th>
<th>Number of Surveys</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Arcata Play Center</td>
<td>Arcata</td>
<td>55</td>
</tr>
<tr>
<td>2. Blue Lake Playgroup</td>
<td>Blue Lake</td>
<td>28</td>
</tr>
<tr>
<td>3. Discovery Museum Playgroup</td>
<td>Eureka</td>
<td>37</td>
</tr>
<tr>
<td>4. Fortuna Playgroup</td>
<td>Fortuna</td>
<td>12</td>
</tr>
<tr>
<td>5. F.U.N Play Center</td>
<td>Eureka</td>
<td>30</td>
</tr>
<tr>
<td>6. Honeydew Playgroup</td>
<td>Honeydew</td>
<td>9</td>
</tr>
<tr>
<td>7. Jefferson Playgroup</td>
<td>Eureka</td>
<td>14</td>
</tr>
<tr>
<td>8. Loleta Playgroup</td>
<td>Loleta</td>
<td>9</td>
</tr>
<tr>
<td>9. Manila Playgroup</td>
<td>Manila</td>
<td>25</td>
</tr>
<tr>
<td>10. Mattole Valley Resource Center Playgroup</td>
<td>Petrolia</td>
<td>7</td>
</tr>
<tr>
<td>11. McKinleyville Playgroup</td>
<td>McKinleyville</td>
<td>36</td>
</tr>
<tr>
<td>12. Orleans Playgroup</td>
<td>Orleans</td>
<td>6</td>
</tr>
<tr>
<td>13. Pine Hill Playgroup</td>
<td>Eureka</td>
<td>8</td>
</tr>
<tr>
<td>14. Redway Playgroup</td>
<td>Redway</td>
<td>11</td>
</tr>
<tr>
<td>15. Rio Dell Playgroup</td>
<td>Rio Dell</td>
<td>11</td>
</tr>
<tr>
<td>16. Tiny Tots Playgroup</td>
<td>Arcata</td>
<td>10</td>
</tr>
<tr>
<td>17. Willow Creek Playgroup</td>
<td>Willow Creek</td>
<td>14</td>
</tr>
</tbody>
</table>
APPENDIX I

First 5 Humboldt
2019 Parent Family Support (PFS) Program Survey
Sample Sizes for Individual Programs

<table>
<thead>
<tr>
<th>F5H Funded PFS Program</th>
<th>Location</th>
<th>Number of Surveys</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Blue Lake Community Resource Center</td>
<td>Blue Lake</td>
<td>17</td>
</tr>
<tr>
<td>2. Mattole Valley Resource Center</td>
<td>Petrolia</td>
<td>9</td>
</tr>
<tr>
<td>3. Paso a Paso</td>
<td>Eureka</td>
<td>51</td>
</tr>
</tbody>
</table>
APPENDIX J
First 5 Humboldt 2019 and 2018 Playgroup Participant Survey Results
Result for All Playgroups Combined

322 surveys were collected from parents/caregivers participating in seventeen First 5 Humboldt-funded Playgroups in 2019.
325 surveys were collected from parents/caregivers participating in nineteen First 5 Humboldt-funded Playgroups in 2018.

1. On average, about how many times each month do you take part in THIS playgroup?

<table>
<thead>
<tr>
<th></th>
<th>2019</th>
<th>2018</th>
</tr>
</thead>
<tbody>
<tr>
<td>Average</td>
<td>4.0 x/month</td>
<td>4.2 x/month</td>
</tr>
<tr>
<td>Range</td>
<td>1-15 x/month</td>
<td>1-15 x/month</td>
</tr>
</tbody>
</table>

2. How long have you been coming to this playgroup?

<table>
<thead>
<tr>
<th></th>
<th>2019</th>
<th>2018</th>
</tr>
</thead>
<tbody>
<tr>
<td>Less than 1 month</td>
<td>12.2%</td>
<td>9%</td>
</tr>
<tr>
<td>1-3 months</td>
<td>12.5%</td>
<td>22.3%</td>
</tr>
<tr>
<td>4-9 months</td>
<td>13.1%</td>
<td>15.2%</td>
</tr>
<tr>
<td>10-12 months</td>
<td>10.9%</td>
<td>6.5%</td>
</tr>
<tr>
<td>More than 1 year</td>
<td>51.2%</td>
<td>47.1%</td>
</tr>
</tbody>
</table>

3. Please rate how much you agree or disagree with the following statements about this playgroup by checking the answer that best fits your feelings about each statement (Mean: 5=strongly agree, 1=strongly disagree)

<table>
<thead>
<tr>
<th></th>
<th>Strongly agree</th>
<th>Agree</th>
<th>Neutral</th>
<th>Disagree</th>
<th>Strongly disagree</th>
<th>Not applicable</th>
<th>Mean</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. Staff members are welcoming and respectful</td>
<td>89.7%</td>
<td>92%</td>
<td>9%</td>
<td>7.4%</td>
<td>1.2%</td>
<td>0.6%</td>
<td>0</td>
</tr>
<tr>
<td>b. Staff members help me understand healthy development</td>
<td>69.2%</td>
<td>68.4%</td>
<td>20.6%</td>
<td>19.5%</td>
<td>9.3%</td>
<td>19.6%</td>
<td>0</td>
</tr>
<tr>
<td>c. Staff members are respectful of my cultural traditions and values</td>
<td>80.6%</td>
<td>77.3%</td>
<td>10.6%</td>
<td>12.1%</td>
<td>5.3%</td>
<td>7.8%</td>
<td>0</td>
</tr>
<tr>
<td>d. Staff help me to learn about services, resources, &amp; opportunities that are available in the community</td>
<td>74.1%</td>
<td>77.1%</td>
<td>19%</td>
<td>11.5%</td>
<td>5.6%</td>
<td>7.7%</td>
<td>0.6%</td>
</tr>
<tr>
<td>e. Staff help provide opportunities for me to meet and get to know other families</td>
<td>74.4%</td>
<td>80.1%</td>
<td>16.6%</td>
<td>11.8%</td>
<td>7.8%</td>
<td>6.5%</td>
<td>0.6%</td>
</tr>
</tbody>
</table>
f. Overall, this program has provided valuable support for me and my family  

<table>
<thead>
<tr>
<th>2019</th>
<th>2018</th>
</tr>
</thead>
<tbody>
<tr>
<td>86.3%</td>
<td>85.4%</td>
</tr>
<tr>
<td>11.5%</td>
<td>11.8%</td>
</tr>
<tr>
<td>2.2%</td>
<td>2.5%</td>
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<tr>
<td>0</td>
<td>0</td>
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<tr>
<td>0</td>
<td>0</td>
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<tr>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>0.3%</td>
<td>0.3%</td>
</tr>
<tr>
<td>4.84</td>
<td>4.83</td>
</tr>
</tbody>
</table>


<table>
<thead>
<tr>
<th>2019</th>
<th>2018</th>
</tr>
</thead>
<tbody>
<tr>
<td>93.8%</td>
<td>94.1%</td>
</tr>
<tr>
<td>5.9%</td>
<td>5.9%</td>
</tr>
<tr>
<td>0.3%</td>
<td>0.3%</td>
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<tr>
<td>0</td>
<td>0</td>
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<td>0</td>
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<td>0</td>
<td>0</td>
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<tr>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>4.93</td>
<td>4.94</td>
</tr>
</tbody>
</table>


g. I would recommend this program to a friend  

<table>
<thead>
<tr>
<th>2019</th>
<th>2018</th>
</tr>
</thead>
<tbody>
<tr>
<td>93.8%</td>
<td>94.1%</td>
</tr>
<tr>
<td>5.9%</td>
<td>5.9%</td>
</tr>
<tr>
<td>0.3%</td>
<td>0.3%</td>
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<td>0</td>
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<td>0</td>
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<td>0</td>
<td>0</td>
</tr>
<tr>
<td>4.93</td>
<td>4.94</td>
</tr>
</tbody>
</table>


4. In general, how much positive effect has this playgroup had on you, your child, or your family (for example, did your, or your child’s ideas or behaviors change for the better)?

<table>
<thead>
<tr>
<th></th>
<th>2019</th>
<th>2018</th>
</tr>
</thead>
<tbody>
<tr>
<td>A lot</td>
<td>72.7%</td>
<td>68.9%</td>
</tr>
<tr>
<td>Some</td>
<td>23.3%</td>
<td>23.6%</td>
</tr>
<tr>
<td>A little</td>
<td>2.5%</td>
<td>4.7%</td>
</tr>
<tr>
<td>None</td>
<td>0</td>
<td>0.9%</td>
</tr>
<tr>
<td>Does not apply</td>
<td>1.6%</td>
<td>1.9%</td>
</tr>
<tr>
<td>Mean (4=a lot and 1=none)</td>
<td>3.71</td>
<td>3.64</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th></th>
<th>2019</th>
<th>2018</th>
</tr>
</thead>
<tbody>
<tr>
<td>A lot</td>
<td>72.7%</td>
<td>68.9%</td>
</tr>
<tr>
<td>Some</td>
<td>23.3%</td>
<td>23.6%</td>
</tr>
<tr>
<td>A little</td>
<td>2.5%</td>
<td>4.7%</td>
</tr>
<tr>
<td>None</td>
<td>0</td>
<td>0.9%</td>
</tr>
<tr>
<td>Does not apply</td>
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Comments about positive effect 2019 by playgroup:

Arcata D Street
- This playgroup has really helped me be a better mom
- It helped my child to become more social and it helped me by giving me some "me time" while my child plays and has fun with other kids.
- My daughter has become less shy when meeting people
- Improved play and coordination!
- The ASQ was work, but fun and helped with understanding strengths and weakness areas of growth
- Not buying so many toys
- Very warm, welcoming and informative staff
- This is a wonderful place to bring my child to socialize when I have off of work. I am very grateful to have this service in our community
- We really appreciate the social opportunity and the diverse activities
- Best experience for youngsters before kindergarten and grade school. Playgroup provides opportunities to learn socialization skills as well as tactile and early academic skills
- My child loves meeting and making new friends. This is a great place for that.
- My child is learning how to socialize with other children around the same age
- Staff are great and friendly
- My child seems more social and playful with others
- We are new to the area and have met friends and the socialization has been GREAT for us both
- My child has been aided in positive peer relationships. As a mother I've found the support of staff and other participants, as well as the enriching environment, invaluable and helpful.
- My child is more social, and loves making friends
- It's an amazing way to have my child interact with other kids and for me to meet other moms
- We love playgroup!
• They have learned to share and socialize
• Age appropriate activities
• My children participate in pretend play and things we don’t have at home. Encourages creative thinking.
• My child is learning how to play with other kids. My child also loves coming here to be able to run free and play with all the different toys!
• We love to come to playgroup 100%. Great staff.
• Socializing
• We don’t have any family here, so this is the main way my child gets to interact and play with other children
• It’s a nice support - a place to go and be with other parents and kids
• As an only child, it gives my child the opportunity to be around other children
• Great for connections with community!
• Just came back after a few years with my second child
• My child is friendlier and shares more
• This playgroup has brought a lot of happiness to my family and we enjoy every visit
• We love playgroup!
• Socialization with other children made my child preschool ready
• My child is learning to share, and is becoming more interested in music

Blue Lake
• Best playgroup around
• I love this playgroup more than any other!
• New songs we learned here, some healthy snack ideas
• This playgroup has helped to give social confidence
• I really feel like playgroup has helped foster my children and our family into a cohesive team, and a full member of the community.
• Every opportunity to get out of the house and interact with other children and parents is positive and valuable
• This has been one of the best parts of living in Blue Lake for our young family
• Molly is amazing with all who come here. She is what keeps us coming back!!! Love her group.
• Love that my child gets to play outside with other children. Goes a long way in socializing my child as it has little access to other kids.
• Older child has become more comfortable in social situations. Mama met other families/support
• Molly and the Blue Lake playgroup has helped establish a sense of community for our family
• Best playgroup in Humboldt!
• The playgroup has really helped me connect with other parents and my child enjoys it very much. I love that it’s outside!
• My baby learns how to socialize
• Great play and social development - outdoor play provides a more relaxing environment for my child
• The expert information about growth and child development
• My child has learned how to play well with others. And how to be a good example for younger kids
• Love the outdoor space! Lots of outdoor experiences.
• Love the outdoor play! Both children have benefitted from the socializing and exercise
• Great for social skills and meeting new friends and parents
• It’s just fun and a comfort to know it’s here
• This playgroup has played a huge role in helping both my child and myself build support system/sense of community.
• I love that this playgroup is outside. Molly goes above and beyond to welcome everyone and has fun activities
- My child absolutely loves coming to group! My child is 8 months old and I feel it benefits so much by being around so many children. It also helps me when I am so tired and need some mom time. I love the parents here, it really uplifts my day. I also live down the street.
- It offers [us] routine and social interaction and an abundance of games and songs to use at home, allows our daughter to social and sensory processing skills

Discovery Museum
- The opportunity for my child to learn to socialize and develop basic skills based on those interactions has been great to see.
- The kids get exposed to water play which they love and get an opportunity to play with toys/books that they normally wouldn't get to. And they get introduced to kids of other cultures.
- My child has been better at sharing and taking turns
- Great place to bring my child to help his social and imaginative skills
- Great for learning new things
- Child is more social
- Makes the winter month much easier
- My child is enthusiastic about coming unfortunately [another child] has hit my child so many times that is affecting our day to day and if it happens even once more we will not come back. It has reached the point of being traumatic.
- I have met supportive parent friends
- My child is trying new foods/toys offered here and improved sharing
- The interactive sculptures truly inspire my child to investigate how things work
- We love it here! It is inclusive, fun and full of learning
- Wish bigger kids stayed out of baby area
- It gives my child an opportunity to interact with other kids and explore different toys. My child seems more social and confident since coming here
- First time attending
- Love it!
- Making parental connections
- Its teaching my child to relate to others and share, as an only child that is important
- We love coming to playgroup and learn and being around good energy
- Exposure to various stimuli that open up different interests. Increased socialization.
- We are socializing with other parents/children more
- Always interesting and informative to watch how different families interact with each other
- Helped prepare my kids for preschool. Problem solving, taking turns, etc.
- Social gatherings/playgroups are so beneficial for my kids

Fortuna Playgroup
- This is a great way to get out and have my kids interact with others
- Love having a local group in Fortuna, wish it was more than once a week
- My kid loves the music and the teacher, we appreciate all the hard work!
- Go to Rio Dell as much as possible, now Fortuna. It's done wonders for my child to help to interact with other kids. This is the first visit with the Fortuna playgroup.
- We love this playgroup!
- Learning to share
FUN Playcenter
- My kids learn to share with new kids. Also, the circle time has taught them to participate in groups.
- Just getting out of the house and to do new things in a safe environment helps keep everyone's attitudes positive.
- My child requires a lot of social interaction. Here my child has learned to share and awareness of others feelings.
- Wonderful resource!
- It is a way for my child to interact and play with other children in a safe space, and for me to get to know other parents.
- Nice having a community to relate to.
- I'm a grandparent - not so sure of this answer.
- Wonderful group! Friendly staff.
- My child has seizures and I feel safe playing here.
- We love playgroup!
- Large area, separated is nice - lots of "stations".
- It's helped my children become more interactive and learn to share and be social with all different ages.
- Love it.
- I believe it helps increase my child's social interactions and helps develop new skills.
- It's great for my kids to be able to socialize with other children.

Honeydew Playgroup
- We love getting at and socializing.
- Helping to get ready for preschool.
- Dulce is full of information and ideas and very easy to talk to.
- Great group for my child.

Jefferson Playgroup
- Para mi hija que quiero que ella aprenda a socializun ya que a mi se me hace muy dificil, pero ahora estoy aprendiendo.// For my child, I want my child to learn to socialize, which is very hard for me, but now I am learning.
- Lo que me gusta del grupo de juego que mis ninos pueden convivir con otors ninos y con mas familias.// What I like is that in the playgroup my children can get along with other children and families.
- Mi nino ha aprendido a compartir con otros ninos.// My child has learned to get along with other children.
- Salimos de la rutina diaria, conocemos a otras personas, Convivimos como familia.// We go out of the daily routine, meet other people, spend time like family.
- Son muy atentos con nosotros, y pacientes con los ninos.// They are kind to us and patient with children. My children like to attend the playgroup.
- Repeat offender bullies [another child] are causing trauma at home and here.
- Love the various activities available.
- Spending time as a family: Reading, Walking, Playing.
- I'm less stressed on Saturdays. Have somewhere safe for my children to play.
- This is an amazing resource for our community and family. It helps us get healthy socialization for our child.
- My child is much more social and gets along better with other children. I've noticed a lot more side-play and sharing.

Loleta
- Es mucho mas sociable. // My child is very social.
- This group pointed me in the direction of services I needed for my child.
- My child loves it and helps them learn to socialize as they are not in preschool.
- My baby loves it and his sibling loves coming when it is out of school and gives activities and child interactions.
Manila Playgroup

- El apoyo y la gente. Las maestras son muy carinosas. // The support and the people. The teachers are very caring.
- I love how it has me thinking about incorporating Montessori concepts and activities into our home.
- Helps them learn to socialize.
- My child has had the opportunity to practice cooperation and asking for a turn. The leaders help with this and help me help my child do this.
- Terry is so wonderful, supportive and helpful. She has helped us learn to share and cooperate better!
- This playgroup helps me to structure my day (on days that we go) better. I appreciate that it starts earlier than some other groups.
- Being able to listen and follow instructions from various instructors is / has been a key learning point, as well as learning to respect everyone and develop other social skills.
- My child is an introvert and this playgroup has made a huge impact on it being more comfortable being social.
- My baby really seems happy at playgroup
- Provided for safe environment for kids to learn and grow. Helped me with my patience with my kids.
- This playgroup gives my child the chance to engage in play and develop positive social interactions. The snack variety (i.e. tofu) is great for those with dietary restrictions.
- Calm welcoming space with great activities
- It has given my child the opportunity to socialize with other children in the same age group.
- This playgroup has added to the consistent routine we are establishing for our child.
- I have been attending for about 1 1/2 years. I love it.
- We are happier and calmer after leaving this playgroup. Very relaxing.
- It is a great set-up
- We are new!
- Since this group isn't as hectic as others, my child feels more comfortable with independent play.
- The end songtime has helped instill patience and focus
- A lot of really good impact
- We've met many new friends here. My child is very well socialized which has made interactions pleasant. We've also been connected to many resources in the community as well.

Mattole/Petrolia Playgroup

- Able to play with a larger age range of kids
- Good for meeting people in the community
- It's been fun to hang out with other families
- Helps find solutions and support - very valuable resource
- Able to play with a larger age range of kids

McKinleyville Playgroup

- We enjoy more nursery rhymes
- I am a stay at home mom and we live in a one bedroom apartment. I love this playgroup because it gets us out of this house, and is a safe place for my child to interact with other children.
- My child has met and made new friends and learned to share
- Learning to share better with kids and adults
- Really helps with socializing with other kids.....sharing.....school readiness
- My child gets great social interactions at this playgroup
- Excellent opportunity to begin socialization progress for children, which will greatly benefit them when they start school
- Child has benefitted from interactions with other children
• Much more singing at home - new songs
• Our family has been attending playgroup for almost 4 years now. My kids all love it as do I.
• Learning to share, and play with kids my child is not used to, behaves better at home.
• Helping my child socialize and learn to walk/run. We love the big and open gym and open space this playgroup provides
• Playgroup has provided a safe space for my child to learn
• We love this playgroup
• Playgroup provides many learning experiences with songs and lots of educational toys we don't have at home!
• Playgroup provided my child the opportunity to improve its social skills and communication as well as its independence
• Most of the time really amazing! There are a couple of kids that are really mean.
• Amazing opportunity to play with/so much variety of things to explore large motor and social, as well as new language

Orleans
• It's great to have a play place in the mountains!
• My child is developing better social skills, and I enjoy the break. My child expresses most independence during playgroup than any other time.
• I have made many friends from this playgroup
• Very nice to socialize my kids in such a rural place
• My child is more socialized around other children
• I am positively affected by this playgroup! We look forward to it every week!

Pine Hill Pandas
• My kid has something to look forward to
• Keep it up!
• Totally appreciate the help and reminders
• Very convenient location
• My baby has become more social and loves to play
• My child loves it! My child wishes it was daily.

Redway Playgroup
• We enjoy getting out and seeing our friends
• My kids love playgroup
• My kid really changed her socializing manners and became an opened person. Very happy.
• New to area. Safe clean fun place for my child
• We met new friends!
• This has been a huge positive impact for my child. My child grows so much every week. Loves having friends the same age. Looks forward to it.
• Helped my child be more social

Rio Dell
• We love the calm, gentle kids and environment. Elizabeth is so kind and helpful, showing up even after holidays to have a fun thing to do
• I really enjoy being able to come here :)
• She loves it! Great interactions with other kids
• Nos pone juntos con mas familias con niños/ Puts us together with more families with children
• We've always felt welcome, included, and appreciate the feedback and companionship
• Both my boys and I love playgroup

Tiny Tots Arcata
• We sing all the songs that we've learned at playgroup at home
• I enjoy having a safe, indoor place to bring my son and am glad to meet other parents
• Love! Love! Love!
• More social with other kids and adults
• Very welcoming
• My child has learned how to make friends and share. They have developed positive attitude and they love this playgroup
• Wonderful emotional support

Willow Creek Playgroup
• I'm more aware of community events. I've met a lot of incredible folks.
• This has really been the only opportunity to meet other parents with children
• Great foundation for structure and fun
• This is a good place for a child in a rural area to be with his peers
• It's amazing
• A great asset to our family and to our whole community. My kids absolutely adore this place and everyone who works here

5. How satisfied are you with this playgroup?

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<th></th>
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What would improve services 2019 by playgroup?

Arcata D Street
• More visitors doing different activities, such as music, yoga, etc
• It’s perfect
• More welcome and interaction from staff. Encouragement of kids playing on their own without an adult involved. More parent/caregiver interaction.
• Warmer building
• Nothing, it's great
• More funding
• Consistent crafts
• Somehow facilitate more interaction between families
• Nothing it's already great
• I think it's great how it is
• More funding
They could offer a later in the day group
Live music, light show, fog machine, bubble machine, open bar (just kidding - kind of)
Diverse snack choices to include vegetables
Over all I think it's great, not much to improve on. Maybe more snack options
Maybe a bigger space
Some parents don't curb inappropriate behavior, or aren't keeping an eye on children well enough. Perhaps they need more support.
Open more days
More days per week/hours per day.
Longer hours (earlier) and daily
Perhaps separate time groups for older children and toddlers. We've experienced some negative interactions with older children who are not supervised by parents/caregivers
Doing Half and half for coffee. The "wash tub" for dirty toys is good, but parents usually aren't aware of that system.
great already!
More integration and inclusion of Spanish language and culture in group activities, so that Latinos and non-Latinos come together, rather than stay isolated in separate groupings
It's awesome!!
I'm not sure
Bigger room
More crafting
I would like to see possibilities for parents to collaborate on watching kids to free up another parent. I've imagined teaching a yoga class too.
More group songs

Blue Lake Playgroup
Being outside is the best!
More funds
Add an hour - 10-1
No snacks with sugar please
Healthier snacks
Well, I have little to fault, but if playgroup could still run over the holidays on rainy days (inside or out) that would be a real improvement. Parks and Rec needs to get onboard.
Higher paid staff
By offering more days a week
Reminding parents of older children to monitor their kids around smaller kids and babies
More funding
Healthier snacks. Organic, non gmo
Maybe, with a bigger playgroup - more people to watch over
By far the best playgroup
More information about positive communication
It is great already
Nothing! Love it! Well, maybe adding another day (3 days a week)
Can't think of any - and have been coming for years!
The director does a fabulous job but she could use a staff member or 2 parents volunteer after.
It rocks!
Honestly, nothing. Other local playgroups could learn how to better theirs by watching Molly. We've been to all the playgroups in the area and this one won us over right away.
- We pretty much only come in summer, so I do not have many recommendations. We like it outside.
- I wish this playgroup would happen more than 2 days a week!
- I think this playgroup could benefit from more funding. Molly goes above and beyond for those playgroup and pools together community resources as well but I think she deserves more funding

Discovery Museum
- By having the same rules apply to "employee children" the same as they apply to everyone else. For example "keeping an eye" on your/employee children while they are playing (including with other kids) to prevent sharing issues, hitting, etc. Allowing a child to run rampant with little to no supervision shouldn't be allowed.
- Some parents are not engaged with their children at all and let their children do/act however they want. Perhaps giving handouts to parents for behavior challenges, etc. or providing crafts in which both parent and child are involved.
- I don't want any kids to be excluded but the hitting is unacceptable. It happens a LOT. My [child] has nightmares about it that wake her up.
- You guys do wonderful
- More often would be helpful
- Be nice if McKinleyville/Arcata had a circle time/sing songs time
- More songs
- We love it!
- A full 2 hours
- Better craft time
- Cleaner equipment. Toddlers are dirty, can bring home germs to smaller babies
- We find it works very well
- More available "free" days or hours throughout the week
- Honestly, I don't know...it's pretty great
- I don't think
- A more one on one with the kids, specific types of play
- Longer
- The size of the location

Fortuna
- Add coffee
- Bigger space

FUN Playcenter
- Not sure
- Let parents/kids choose amount of snacks = less food waste
- Possibly more directed play for upper ages?
- More interactive programs. Music time (sing songs), games (hop scotch etc)
- Hover boards. Thank you, we love it!!!
- This group could improve by being open longer
- More chairs for parents
- Uniforms. Facebook.
- More crafts
- I think this playgroup fits all different ages and is very organized!
- More tricycle/ride on toys for 3-5 age group
Honeydew Playgroup
- Tal vez mas dias a la semana. 2 veces x week // Maybe more days a week. 2 times a week
- Make sure toys have batteries so they work properly
- Easier bathrooms
- No improvement necessary

Jefferson Playgroup
- Pues que esta super bien no necesita mejorarse. // It is super well, no need to improve
- Que participen mas familias. Eso le ayuda a otros ninos a perder miedo. // (Wish) other families would participate. That helps other children to lose fear.
- Todo esta bien. // Everything is fine.
- Bullying needs to be dealt with.
- Outside play, reading time, maybe music, games on taking turns, like "simon says"
- Music
- I am satisfied with how it is

Loleta
- Sanitizing toys
- I don't know

Manila Playgroup
- More funding.
- Offer more days.
- This is very minor, but I feel like one of the other groups we've been to had enough snacks for the adults to have a little as well, and I appreciated that.
- This playgroup is amazing!
- Perhaps more instructed activities.
- Can't think of any
- It is pretty ideal. More info presented of family events in community.
- Extra days!
- I would love to see more outdoor options integrated - maybe seasonally in the garden, playground, or hike in the dunes.
- More days. More hours.
- All is well...Although I did enjoy when someone came in and sang.
- Nothing. It's perfect!
- Saturdays - offer a Saturday
- More funding to have a dedicated location, so they don't have to get everything out and put away everything every day.
- I wish it was on more days
- A space that's only used for playgroup, so they don't have to pack and unpack every time. Also, a variety of newer toys.

Mattole/Petrolia Playgroup
- It's great!
- Musical instruments, more music
- If it was more strongly attended it would be great, but we live in a sparsely populated area, so it is difficult
- More music
- It's great!

McKinleyville Playgroup
- Can't think of anything
- I find this playgroup to be excellent! Healthy snacks, educational and fun songs at the end and lots of toys and activities for the children to play with.
- More First 5 Humboldt representatives around/more training leaders from First 5 employees.
- Be offered more often ... M-F
- Snacks with less salt - more protein. More natural material toys - less plastic. Provide a stamper table for "art."
- Having a way for parents to address concerns on a daily basis, not an annual review. Example: suggestion box or email of playgroup. Taking action when kids are repeatedly hitting & bullying other kids. Repeat offender should be asked to leave if the child comes in aggressive and hitting.
- More fruit and vegetable at snack time
- Art activities (coloring even, easy); sensory activities (a sand table, water table, etc)
- Bigger space during summer program. Wasn't much for a 1-year old to do.
- Cleaner toys and healthier snacks, i.e. bananas, carrots
- Stay open forever!
- It's already amazing! I'm not sure.
- Different snacks
- Better snacks, more variety of books and activities
- Art station
- Helmets with straps so they stay on; shorter bikes for smaller people

Orleans
- More kids
- I don't think there needs to be improving!
- There could be a better "reading area" set up.
- More kids!

Pine Hill Pandas
- More days offered
- More kids!

Redway Playgroup
- We need a bathroom and running water
- It can't
- If maybe we had a little outside space with slide or something, and running water would be awesome
- Maybe more group activities (stories, songs)?

Rio Dell Playgroup
- Easier to find. As a first timer coming I had a hard time finding it.

Tiny Tots
- It's perfect! Wish it was open more than once a week

Willow Creek Playgroup
- The food is ok but it's the only thing I can think of that could improve. It's always healthy, though.
• On the phone list it only allows one number for contact. In many cases there are 2 parents so being able to contact both parents "in case of..." change would be better than contacting only one.
• More organic food options
• No
• If it were available all days of the week!
• More often

6. What, if any, concerns have you had/do you have about bringing your child to this playgroup? What has helped or would help with these concerns?

Arcata
• Germs, but everything seems clean!
• Concerns about other children not being vaccinated (especially when my child was younger)
• Not necessarily a concern, but it seems this playgroup has younger kids then my child, which is one reason we don’t come often and also it does not seem very welcoming
• Just that sometimes my finances are low and it’s too much gas money from Eureka
• Getting sick in the winter with lots of kids in an enclosed space
• Great space for play interactions, some concern of germ exchange
• Some children express behavior I don’t want my children to pick up or imitate. If possible, maybe staff could redirect the children and this issue, especially if parent is busy with other child.
• None – they keep it clean
• Other parents who seem overly concerned about their kids’ interactions (taking things from each other, touching each other, etc) – it would help if we encouraged parents to let kids work it out, unless kids are in danger of getting hurt badly
• No concerns, love playgroup!

Blue Lake
• Older kids being rough
• There was a rough small crew of kids (2-3) over summer – but staff managed them really well
• No gate by road is a concern for me
• Getting viruses/colds – washing hands more often
• Whether my kids could behave in the group setting. Meg has been a great resource with that.
• No concerns – well run, good energy/vibe
• None. Molly always helps whenever needed.
• Rowdiness of older kids – (in regards to help) they went to school
• This past winter my child usually got sick when coming (to playgroup)
• Nope, none. Molly makes this a warm, welcoming environment. It is a safe, judge free zone for kids to practice social skills.

Discovery Museum
• See previously mentioned answer.
• Not getting to get a snack because of how many kids come sometimes
• My [child] has been hit and bit by other children, unprovoked.
• No more hitting would help.
• Sick kids. If toys were clean enough.
• Sometimes crowded, overall not a problem
• Parking is limited, but not too bad
• Safety
• Illness. Kids get sick and we just had to deal with it
• Germs
• When my child was smaller, all the chaos and kids running over my child. But now my child is bigger, no concerns
• Vaccine

Fortuna Playgroup
• Not sure at this moment
• None
• No outdoor space
• None

FUN Playcenter
• Only concern was if the group was open. Online schedule helped.
• Germs/wash bins

Honeydew Playgroup
• Hand-foot-mouth was going around so we stopped coming for a month
• None
• I was worried about my child not being socialized as much, living in the country. It has helped.
• No concerns

Jefferson Playgroup
• Que como tengo un bebe pequeno no me puedo enfocar con ella en las actividades que quiere 14ealizer.// Since I have a small baby, I cannot focus with it in the activities it wants to participate
• No tengo ninguna preocupacion, estoy muy comoda en este grupo de juego.// I have no concern, I am comfortable in this playgroup
• A mi nina le ha traido poco para que pierda el miedo conviva con otros ninos//. I have brought my child not enough to lose fear and participate with other children
• Que algun nino le pegue a mi nina. Some boy hitting my child.
• Only that my kid gets punched/smacked around TOO MUCH [by another child at playgroup]

Loleta
• No comments

Manila Playgroup
• Las maestras me ayudo comprender unos problemas con mi hija.// The teachers helped me to understand some of my child’s problems.
• I’m always concerned about the spread of germs this time of year, but I was happy to see strategies in place for dealing with “saliva stuff.”
• It seemed like the drive would be too long, but it’s not and it’s very pretty.
• My child is sometimes not good at sharing but everyone at playgroup is happy to work with it.
• If kids are sick, spreading germs. There is a sick policy.
• The developmental stages of my child were concerning me. So, when the First 5 representative show up and have discussions, that helped.

Mattole/Petrolia Playgroup
• No concerns, it’s super fun
• No concerns
McKinleyville
- Always worried germs/viruses spreading, More attentive to toy washing?
- Would love a quiet space for sleeping babies / some kind of sound block with rocking chair
- My child has developmental delays, so I was concerned about how my child would do. It has been a very supportive environment.
- Will the room be warm enough in winter
- My only concern has always been protecting my child from (for some reason) always being targeted to be hit. Talking to parents immediately when their child hits another child.
- Sometimes one of the supervisor's children at clean up is left unsupervised and it leads to dangerous situations. It would help if at clean up someone sometimes specific could watch child. Sorry to complain!
- Social skills; simply having a playgroup to attend has helped
- Some of the kids that come are mean to my kids
- Hand/foot/mouth; costumes not washed frequently

Orleans
No comments

Pine Hill Pandas
No comments

Redway
- Not washing our hands
- Consistency

Rio Dell Playgroup
- Getting to and from walking
- We weren't sure where to go at first-maybe signs outside to pint to the door??

Tiny Tots
- I haven't had any concerns
- None
- No concerns

Willow Creek Playgroup
- No concerns
- None
- No concerns
- No concerns

7. Does the child attending this playgroup with you have an IFP or an IFSP?

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<thead>
<tr>
<th></th>
<th>2019</th>
<th>2018</th>
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<tbody>
<tr>
<td>Yes</td>
<td>5.3%</td>
<td>2.5%</td>
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<tr>
<td>No</td>
<td>94.4%</td>
<td>96.2%</td>
</tr>
<tr>
<td>Not applicable</td>
<td>0.3%</td>
<td>1.3%</td>
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</tbody>
</table>
8. Are you aware that the playgroup leader here can refer you to a First 5 Humboldt-funded Child and Family Specialist (these Specialists are: Meg/Omi, Beth, Laura, and Katie) you can talk to about any questions you might have about your child's development?

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<tr>
<th></th>
<th>2019</th>
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<tbody>
<tr>
<td>Yes</td>
<td>79.8%</td>
<td>76%</td>
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<tr>
<td>No</td>
<td>13.4%</td>
<td>13.6%</td>
</tr>
<tr>
<td>Not sure</td>
<td>6.8%</td>
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</table>

Have you ever talked with one of the Specialists (Meg/Omi, Beth, Laura, and Katie) at this playgroup?

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<tr>
<td>Yes</td>
<td>71.7%</td>
<td>69%</td>
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<tr>
<td>No</td>
<td>22.2%</td>
<td>22.3%</td>
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<tr>
<td>Not sure</td>
<td>5.9%</td>
<td>8.8%</td>
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</tbody>
</table>

Comments about Specialists:

Arcata D Street
- Beth is amazing
- Love Beth
- Great service!
- Meg is very nice. I met her at Blue Lake playgroup
- Caring and supportive
- Very willing to help those in need
- They are very helpful with connecting people to resources around the community and are very nice
- They are wonderful!
- They are all very nice
- Very informative
- I have not gotten much traction with the things I've shared with them. In Eureka, they said they could get me a diaper box and nothing happened.
- We love Omi and her advice is golden
- Very friendly and educated
- Great help
- Very friendly
- Warm and supportive
- So welcoming, understanding and helpful
- Very kind/caring
- We appreciate playgroup and appreciate the kindness and cleanliness
- Great staff
- Very helpful and informed

Blue Lake Playgroup
- All very sweet!
- Thanks!
- They are excellent and such an invaluable resource
- Love Meg!!! She has helped me and my family so much.
- I appreciate their knowledge
• Meg (Omi) is like a member of the family at this point. She has helped me through some serious rough spots at various stages of child development.
• Wonderful for all who need.
• During parent lecture series
• Omi is great
• She was very nice (Meg)
• We love Omi!
• I did not know that (specialists are available), but just learned that. Thanks.
• Really enjoyed my conversations with Meg over the years! She is very intuitive and helpful - good advice always!
• I've met Meg/Omi. She is kind.
• I'm so glad these are available to families.
• She was great. Very helpful!

Discovery Museum
• Very helpful
• They are all very helpful
• I have felt very supported by Laura and Katie
• Very friendly
• Very informative. I am a nanny and the specialists have taken time to discuss professional development with me
• Amazing!
• Omi is amazing
• Lovely
• Love Meg! Super knowledgeable and helpful!
• They are great!
• They are great in identifying what are natural behaviors
• Always nice to talk to
• Great!

Fortuna Playgroup
• Katie is approachable and I appreciate that
• They are wonderful!
• Love them all!
• Love them

FUN Playcenter
• They're nice
• Wasn't aware. This is a great service
• Meg has answered some of my questions about my child's development
• Very good at interacting with both parents and children - very involved
• Knowledgeable and respectful
• They are awesome
• Love them! Very helpful!
• Amazing
• Very knowledgeable of child development strategies
• Very sweet and check in every time we've seen them since
• Very friendly and informative
Honeydew Playgroup  
- Buenas//Good

Jefferson Playgroup  
- Meg is awesome! Omi is THE BEST!  
- Nice and caring  
- Very helpful  
- They are very informative and I like that they are also bilingual

Loleta  
- They are so warm, welcoming, helpful, and understanding. They are an invaluable resource.  
- Very helpful and insightful

Manila Playgroup  
- Meg me a lludado mucho:// Meg has helped me a lot  
- Beth is so kind and helpful  
- I spoke to Beth and she helped reassure me about my child's sharing/developmental level.  
- They are great!  
- I found them to be incredibly kind and caring.  
- Beth has helped tremendously working with my child and it's anxiety and shyness.  
- Beth is very warm and genuine.  
- Very supportive and up to date about Humboldt resources.  
- Great conversation with Beth  
- Everyone is so helpful!!!  
- Love them! Very helpful!  
- Nice  
- I have really liked communicating with Beth. She has answered many questions very thoroughly  
- Beth is great!  
- Beth is amazingly supportive and helpful. I look forward to seeing her.

Mattole/Petrolia Playgroup  
- Great!  
- Friendly and knowledgeable  
- Very informative and helpful  
- Great!

McKinleyville  
- Very friendly  
- Love her. Don't know her name, but here much more than anyone else  
- Very nice  
- Katie has been very helpful!  
- They are an amazing resource!  
- Very knowledgeable  
- Very kind and helpful. Proactive in helping parents and children  
- All very kind, inviting, and insightful  
- Excellent resource and very caring and helpful with my questions/concerns and gave reassurances  
- The Specialists have all helped me and family and are an invaluable resource
Orleans
- We like Katie
- She's wonderful. So full of knowledge. Helps me understand what my child is going through developmentally; which helps me be a more patient parent.
- Very nice and informative
- Katie seems nice

Pine Hill Pandas
- They were nice

Redway
- Meg is the best!
- They’re amazing

Rio Dell Playgroup
- Meg is very helpful in understanding my kids stages of development w/issues
- They are wonderful. Laura is amazing

Tiny Tots
- They are very informative, helpful and nice
- Very helpful
- Very helpful and informative
- We love Meg!
- Beth - she is very friendly and very informative. She is always ready to help parents with any problems and concerns

Willow Creek Playgroup
- Very friendly and knowledgeable
- Very informed/educated enough to answer any and all questions I might have
- Super sweet and appreciate the other perspective
- Great - seem to interact very well with the parents

9. As a result of the services/activities I have taken part in at this playgroup … (mean: 5=Strongly agree, 1=Strongly disagree)

<table>
<thead>
<tr>
<th></th>
<th>Strongly agree</th>
<th>Agree</th>
<th>Neutral</th>
<th>Disagree</th>
<th>Strongly Disagree</th>
<th>Not applicable</th>
<th>Mean</th>
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</thead>
<tbody>
<tr>
<td>a. My child and I are more connected to other children and adults</td>
<td>60.9%</td>
<td>59.2%</td>
<td>30.6%</td>
<td>29.9%</td>
<td>6.6%</td>
<td>10%</td>
<td>0.9%</td>
</tr>
<tr>
<td>b. I know where to get information about services/activities for me/my child/my family</td>
<td>64.9%</td>
<td>60.6%</td>
<td>27%</td>
<td>30.1%</td>
<td>6.2%</td>
<td>8.1%</td>
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<tr>
<td>c. I have discovered new things about my</td>
<td>56.8%</td>
<td>60.4%</td>
<td>30.7%</td>
<td>25.9%</td>
<td>11.2%</td>
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<tr>
<td>child’s strengths and/or needs</td>
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<td>d. I have learned more about what skills/behaviors are typical for my child’s age</td>
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<td>e. I feel less stress</td>
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<td>f. I deal better with parenting issues</td>
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<td>g. I feel more supported as a parent</td>
<td>59.7%</td>
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<td>h. I have someone I can talk with about my concerns and frustrations</td>
<td>57.1%</td>
<td>54.5%</td>
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<tr>
<td>i. My child has learned to feel more comfortable around other children</td>
<td>68.6%</td>
<td>65.5%</td>
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<td>j. My child and I engage in play together more often</td>
<td>56.2%</td>
<td>55.3%</td>
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</table>

10. On average, about how many times each month do you and your child take part in any First 5 Humboldt funded playgroups?

<table>
<thead>
<tr>
<th></th>
<th>2019</th>
<th>2018</th>
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<tbody>
<tr>
<td>Average</td>
<td>6.0 x/month</td>
<td>6.13 x/month</td>
</tr>
<tr>
<td>Range</td>
<td>1-20 x/month</td>
<td>1-21 x/month</td>
</tr>
</tbody>
</table>

11. How long have you been coming to any of the First 5 Humboldt-funded playgroups listed?

<table>
<thead>
<tr>
<th></th>
<th>2019</th>
<th>2018</th>
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<tbody>
<tr>
<td>Less than 1 month</td>
<td>6.3%</td>
<td>7.2%</td>
</tr>
<tr>
<td>1-3 months</td>
<td>11.7%</td>
<td>17.4%</td>
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<tr>
<td>4-9 months</td>
<td>10.4%</td>
<td>13.1%</td>
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<tr>
<td>10-12 months</td>
<td>10.4%</td>
<td>4.7%</td>
</tr>
<tr>
<td>More than 1 year</td>
<td>61.2%</td>
<td>57.6%</td>
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</tbody>
</table>
12. In a usual week, about how many days do you or any other family member read stories or look at picture books with your child?

<table>
<thead>
<tr>
<th></th>
<th>2019</th>
<th>2018</th>
</tr>
</thead>
<tbody>
<tr>
<td>Every day</td>
<td>79.6%</td>
<td>84.7%</td>
</tr>
<tr>
<td>3-6 days</td>
<td>13.8%</td>
<td>11.5%</td>
</tr>
<tr>
<td>1-2 days</td>
<td>6.6%</td>
<td>3.8%</td>
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<tr>
<td>Never</td>
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<td>0</td>
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<tr>
<td>Mean (4=every day, 1=never)</td>
<td>3.73</td>
<td>3.81</td>
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</tbody>
</table>

13. In a usual week, about how many days do you or any other family member play music or sing songs with your child?

<table>
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<tr>
<th></th>
<th>2019</th>
<th>2018</th>
</tr>
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<tbody>
<tr>
<td>Every day</td>
<td>76.4%</td>
<td>81%</td>
</tr>
<tr>
<td>3-6 days</td>
<td>17.6%</td>
<td>15.6%</td>
</tr>
<tr>
<td>1-2 days</td>
<td>5.3%</td>
<td>3.2%</td>
</tr>
<tr>
<td>Never</td>
<td>0.6%</td>
<td>0.3%</td>
</tr>
<tr>
<td>Mean (4=every day, 1=never)</td>
<td>3.7</td>
<td>3.7</td>
</tr>
</tbody>
</table>

14. How often do you and your child go to the library or book mobile?

<table>
<thead>
<tr>
<th></th>
<th>2019</th>
<th>2018</th>
</tr>
</thead>
<tbody>
<tr>
<td>Once a week or more</td>
<td>13.9%</td>
<td>16.5%</td>
</tr>
<tr>
<td>1-3 times per month</td>
<td>36.6%</td>
<td>33%</td>
</tr>
<tr>
<td>Every 2-6 months</td>
<td>17%</td>
<td>13.9%</td>
</tr>
<tr>
<td>A few times/year or less</td>
<td>32.5%</td>
<td>36.6%</td>
</tr>
<tr>
<td>Mean (4= once/week or more, 1= a few times/year or less)</td>
<td>2.32</td>
<td>2.29</td>
</tr>
</tbody>
</table>

15. How often do you and your child attend “Share a Story/Story Hour” at the library??

<table>
<thead>
<tr>
<th></th>
<th>2019</th>
<th>2018</th>
</tr>
</thead>
<tbody>
<tr>
<td>Once a week or more</td>
<td>5.9%</td>
<td>6.6%</td>
</tr>
<tr>
<td>1-3 times per month</td>
<td>18.6%</td>
<td>15.2%</td>
</tr>
<tr>
<td>Every 2-6 months</td>
<td>14%</td>
<td>10.2%</td>
</tr>
<tr>
<td>A few times/year or less</td>
<td>61.6%</td>
<td>68%</td>
</tr>
<tr>
<td>Mean (4= once/week or more, 1= a few times/year or less)</td>
<td>1.69</td>
<td>1.6</td>
</tr>
</tbody>
</table>
16. The library is a “family friendly” place for families with young children

<table>
<thead>
<tr>
<th></th>
<th>2019</th>
<th>2018</th>
</tr>
</thead>
<tbody>
<tr>
<td>Strongly agree</td>
<td>49.2%</td>
<td>45.6%</td>
</tr>
<tr>
<td>Agree</td>
<td>28.1%</td>
<td>29.3%</td>
</tr>
<tr>
<td>Neutral</td>
<td>18.9%</td>
<td>20.5%</td>
</tr>
<tr>
<td>Disagree</td>
<td>1.6%</td>
<td>3.6%</td>
</tr>
<tr>
<td>Strongly disagree</td>
<td>1.6%</td>
<td>1%</td>
</tr>
<tr>
<td>Not applicable</td>
<td>0.6%</td>
<td>0</td>
</tr>
</tbody>
</table>

Mean (5=strongly agree, 1=strongly disagree) 4.23 4.15

17. The library is a good place to get information about parenting

<table>
<thead>
<tr>
<th></th>
<th>2019</th>
<th>2018</th>
</tr>
</thead>
<tbody>
<tr>
<td>Strongly agree</td>
<td>34.1%</td>
<td>26.7%</td>
</tr>
<tr>
<td>Agree</td>
<td>33.3%</td>
<td>31.3%</td>
</tr>
<tr>
<td>Neutral</td>
<td>29%</td>
<td>37.5%</td>
</tr>
<tr>
<td>Disagree</td>
<td>1.3%</td>
<td>3.6%</td>
</tr>
<tr>
<td>Strongly disagree</td>
<td>1.3%</td>
<td>1%</td>
</tr>
<tr>
<td>Not applicable</td>
<td>1%</td>
<td>0</td>
</tr>
</tbody>
</table>

Mean (5=strongly agree, 1=strongly disagree) 3.99 3.70

Comments about the library 2019
Arcata D Street
- Story time is fun
- I need to go!
- Reminders/fliers about library events
- We haven’t been to the library yet
- Never been (to library)
- It's great!
- More/extended hours at Trinidad library
- Storytime at 10 instead of 11

Blue Lake
- Library is questionable place due to homeless
- We caught a flu at the reading room, so we stopped going.
- Family yoga another day but Saturday
- Please make sure the Blue Lake library stays open!!!
- I'd like to go to the library more
- I find some questionable characters are in front of the library. Making me uncomfortable bringing my child.
- My child is a little young for the library yet
- Arcata library needs separate space for kids/families. Often feels crowded and many adults without kids very close by. Some concerns about babies getting sick.
- Haven't explored the local libraries yet. Definitely on the agenda.
- Love the library story time! Wish it was more times a week.
- We are blessed to have amazing libraries.
- Better parking options at Arcata library

Discovery Museum
- I'm concerned about a few people who hang outside the library. They ask for money and are sometimes scary
- I wish storytimes were never on the weekend
- Love the library
- Less homeless population
- The library isn't a safe place, due to transients
- I just haven't had days off when the library is open, which makes it hard to attend library events
- Parking and walking into the library is intimidating. We have been approached by people that made me feel uncomfortable
- Wish playgroups were an option everywhere

Fortuna Playgroup
- I'm not interested in the library, my kids will pull all the books down, so its not a yes zone
- Don't approve of children having access to internet or being allowed to watch personal videos in the children's area!
- At bedtime we read stories or books

FUN
- The children's area is great but the rest of the library I wouldn't call "family friendly" and I won't be letting my children play in the playground there either
- I go to do work...the hours open are low. Should open at 9:30-10:00 am
- About #14: We go to the book store in Old Town
- The library isn't a safe place
- I'm very nervous taking my children to our library because there's usually too many homeless people around the entrance. I don't feel comfortable going to our library because I don't like being pan handled and verbally assaulted

Jefferson
- En realidad casi no asisto a la biblioteca he tenido experiencia en la entrada hay gente que me da miedo y no siento seguro el lugar.// Actually, I seldom go to the library. My experience is that I am afraid of the people at the entrance, I do not feel it is a safe place.
- Muy de acuerdo los servicios que se proven en una biblioteca son muy buenos y me motivan, que ensenan y que pueden hacer sentir muy bien gracias. // I totally agree with the services provided in the library; they are good and motivate me, teach me, and make me feel very well, thanks.
- Not aware of storytime/share a story

Honeydew Playgroup
  No comments

Loleta Playgroup
- If I saw more flyers, reminders about the library and activities there, I would remember to go more often.

Manila Playgroup
- Mas Limpio.// Cleaner
• I wish the Library could enforce boundaries better. Sometimes there are people in the bathroom bathing and that is uncomfortable for me and my child.
• I think that we would go more often if the Library was open in the mornings more - the hours are somewhat restricted. Other than that, I am very happy with the services, activities, and materials.
• The more kid-friendly events, the better!
• Not very familiar with the Library.
• I wish they continued the baby sign language class!
• Community meetings about policies affecting children/families where our feedback and action is greatly appreciated.
• Love the Library!
• Better advertising for events. Perhaps have playgroup leaders announce events.
• Homeless people need a new place or more reminders
• Improve the web page so the dates are easier to see. Maybe a low google calendar syncing
• My kids really like storytime
• Please more family fun nights

Mattole/Petrolia Playgroup
• A library in Petrolia, even a tiny one, would be wonderful!
• We have no local library, but do get the book mobile, every other week
• LQBTG books for kids

McKinleyville
• I've never been to the library but would like to in the future
• Read at home - lots of books. My child also goes to Preschool 3 times a week, so we do not use the library (we will try to in the future).
• Hard to visit library with very young - high spirits (children)
• We love music events at the library
• I didn't know the library was available for these activities
• Baby time weekly instead of bi.
• I worry about my littles making too much noise at library
• Storytime same time as this playgroup

Orleans
• My child likes to visit the library as something fun to do.
• We have not visited the library yet because there is not one nearby.

Pine Hill Pandas
• Home delivery - or drive thru pick up/drop off
• Easier to maneuver library website with kid group information

Redway
• I'd like to see the homeless situation at Garberville library addressed
• More craft, music time

Rio Dell Playgroup
• Kids can't make noise there, not good for my 1&2 year olds
• Mas libros para ninos//More books for children
• Good to know about the opportunities at the library like "Share a Story/Storytime"-we'll check it out
- I have been meaning to go more with the boys

Tiny Tots
- We love the Trinidad library. Kristen is so warm and welcoming and we go out of the way to attend storytime there. The McKinleyville storytime is not as welcoming.
- More open library hours

Willow Creek Playgroup
No comments

18. How many people live in your household? 2020

<table>
<thead>
<tr>
<th></th>
<th>Range</th>
<th>Mean</th>
</tr>
</thead>
<tbody>
<tr>
<td>Number of adults over 18</td>
<td>1-5</td>
<td>2</td>
</tr>
<tr>
<td>Number of children ages 0-2</td>
<td>0-2</td>
<td>1.1</td>
</tr>
<tr>
<td>Number of children ages 3-5</td>
<td>0-2</td>
<td>1.1</td>
</tr>
<tr>
<td>Number of children ages 6-18</td>
<td>0-4</td>
<td>1</td>
</tr>
<tr>
<td>Total</td>
<td>2-8</td>
<td>4</td>
</tr>
</tbody>
</table>

How old are the 0-5 age children?

<table>
<thead>
<tr>
<th>Age Group</th>
<th>2019</th>
<th>2018</th>
</tr>
</thead>
<tbody>
<tr>
<td>0-6 months</td>
<td>9.2%</td>
<td>5%</td>
</tr>
<tr>
<td>7-12 months</td>
<td>12.1%</td>
<td>9.1%</td>
</tr>
<tr>
<td>13-18 months</td>
<td>17%</td>
<td>13.4%</td>
</tr>
<tr>
<td>19-24 months</td>
<td>16%</td>
<td>15.3%</td>
</tr>
<tr>
<td>Between 2 and 3 years old</td>
<td>28.4%</td>
<td>23.9%</td>
</tr>
<tr>
<td>Between 3 and 4 years old</td>
<td>29.7%</td>
<td>19.9%</td>
</tr>
<tr>
<td>Between 4 and 5 years old</td>
<td>14.4%</td>
<td>9.3%</td>
</tr>
<tr>
<td>5 years old</td>
<td>16.9%</td>
<td>4.1%</td>
</tr>
</tbody>
</table>

Are you or your partner pregnant?

<table>
<thead>
<tr>
<th></th>
<th>2019</th>
<th>2018</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yes</td>
<td>6%</td>
<td>11.9%</td>
</tr>
</tbody>
</table>

19. Does your child have any kind of health insurance now, such as insurance through Medi-Cal, a private plan (through a job, a spouse’s job, etc), or Covered California?

<table>
<thead>
<tr>
<th>Insurance Type</th>
<th>2019</th>
<th>2018</th>
</tr>
</thead>
<tbody>
<tr>
<td>No</td>
<td>3.6%</td>
<td>6.6%</td>
</tr>
<tr>
<td>Not sure</td>
<td>2.3%</td>
<td>1.9%</td>
</tr>
<tr>
<td>Yes, Medi-Cal</td>
<td>37.7%</td>
<td>42.7%</td>
</tr>
<tr>
<td>Yes, Partnership Health Plan</td>
<td>25.2%</td>
<td>15.8%</td>
</tr>
<tr>
<td>Yes, Covered California</td>
<td>3%</td>
<td>2.8%</td>
</tr>
<tr>
<td>Yes, a private plan</td>
<td>36.4%</td>
<td>30.1%</td>
</tr>
</tbody>
</table>
20. Race/ethnicity you identify with most closely?

<table>
<thead>
<tr>
<th></th>
<th>2019</th>
<th>2018</th>
</tr>
</thead>
<tbody>
<tr>
<td>African American/Black</td>
<td>2.9%</td>
<td>1.3%</td>
</tr>
<tr>
<td>American Indian or Alaska Native</td>
<td>6.3%</td>
<td>6.2%</td>
</tr>
<tr>
<td>Asian/Asian American</td>
<td>3.8%</td>
<td>3.3%</td>
</tr>
<tr>
<td>Latino/Hispanic</td>
<td>12.4%</td>
<td>9.8%</td>
</tr>
<tr>
<td>Multi-ethnic</td>
<td>7.9%</td>
<td>7.5%</td>
</tr>
<tr>
<td>Pacific Islander</td>
<td>1%</td>
<td>1%</td>
</tr>
<tr>
<td>White</td>
<td>67.9%</td>
<td>63.1%</td>
</tr>
<tr>
<td>Other</td>
<td>1.9%</td>
<td>1.6%</td>
</tr>
<tr>
<td>Decline to state</td>
<td>6.3%</td>
<td>6.2%</td>
</tr>
</tbody>
</table>

21. What language do you speak most of the time when you are at home?

<table>
<thead>
<tr>
<th></th>
<th>2019</th>
<th>2018</th>
</tr>
</thead>
<tbody>
<tr>
<td>English</td>
<td>93.4%</td>
<td>87.4%</td>
</tr>
<tr>
<td>Spanish</td>
<td>8.5%</td>
<td>6.9%</td>
</tr>
<tr>
<td>Other</td>
<td>4.4%</td>
<td>4.4%</td>
</tr>
<tr>
<td>Decline to state</td>
<td>1.9%</td>
<td>1.3%</td>
</tr>
</tbody>
</table>

22. What is your highest level of education?

<table>
<thead>
<tr>
<th></th>
<th>2018</th>
<th>2018</th>
</tr>
</thead>
<tbody>
<tr>
<td>Less than high school</td>
<td>2.5%</td>
<td>1.3%</td>
</tr>
<tr>
<td>Some high school</td>
<td>2.2%</td>
<td>2.8%</td>
</tr>
<tr>
<td>High school diploma/GED</td>
<td>12.3%</td>
<td>11.4%</td>
</tr>
<tr>
<td>Some college</td>
<td>28.4%</td>
<td>28.2%</td>
</tr>
<tr>
<td>AA/AS degree</td>
<td>10.4%</td>
<td>11.4%</td>
</tr>
<tr>
<td>BA/BS degree</td>
<td>28.7%</td>
<td>32.9%</td>
</tr>
<tr>
<td>MA/MS degree or higher</td>
<td>12.6%</td>
<td>10.8%</td>
</tr>
<tr>
<td>Decline to state</td>
<td>2.8%</td>
<td>1.3%</td>
</tr>
</tbody>
</table>

23. What is your total household income before taxes (best estimate)

<table>
<thead>
<tr>
<th></th>
<th>2019</th>
<th>2018</th>
</tr>
</thead>
<tbody>
<tr>
<td>$0-$16,395</td>
<td>11.4%</td>
<td>14.1%</td>
</tr>
<tr>
<td>$16,396-$22,108</td>
<td>7%</td>
<td>8.6%</td>
</tr>
<tr>
<td>$22,109-$27,821</td>
<td>7.9%</td>
<td>5.8%</td>
</tr>
<tr>
<td>$27,822-$33,534</td>
<td>8.9%</td>
<td>7.3%</td>
</tr>
<tr>
<td>$33,535-$39,248</td>
<td>5.7%</td>
<td>7.3%</td>
</tr>
<tr>
<td>$39,249-$44,961</td>
<td>3.5%</td>
<td>7.3%</td>
</tr>
<tr>
<td>$44,962-$50,688</td>
<td>6.3%</td>
<td>4.2%</td>
</tr>
<tr>
<td>$50,689-$56,429</td>
<td>4.1%</td>
<td>5.8%</td>
</tr>
<tr>
<td>$56,430-$62,169</td>
<td>3.8%</td>
<td>8.3%</td>
</tr>
<tr>
<td>$62,170-$73,651</td>
<td>8.2%</td>
<td>5.4%</td>
</tr>
<tr>
<td>$73,652 and over</td>
<td>11.1%</td>
<td>8%</td>
</tr>
<tr>
<td>Don’t know</td>
<td>5.7%</td>
<td>5.8%</td>
</tr>
<tr>
<td>Decline to state</td>
<td>16.5%</td>
<td>12.1%</td>
</tr>
<tr>
<td>Age Range</td>
<td>2019</td>
<td>2018</td>
</tr>
<tr>
<td>-----------</td>
<td>-------</td>
<td>-------</td>
</tr>
<tr>
<td>17 or under</td>
<td>0</td>
<td>0</td>
</tr>
<tr>
<td>18-21</td>
<td>0.6%</td>
<td>0.6%</td>
</tr>
<tr>
<td>22-26</td>
<td>8.4%</td>
<td>6.6%</td>
</tr>
<tr>
<td>27-35</td>
<td>48.4%</td>
<td>54.7%</td>
</tr>
<tr>
<td>36-45</td>
<td>38.1%</td>
<td>31%</td>
</tr>
<tr>
<td>46-55</td>
<td>1.9%</td>
<td>2.8%</td>
</tr>
<tr>
<td>56-65</td>
<td>1.3%</td>
<td>2.8%</td>
</tr>
<tr>
<td>66 and over</td>
<td>1.3%</td>
<td>1.3%</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Town</th>
<th>2019</th>
<th>2018</th>
</tr>
</thead>
<tbody>
<tr>
<td>Alderpoint</td>
<td>0</td>
<td>1.3%</td>
</tr>
<tr>
<td>Arcata</td>
<td>19.3%</td>
<td>14.2%</td>
</tr>
<tr>
<td>Bayside</td>
<td>1%</td>
<td>1.6%</td>
</tr>
<tr>
<td>Big Lagoon</td>
<td>0</td>
<td>0.3%</td>
</tr>
<tr>
<td>Blue Lake</td>
<td>3.5%</td>
<td>2.5%</td>
</tr>
<tr>
<td>Blocksburg</td>
<td>0</td>
<td>1.3%</td>
</tr>
<tr>
<td>Burn Ranch</td>
<td>0</td>
<td>0.3%</td>
</tr>
<tr>
<td>Eureka</td>
<td>34.4%</td>
<td>30.3%</td>
</tr>
<tr>
<td>Ferndale</td>
<td>0</td>
<td>0.6%</td>
</tr>
<tr>
<td>Fieldbrook</td>
<td>0</td>
<td>0.9%</td>
</tr>
<tr>
<td>Fields Landing</td>
<td>0</td>
<td>0.3%</td>
</tr>
<tr>
<td>Fortuna</td>
<td>5.8%</td>
<td>6.3%</td>
</tr>
<tr>
<td>Garberville</td>
<td>1%</td>
<td>1.6%</td>
</tr>
<tr>
<td>Happy Camp</td>
<td>0</td>
<td>0.3%</td>
</tr>
<tr>
<td>Hawkins Bar</td>
<td>0</td>
<td>0.3%</td>
</tr>
<tr>
<td>Honeydew</td>
<td>2.3%</td>
<td>0.3%</td>
</tr>
<tr>
<td>Hoopa</td>
<td>0.6%</td>
<td>0</td>
</tr>
<tr>
<td>Hydesville</td>
<td>0</td>
<td>0.9%</td>
</tr>
<tr>
<td>Kettenpom</td>
<td>0</td>
<td>0.3%</td>
</tr>
<tr>
<td>Kneeland</td>
<td>1.9%</td>
<td>0.6%</td>
</tr>
<tr>
<td>Loleta</td>
<td>1%</td>
<td>2.5%</td>
</tr>
<tr>
<td>Manila</td>
<td>0.3%</td>
<td>0.3%</td>
</tr>
<tr>
<td>McKinleyville</td>
<td>10.9%</td>
<td>13.2%</td>
</tr>
<tr>
<td>Orleans</td>
<td>0.3%</td>
<td>0.3%</td>
</tr>
<tr>
<td>Orick</td>
<td>0</td>
<td>0.3%</td>
</tr>
<tr>
<td>Petrolia</td>
<td>2.3%</td>
<td>2.5%</td>
</tr>
<tr>
<td>Phillipsville</td>
<td>0.3%</td>
<td>0</td>
</tr>
<tr>
<td>Redcrest</td>
<td>0</td>
<td>0.3%</td>
</tr>
<tr>
<td>Redway</td>
<td>1.3%</td>
<td>1.3%</td>
</tr>
<tr>
<td>Rio Dell</td>
<td>2.6%</td>
<td>3.2%</td>
</tr>
<tr>
<td>Salyer</td>
<td>0</td>
<td>0.6%</td>
</tr>
<tr>
<td>Shelter Cove</td>
<td>0</td>
<td>2.2%</td>
</tr>
<tr>
<td>Somes Bar</td>
<td>0.3%</td>
<td>0.3%</td>
</tr>
<tr>
<td>Trinidad</td>
<td>2.3%</td>
<td>1.9%</td>
</tr>
<tr>
<td>Location</td>
<td>Attendance</td>
<td>Change</td>
</tr>
<tr>
<td>------------</td>
<td>------------</td>
<td>--------</td>
</tr>
<tr>
<td>Weitchpec</td>
<td>1%</td>
<td>0.3%</td>
</tr>
<tr>
<td>Weott</td>
<td>1.9%</td>
<td>0.9%</td>
</tr>
<tr>
<td>Westhaven</td>
<td>0</td>
<td>0.3%</td>
</tr>
<tr>
<td>Whitethorn</td>
<td>0</td>
<td>1.3%</td>
</tr>
<tr>
<td>Willow Creek</td>
<td>4.2%</td>
<td>4.1%</td>
</tr>
</tbody>
</table>

26. Comments

**Arcata D Street**
- We love playgroup
- Love Play Center!
- Keep up the awesome work!!
- Thank you, we enjoy this playgroup a lot.
- Thanks!
- It is amazing. Thank you!
- This is a great and very helpful playgroup for me and my child, and I would highly recommend it to other parents
- Playgroup is great!
- Nothing. I think it’s great!
- Staff are the best
- We love Arcata Play Center!
- Thank you!
- Request library activity times
- Lovely facility, very clean
- Todo muy bien//All is good

**Blue Lake**
- Thanks!
- Thank you!!
- Thank you so much for all the love and support. I’m gonna miss my playgroup family.
- We feel blessed to have it in town
- We love Molly!!
- Thank you for your services
- Very thankful this program exists. My first child benefitted for several years – now introducing my second child (2 year old).
- Blue Lake playgroup rocks!
- I wish Trinidad could have playgroup again. However, we love Blue Lake playgroup.

**Discovery Museum**
- Love it!
- Love this program! Keep up the good work. Thank You!
- Thank you!
- Keep up the great work. We love playgroup!
- Thank you for putting this on
- Great social skill building! Great exposure to a variety of activities and motor skill building.
- These playgroups are so important to our community. Thank you for helping me/us raise our kids!
- We love you all!
- Great variety of activities my child doesn’t have exposure to elsewhere
Fortuna Playgroup
- Love the music/art projects/time
- My kids loved it!

FUN Playcenter
- It’s fun to drive past the Carson building
- Awesome! Thank You!
- The playgroups definitely provide a safe and fun, and educational setting for my child to explore and learn various different skills

Jefferson
- De mi parte, que otros niños no deben de pegar a otros niños.// My opinion, children must not hit other children
- [Another playgroup child, age 2-3] is dangerous. Needs constant supervision. Very pleasant experiences at playgroup aside from that.

Honeydew Playgroup
- Thank You
- We love everything about this program
- Really liked the structured reading at end

Loleta
- Keep them going. More info about community events and activities and programs is always good.

Manila Playgroup
- Love this playgroup
- Thank you for providing playgroup funding.
- Thank You!
- Playgroups are such an amazing resource for our community – thank you!!
- The teachers are engaging, friendly, and helpful, and everything feels safe and well-run.
- It’s a great program.
- Free services help a lot and are appreciated. Clothing closet that is free would be good for First 5
- I like that this playgroup has several learning environments. I think that they do an awesome job setting up activities in their space. I also like that it is a calm welcoming environment for my child and myself!
- Thank You!
- Great Service!!!
- Love First Five!
- Really love the coffee
- Enjoy the storytime! This is one of the calmer groups, which we really appreciate.
- My family loves this place!!! Much love!!! The old system where they had a dedicated room and did not need to put away everything was more conducive to a stable learning environment. It allowed a more peaceful place for community interactions. Fund them more!!!
- I enjoyed the parent workshop awhile back about nutrition and brain development. I’d love another one with helpful topics like nutrition, child development, food and socializing. Maybe some free community events as well.

Mattole/Petrolia Playgroup
- Thank You
- The more music, the better
- The leader is also a preschool teacher and very knowledgeable about child behavior
- Thank you, playgroup!
- Lanita is very good with the kids
- Thank You

**McKinleyville**
- Love the McKinleyville Playgroup – really an excellent program all around.
- This is a great service
- We love playgroups!
- I work part-time, so Friday playgroup is only one I can make. Some afternoon playgroups would be great.
- Staff is very friendly, informative and proactive in keeping playgroup a positive and constructive space
- Love playgroups!!!
- Very pleased with this group and all the toys and how organized each play area is. Going to get a list of others (playgroups) to try out

**Orleans**
- Thankful to socialize out here. Thank You!
- We love it! Please let it continue!

**Pine Hill Pandas**
- Amazing!

**Redway**
- Water/bathroom
- So Helpful! Thank You!
- Thank you!

**Rio Dell Playgroup**
- Thanks for all you provide!

**Tiny Tots**
- All of the ladies who run the group are absolutely wonderful, a joy to work with. My daughter talks about and looks forward to playgroup all week
- We love playgroup!

**Willow Creek Playgroup**
- I've always absolutely loved this program and expect to stay connected in the future.
- I, the grandma, bring him to the Willow Creek playgroup
- Wish we could make it here more often
APPENDIX K
First 5 Humboldt 2019 FRC/PFS Participant Survey Results
All Programs Combined

77 surveys were collected from parents/caregivers participating in three FRC/Parent and Family Support Programs (non-playgroup) in 2019. Programs included: Blue Lake CRC (17 surveys), Mattole Valley FRC (9 surveys), and Paso a Paso (51 surveys). Surveys were provided in both English and Spanish. Comments written in Spanish are followed by an English translation.

1. On average, about how many times each month do you take part in THIS program?

<table>
<thead>
<tr>
<th>Year</th>
<th>Survey Count</th>
</tr>
</thead>
<tbody>
<tr>
<td>2019</td>
<td>77</td>
</tr>
</tbody>
</table>

Average 3x/month
Range 1-10x/month

2. How long have you been coming to this program?

<table>
<thead>
<tr>
<th>Duration</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Less than 1 month</td>
<td>4.3%</td>
</tr>
<tr>
<td>1-3 months</td>
<td>8.7%</td>
</tr>
<tr>
<td>4-9 months</td>
<td>13.0%</td>
</tr>
<tr>
<td>10-12 months</td>
<td>8.7%</td>
</tr>
<tr>
<td>More than 1 year</td>
<td>65.2%</td>
</tr>
</tbody>
</table>

3. Please rate how much you agree or disagree with the following statements about this program by checking the answer that best fits your feelings about each statement (Mean: 5=strongly agree, 1=strongly disagree)

<table>
<thead>
<tr>
<th>Statement</th>
<th>Strongly agree</th>
<th>Agree</th>
<th>Neutral</th>
<th>Disagree</th>
<th>Strongly disagree</th>
<th>Not applicable</th>
<th>Mean</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. Staff members are welcoming and respectful</td>
<td>97.4%</td>
<td>2.6%</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>4.97</td>
</tr>
<tr>
<td>b. Staff members help me understand healthy development</td>
<td>94.8%</td>
<td>3.9%</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>1.3%</td>
<td>4.96</td>
</tr>
<tr>
<td>c. Staff members are respectful of my cultural traditions and values</td>
<td>97.4%</td>
<td>0</td>
<td>1.3%</td>
<td>0</td>
<td>0</td>
<td>1.3%</td>
<td>4.97</td>
</tr>
<tr>
<td>d. Staff help me to learn about services, resources, &amp;opportunities that are available in the community</td>
<td>96.1%</td>
<td>3.9%</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>4.96</td>
</tr>
<tr>
<td>e. Staff help provide opportunities for me to meet and get to know other families</td>
<td>94.8%</td>
<td>2.6%</td>
<td>1.3%</td>
<td>0</td>
<td>0</td>
<td>1.3%</td>
<td>4.95</td>
</tr>
<tr>
<td>f. Overall, this program has provided valuable support for me and my family</td>
<td>97.4%</td>
<td>2.6%</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>4.97</td>
</tr>
<tr>
<td>g. I would recommend this program to a friend</td>
<td>98.7%</td>
<td>1.3%</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>4.99</td>
</tr>
</tbody>
</table>
4. In general, how much positive effect has this program had on you, your child, or your family (for example, did your, or your child’s ideas or behaviors change for the better)?

<table>
<thead>
<tr>
<th></th>
<th>2019</th>
</tr>
</thead>
<tbody>
<tr>
<td>A lot</td>
<td>86.7%</td>
</tr>
<tr>
<td>Some</td>
<td>10.7%</td>
</tr>
<tr>
<td>A little</td>
<td>0</td>
</tr>
<tr>
<td>None</td>
<td>0</td>
</tr>
<tr>
<td>Does not apply</td>
<td>2.7%</td>
</tr>
<tr>
<td>Mean (4=a lot and 1=none)</td>
<td>3.89</td>
</tr>
</tbody>
</table>

Comments about positive program effect 2019:

Blue Lake FRC
- Molly is awesome! She is so helpful and kind!
- We love art day!
- Great group. I love the special activities too - Young Explorers club, art days, gardening and ladybug days. Very enriching.
- We are so grateful for this resource
- My two littles love playgroup. We have always had positive experiences while playing and learning with the other kids and parents that participate
- They help my child better interact with others
- Currently having financial difficulty with food, so this helps tons
- Helped us connect with other families, encouraged social skills for our kids
- Our family has been blessed by this program. It gives us a place to connect with and grow relationships with other families. Plus, the events are both fun and educational.
- We are so appreciative for the BL Resource Center. The Resource Center is the hub of Blue Lake - we are able to get help when we need it
- The resource center is a very helpful place and they have helped me so much
- My life is a much better one due to receiving these services
- We love the special activities (craft events, field trips, parties, etc)
- The family resource center in blue lake has been my support team and my resource
- My family loves all the extra programs for young children

Mattole FRC
- Me han ayudado con la comunidad a conocerlos y poder relacionarme con la gente.// They have helped me to know them and have a relationship with people in the community
- Conocer muchas personas colaboradoras. Amigos. (Mi hijo esta muy feliz se siente satisfecho).// Meet a lot of collaborating people. Friends. (My child is very happy, my child feels satisfied).
- Each program has created a huge impact on our community. This is so valuable.
- Great program - our community needs more like it
- The Community Center is the pillar of the community
- The telephone has been the main resource we use at the Resource Center - cell phone don't work out in the Mattole
- We have been provided with a lot of support and helpful information on child development. Also fun activities for my children to participate in.
Paso a Paso

- Mi familia y yo hemos mucho ayuda para mi hijo para el emocionalmente, sobre todo mucho apoyo positivo que ha ayudado un gran cambio en mi familia.// My family has had a lot of help and support, especially for my child's emotional situation. The positive support has brought a big change for my family.
- Helps me to interact with more people, help and participate with my children
- Cuando participo en clases, aprendo cosas que me ayudan para entender el crecimiento y hacer cosas diferente.// When I participate in classes, I learn things that help me understand about development, and to do things in a different way.
- Yo he disfrutado mucho de este programa y me ha marcado favorablemente especialmente Dona Soledad Torres.// I have enjoyed this program very much. I have a favorable opinion about it, especially about Dona Soledad Torres.
- Pues me a ayudado mucho.// Well, it helped me a lot
- Agradecida por el apoyo que brinda.// Thankful for the support they provide.
- Es muy buen programa ya que ellos estan cada vez mas actualizados en informacion que nos ayuda mucho.// It is a very good program because they are constantly updated on information that helps us a lot
- Me encanta este programa. Me ayudan mucho con el desarrollo de mi bebe.// I love this program. They help me very much with my baby development.
- Programas para el cuidado del recien nacido.// Programs are for newborn care
- Me han ayudado a tener mas informacion sobre muchas cosas.// They have helped me to have information about many things.
- Me animan a que estemos saludables por medio de ejercicios y comiendo lo mejor posible.// They encourage me to have a healthy family by working out and eating in the best possible way.
- Me ayuda a conocer mas familias y poder compartir con nosotros.// It helps me to meet more families and share with them.
- Con esta programa de Paso a Paso y el personal mi familia y yo hemos tenido demasiado apoyo en general con situaciones dificiles nos apoya a dirigirnos en la direccion correcta como cuando necesitamos para terapia emocional.// My family and myself have received big support in general. In difficult situations they support us by showing us the correct way to take, like when one needs emotional therapy.
- Siempre nos apoyan para mejorar la crianza de nuestros ninos.// They always support us to improve our children parenting.
- No me siento sola, en las reuniones me siento en familia.// I don't feel alone, in meetings I feel like family
- Recibir plaicas de como ser padres y sobre el cuidado del bebe.// To have more meetings about parenting and baby care.
- Todo muy bueno y positivo.// Everything is good and positive.
- Los programas me han brindado educacion que ayuda al bienestar de mi familia. Me dan herramientas para ser mejor padre/madre.// The programs have given me education that helps my family's wellbeing. They give me tools to be a better father/mother.
- Mas mejor organizacion. Un(a) maestro(a) consistente.// To have a better organization. A consistent teacher.
- Tener el apoyo y el poder compartir y socializar con otras familias ya que mi familiar no vive aqui y solo somos mis dos hijos y mi pareja. Efecto positivo y de buen gusto.// To have the support, and be able to socialize with other families; my family does not live here and we are only my two children and my partner. Positive effect and in good taste.
- Me han ayudado mucho a aprender sobre la crianza de mi hijo, me ayudan a muchas cosas mas.// They have helped me to learn about my child's development, and many more things.
- Me ayuda a resolver alguna duda que tenga. En las visitas es muy amable para conmigo y mi familia.// It helps me to dispel any doubt I may have. He/she is very kind with me and my family during visits.
- Alimentacion buena y mejor el desarrollo de mi nino.// Good feeding which helped my child's development
- Estoy mas tranquila y puedo dormir mas, ya que la persona de Paso a Paso me ha ayudado a aprender a darle masajes a mi bebe y eso lo ayuda a relajarse y dormir.// I am calmer and can sleep more since the Paso a Paso person has helped me to learn how to give massages to my baby and that helps my baby relax and sleep.
- Gracias al programa mi hija ha conocido a otros ninos y ya no es tan timida como la primera vez. Y me ha ayudado los personales de Paso a Paso en cualquier cosa como recoger documentos.// Thanks to the program my child has met other children and my child is not so shy as the first time. And Paso a Paso personnel have helped in anything, like deal with documents.
- Mi experiencia con el personal de este programa es muy buena para mi y para mi familia. Siempre dan mas de lo que uno espera.// My experience with this program's personnel is very good for me and my family. They always give more than what we expect.
- Ayudan a mis hijos a convivir con otros ninos.// They help my children to socialize with other children.
- Tenemos mejor comunicacion de pareja.// We have better communication as a couple.
- Nos relajamos en las actividades.// We relax during activities.
- Me gustan las visitas. Aprendi sobre el cuidado de mi bebe y como usar Partnership.// I like the visits. I learned about my baby’s care and how to use Partnership.
- En cada Paso a Paso clase siempre aprendo algo nuevo y los ninos tambien. Nos gusta ir al playgroup juntos y a lo eventos como picnic, y actividades para informacion.// In each Paso a Paso class I always learn something new and so do the children. We like to go together to the playgroup and to the events like picnic, and activities for information.
- Ellos me han ayudado a encontrar soluciones a algunos problemas personales, al igual que cuando di a luz ellos me ayudaron a llenar los papeles.// They have helped me to find solution to some personal problems, like when I gave birth they helped me to fill in documents.
- Los grupos de apoyo me han proporcionado informacion muy valiosa que me ayuda a entender con mucha mas claridad los comportamientos de mi hijo y el como ayudarlo.// The support groups have provided valued information that helps me understand with much more clarity my child’s behavior and how to help my child.
- Gracias al programa de Paso a Paso por todos lo servicios desde clases prenatales, clases de padres, clases de nutricion, car seats. Para mi hija grupo de apoyo para familias con hijos especiales, picnic en el verano, y mucho mas.// Thanks for Paso a Paso program for all services like prenatal classes, parent classes, nutrition classes, car seats. For my child, support group for families with special needs children, picnic in summer, and much more.
- Aprender sobre lo que es disciplina positiva en mis hijos y tambien el participar e interactuar con otras familias en nuestra comunidad.// To learn about positive discipline for my children. Also to participate and interact with other families in our community.
- We have set house rules and expectations while adding those that the school has as well. The kids will still go back to their old behavior almost daily but I think that we as parents have to keep on reading and trying methods while communicating to them what is working and what is not
- With the Paso a Paso program myself and my family have been able to keep active and healthy with the runs and the zumba class that Jorge does

### 5. How satisfied are you with this program?

<table>
<thead>
<tr>
<th>2019</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Very satisfied</td>
<td>94.7%</td>
</tr>
<tr>
<td>Mostly satisfied</td>
<td>5.3%</td>
</tr>
<tr>
<td>Somewhat satisfied</td>
<td>0</td>
</tr>
<tr>
<td>Somewhat dissatisfied</td>
<td>0</td>
</tr>
<tr>
<td>Very dissatisfied</td>
<td>0</td>
</tr>
</tbody>
</table>

Mean (5=very satisfied, 1=very dissatisfied 4.95
What would improve services 2019?

Blue Lake FRC
- I could attend more often
- Happen more often
- More staff to better offer services/activities throughout the week
- They were great!!
- They are wonderful as is. I really hope this program continues for many generations to come. For a small community, this program provides much needed services.
- It would be great if we could come together to develop water on property where people who live there and need bath
- They are already great
- Working with more organizations and more community input
- No improvements

Mattole FRC
- Estoy muy satisfecha, todo esta bien.// I am very satisfied. Everything is fine.
- Mas informacion en espanol, y visibles.// More information in Spanish and graphics/posters
- More yoga would be great
- The help through the resource center is good
- You're doing a great job!

Paso a Paso
- Todo esta bien, tal vez solo tener mas juntas, tal vez una cada semana. Creo seria de mucha mas ayuda.// Everything is fine, maybe to have more meetings, perhaps once weekly. I think it would be most helpful.
- It's very satisfactory, thank you very much to each of the people who make up this team.
- Me gustaria actividades tambien, como cuando es el mes Navidad.// I would also like activities, as during the Christmas month.
- Pues estan bien.// Well, they do well
- Hasta ahora todo esta muy bien.// Up to now, everything is well
- Sin comentarios.// No comments
- Se nota que algunas madres estan nerviosas o con algunas preocupaciones y no se sienten con la suficiente confianza para manifestarse. Sugiero actividades en DVDs, la mama "se siente mas a voluntad" para conversar.// I noticed some mothers are nervous or worried and do not feel enough confidence to speak up. I suggest DVDs, activities, mother "feels willing" to talk.
- Los servicios son excelentes. Solo de pronto mas publicidad para que mas familias se vinculen y asistan a los servicios.// Services are excellent. Only more publicity is needed so that more families join in and attend to the services.
- Tal vez tiene que cambiar el horario de los juegos del grupo.// Maybe they have to change the schedule of the playgroups.
- No necesitan mejorarse los servicios son muchos y son bastantes.// The services do not need improvement; there are many and they are quite good.
- Con mas clases con otros temas especificos para desarrollo infantil.// More classes with specific subjects about child development.
- Unico que proporcionen mas material para poder aprender mejor.// Only that they provide more material so we can learn better.
- En participar mas tiempos en el programa y tambien invitar a otras mamas.// To participate more in the program and also to invite other mothers.
- Actividades mas seguidas - como una a la semana.// To have activities more often, like once a week.
- Todo me gusta como es. I like everything as it is.
Todos las clases y eventos son bien organizados y informativos. Por favor sigan proveyendo servicios. Me encantan las clases de nutricion.// All classes and events are well organized and informational. Please continue providing services. I love the nutrition classes.

El tener personal profesional me ayuda a hacer preguntas e inquietudes que tengo.// Having professional personnel helps me to make questions and express my concerns.

Todos los servicios estan perfectos.// All services are perfect.

A veces los horarios son un poco dificil cuando una trabaja. Tal vez si hubiera coordinacion con la mayoria de las familias seria mayor.// Sometimes schedules are difficult to meet when one works. Perhaps it would be better if there were coordination with the majority of families.

In my opinion we as parents get the proper training but I believe if kids get some proper training it will be easier for the joint parent/child to follow through as a team

6. What, if any, concerns have you had/do you have about bringing your child to this program? What has helped or would help with these concerns?

Blue Lake FRC
- Getting sick - sickness policy is helpful
- My child's behavior. The amount my child attends has helped.
- No. We love coming to it and my child looks forward to events
- Knowing what and how workers are screened and what level of help they can offer

Mattole FRC
- No tengo preocupaciones. Asistir a todas.// I have no concerns. Attend all (meetings).
- Just being a new experience I have had questions that the teacher has been more than happy to answer

Paso a Paso
- No tengo preocupacion alguna todo muy bien.// I have no concern at all. Everything is fine.
- Una ropa, pañales//Clothes, diapers
- Me tranquilizan en mis dudas.// They reassure me in my doubt
- A su desarrollo.// About my child's development
- No tengo preocupaciones.// No concerns.
- No tengo preocupaciones.// No concerns.
- En realidad no me preocupa nada.// Actually I have no concerns.
- No tenia idea que las mujeres embarazadas y los bebes tenian tanto apoyo. Estaba preparandome para enfrentar el embarazo sola.// I had no idea pregnant women and babies have so much support. I was preparing to face pregnancy myself.
- Cuidado de ninos ayuda mucho.// Child care is very helpful.
- Me preocupaba que no hubiera cuidado de ninos en ciertos programas dirigidos a padres. Pero esto ya se soluciono porque contamos con cuidado de ninos cuando se requiere.// I was worried there was no child care during certain programs for parents. But this is solved because now there is child care when requested.
- No muchos, no mas, ya tenemos el horario que no podemos.// Not many, no more, we already have the schedule that we cannot (change).
- No tengo ninguna preocupacion son personas muy buenas y a mas hijos les encanta ir, a ellos les ha ayudado a convivir con otros ninos.// I have no concerns, they are very good people. My children love to go, it has helped them to socialize with other children.
- Me ha ayudado a relacionarse con otros ninos asi como tambien conocer a mas personas.// The program has helped my child to get along with other children. Also how to meet other people.
- 1/15/2020 8:20 PMAdd tags –View respondent's answers
7. Does the child attending this program with you have an IFP or an IFSP?

<table>
<thead>
<tr>
<th>2019</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Yes</td>
<td>17.3%</td>
</tr>
<tr>
<td>No</td>
<td>82.7%</td>
</tr>
<tr>
<td>Not Applicable</td>
<td>0</td>
</tr>
</tbody>
</table>

8. As a result of the services/activities I have taken part in at this program … Mean (5=Strongly agree, 1=Strongly disagree)

<table>
<thead>
<tr>
<th></th>
<th>Strongly agree</th>
<th>Agree</th>
<th>Neutral</th>
<th>Disagree</th>
<th>Strongly Disagree</th>
<th>Not applicable</th>
<th>Mean</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. My child and I are more connected to other children and adults</td>
<td>67.1%</td>
<td>21.1%</td>
<td>5.3%</td>
<td>1.3%</td>
<td>0</td>
<td>5.3%</td>
<td>4.63</td>
</tr>
<tr>
<td>b. I know where to get information about services/activities for me/my child/my family</td>
<td>88.2%</td>
<td>10.5%</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>1.3%</td>
<td>4.89</td>
</tr>
<tr>
<td>c. I have discovered new things about my child’s strengths and/or needs</td>
<td>78.9%</td>
<td>10.5%</td>
<td>5.3%</td>
<td>1.3%</td>
<td>0</td>
<td>3.9%</td>
<td>4.74</td>
</tr>
<tr>
<td>d. I have learned more about what skills/behaviors are typical for my child’s age</td>
<td>78.9%</td>
<td>11.8%</td>
<td>3.9%</td>
<td>1.3%</td>
<td>0</td>
<td>1.3%</td>
<td>4.75</td>
</tr>
<tr>
<td>e. I feel less stress</td>
<td>78.9%</td>
<td>10.5%</td>
<td>3.9%</td>
<td>1.3%</td>
<td>0</td>
<td>5.3%</td>
<td>4.76</td>
</tr>
<tr>
<td>f. I deal better with parenting issues</td>
<td>77.0%</td>
<td>13.5%</td>
<td>1.4%</td>
<td>1.4%</td>
<td>0</td>
<td>6.8%</td>
<td>4.78</td>
</tr>
<tr>
<td>g. I feel more supported as a parent</td>
<td>84.2%</td>
<td>14.5%</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>1.3%</td>
<td>4.85</td>
</tr>
<tr>
<td>h. I have someone I can talk with about my concerns and frustrations</td>
<td>82.9%</td>
<td>11.8%</td>
<td>2.6%</td>
<td>0</td>
<td>0</td>
<td>2.6%</td>
<td>4.82</td>
</tr>
</tbody>
</table>

9. On average, about how many times each month do you and your child take part in any First 5 Humboldt funded playgroups?

<table>
<thead>
<tr>
<th>2019</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Average</td>
<td>3x/month</td>
</tr>
<tr>
<td>Range</td>
<td>0-12x/month</td>
</tr>
</tbody>
</table>

10. In a usual week, about how many days do you or any other family member read stories or look at picture books with your child?

<table>
<thead>
<tr>
<th>2019</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Every day</td>
<td>60.5%</td>
</tr>
<tr>
<td>3-6 days</td>
<td>17.1%</td>
</tr>
<tr>
<td>1-2 days</td>
<td>15.8%</td>
</tr>
<tr>
<td>Never</td>
<td>6.6%</td>
</tr>
<tr>
<td>Mean (4=every day, 1=never)</td>
<td>3.32</td>
</tr>
</tbody>
</table>
11. In a usual week, about how many days do you or any other family member play music or sing songs with your child?

<table>
<thead>
<tr>
<th>Frequency</th>
<th>2019</th>
</tr>
</thead>
<tbody>
<tr>
<td>Every day</td>
<td>63.2%</td>
</tr>
<tr>
<td>3-6 days</td>
<td>21.1%</td>
</tr>
<tr>
<td>1-2 days</td>
<td>14.5%</td>
</tr>
<tr>
<td>Never</td>
<td>1.3%</td>
</tr>
<tr>
<td>Mean (4=every day, 1=never)</td>
<td>3.46</td>
</tr>
</tbody>
</table>

12. How often do you and your child go to the library or book mobile?

<table>
<thead>
<tr>
<th>Frequency</th>
<th>2019</th>
</tr>
</thead>
<tbody>
<tr>
<td>Once a week or more</td>
<td>13.2%</td>
</tr>
<tr>
<td>1-3 times per month</td>
<td>25.0%</td>
</tr>
<tr>
<td>Every 2-6 months</td>
<td>14.5%</td>
</tr>
<tr>
<td>A few times/year or less</td>
<td>47.4%</td>
</tr>
<tr>
<td>Mean (4= once/week or more, 1= a few times/year or less)</td>
<td>2.04</td>
</tr>
</tbody>
</table>

13. How often do you and your child attend “Share a Story/Story Hour” at the library??

<table>
<thead>
<tr>
<th>Frequency</th>
<th>2019</th>
</tr>
</thead>
<tbody>
<tr>
<td>Once a week or more</td>
<td>6.6%</td>
</tr>
<tr>
<td>1-3 times per month</td>
<td>10.5%</td>
</tr>
<tr>
<td>Every 2-6 months</td>
<td>6.6%</td>
</tr>
<tr>
<td>A few times/year or less</td>
<td>76.3%</td>
</tr>
<tr>
<td>Mean (4= once/week or more, 1= a few times/year or less)</td>
<td>1.47</td>
</tr>
</tbody>
</table>

14. The library is a “family friendly” place for families with young children

<table>
<thead>
<tr>
<th>Opinion</th>
<th>2019</th>
</tr>
</thead>
<tbody>
<tr>
<td>Strongly agree</td>
<td>61.8%</td>
</tr>
<tr>
<td>Agree</td>
<td>14.5%</td>
</tr>
<tr>
<td>Neutral</td>
<td>14.5%</td>
</tr>
<tr>
<td>Disagree</td>
<td>3.9%</td>
</tr>
<tr>
<td>Strongly disagree</td>
<td>0</td>
</tr>
<tr>
<td>N/A</td>
<td>5.3%</td>
</tr>
<tr>
<td>Mean (5=strongly agree, 1=strongly disagree)</td>
<td>4.42</td>
</tr>
</tbody>
</table>

15. The library is a good place to get information about parenting

<table>
<thead>
<tr>
<th>Opinion</th>
<th>2019</th>
</tr>
</thead>
<tbody>
<tr>
<td>Strongly agree</td>
<td>50.0%</td>
</tr>
<tr>
<td>Agree</td>
<td>15.8%</td>
</tr>
<tr>
<td>Neutral</td>
<td>23.7%</td>
</tr>
<tr>
<td>Disagree</td>
<td>3.9%</td>
</tr>
<tr>
<td>Strongly disagree</td>
<td>0</td>
</tr>
<tr>
<td>N/A</td>
<td>6.6%</td>
</tr>
<tr>
<td>Mean (5=strongly agree, 1=strongly disagree)</td>
<td>4.2</td>
</tr>
</tbody>
</table>
Comments about the library 2019

Blue Lake
- If the Blue Lake library was open more often we would go more often
- I would like to go more. I don't know the schedule as to when it's open/when storytime happens
- Arcata library needs a separate, clean kids/babies area. And outdoor space.
- The library is one of our favorite places. I use it as a treat for my child if my child is good
- The Blue Lake Resource Center is very important to us
- Transportation

Mattole
- Cuentos ilustrados. Titeres.// Stories with images. Puppets.

Paso a Paso
- La razon por la que casi no voy es que las personas fuman ahi y no me gusta estar cerca de las persona fumadoras.// The reason I seldom go is because people smoke there and I dislike to be near people who smoke
- Que habrieran hasta tarde mas dias como el miercoles.// I wish there would be longer hours on Wednesdays.
- Por lo regular no voy a la bibioteca a menos que mis hijas ocupon porque tengo libros en casa e internet.// Usually, I do not go to the library, unless my children need to go, because we have books and internet at home.
- Me gusta llevarlos a las actividades que hacen con legos cada miercoles.// I like to take them to the activities they do with the legos every Wednesday.
- Es muy bueno que haya peliculas instructivas para ninos segun la edad. Mas material enfocado a ninos con necesidades especiales, P.E. autismo. Contar con mas audio-libros en espanol e ingles. Ultimamente ya no hoy el programa de cuentos en Espanol.// It is very good that there are educational films for children according to their age. (Needed) more material addressed to special needs children, i.e. autism. (Needed) more audio books in Spanish and English. The (Share a story) program in Spanish is no longer available.
- Los titeres son divertidos.// The puppets are fun.
- It's satisfactory
- Anunciarlos mas frecuentes.// To advertise them more frequently.
- Eventos en Espanol para la comunidade Latina.// Events in Spanish for the Spanish community.
- Me gustaria que me ensenaran a andar en bus asi podria asistir en la biblioteca para leet algun libro que me guste.// I would like to be taught to ride the city bus so I could go to the library to read some book I like.
- Mi esposo siempre va y queremos llevar a la bebe.// My husband always goes and we want to take the baby.
- A mis nonos les encanta proque ellos pueden escojer y buscar que van a leer. Me encantan los juguetes para los ninos pequenos. Mas actividades en espanol.// My children love it because they can choose and look for what they want to read. I love the toys for small children. More activities in Spanish!
- He asistido muy pocas veces a la biblioteca con mi hijo el mayor pero nunca he ido a la hora de cuentos.// I have been to the library very few times with my oldest child, but never during story hour.
- Reading playgroups. Plays

16. How many people live in your household?

<table>
<thead>
<tr>
<th>Number of adults over 18</th>
<th>Range</th>
<th>Mean</th>
</tr>
</thead>
<tbody>
<tr>
<td>Number of children ages 0-2</td>
<td>0-2</td>
<td>1</td>
</tr>
<tr>
<td>Number of children ages 3-5</td>
<td>0-4</td>
<td>1</td>
</tr>
<tr>
<td>Number of children ages 6-18</td>
<td>0-4</td>
<td>2</td>
</tr>
<tr>
<td>Total</td>
<td>2-12</td>
<td>5</td>
</tr>
</tbody>
</table>
10

How old are the 0-5 age children?

<table>
<thead>
<tr>
<th>Age Group</th>
<th>2019</th>
</tr>
</thead>
<tbody>
<tr>
<td>0-6 months</td>
<td>23.0%</td>
</tr>
<tr>
<td>7-12 months</td>
<td>17.6%</td>
</tr>
<tr>
<td>13-18 months</td>
<td>12.2%</td>
</tr>
<tr>
<td>19-24 months</td>
<td>10.8%</td>
</tr>
<tr>
<td>Between 2 and 3 years old</td>
<td>17.6%</td>
</tr>
<tr>
<td>Between 3 and 4 years old</td>
<td>23.0%</td>
</tr>
<tr>
<td>Between 4 and 5 years old</td>
<td>10.8%</td>
</tr>
<tr>
<td>5 years old</td>
<td>18.9%</td>
</tr>
</tbody>
</table>

Are you or your partner pregnant?

<table>
<thead>
<tr>
<th></th>
<th>2019</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yes</td>
<td>9.2%</td>
</tr>
</tbody>
</table>

17. Does your child have any kind of health insurance now, such as insurance through Medi-Cal, a private plan (through a job, a spouse’s job, etc), or Covered California?

<table>
<thead>
<tr>
<th>Insurance Type</th>
<th>2019</th>
</tr>
</thead>
<tbody>
<tr>
<td>No</td>
<td>3.9%</td>
</tr>
<tr>
<td>Not sure</td>
<td>1.3%</td>
</tr>
<tr>
<td>Yes, Medi-Cal</td>
<td>68.4%</td>
</tr>
<tr>
<td>Yes, Partnership Health Plan</td>
<td>34.2%</td>
</tr>
<tr>
<td>Yes, Covered California</td>
<td>2.6%</td>
</tr>
<tr>
<td>Yes, a private plan</td>
<td>10.5%</td>
</tr>
</tbody>
</table>

18. Race/ethnicity you identify with most closely?*

<table>
<thead>
<tr>
<th>Ethnicity Type</th>
<th>2019</th>
</tr>
</thead>
<tbody>
<tr>
<td>African American/Black</td>
<td>0</td>
</tr>
<tr>
<td>American Indian or Alaska Native</td>
<td>1.3%</td>
</tr>
<tr>
<td>Asian/Asian American</td>
<td>1.3%</td>
</tr>
<tr>
<td>Latino/Hispanic</td>
<td>64.9%</td>
</tr>
<tr>
<td>Multi-ethnic</td>
<td>2.6%</td>
</tr>
<tr>
<td>Pacific Islander</td>
<td>0</td>
</tr>
<tr>
<td>White</td>
<td>33.8%</td>
</tr>
<tr>
<td>Decline to state</td>
<td>1.3%</td>
</tr>
</tbody>
</table>

*Respondents could select more than one option

19. What language do you speak most of the time when you are at home?*

<table>
<thead>
<tr>
<th>Language</th>
<th>2019</th>
</tr>
</thead>
<tbody>
<tr>
<td>English</td>
<td>42.1%</td>
</tr>
<tr>
<td>Spanish</td>
<td>65.8%</td>
</tr>
<tr>
<td>Portuguese</td>
<td>3.9%</td>
</tr>
</tbody>
</table>

*Respondents could select more than one option
20. What is your highest level of education?

<table>
<thead>
<tr>
<th>Education Level</th>
<th>2019</th>
</tr>
</thead>
<tbody>
<tr>
<td>Less than high school</td>
<td>16.9%</td>
</tr>
<tr>
<td>Some high school</td>
<td>9.1%</td>
</tr>
<tr>
<td>High school diploma/GED</td>
<td>20.8%</td>
</tr>
<tr>
<td>Some college</td>
<td>15.6%</td>
</tr>
<tr>
<td>AA/AS degree</td>
<td>7.8%</td>
</tr>
<tr>
<td>BA/BS degree</td>
<td>11.7%</td>
</tr>
<tr>
<td>MA/MS degree or higher</td>
<td>9.1%</td>
</tr>
<tr>
<td>Decline to state</td>
<td>9.1%</td>
</tr>
</tbody>
</table>

21. What is your total household income before taxes (best estimate)

<table>
<thead>
<tr>
<th>Income Range</th>
<th>2019</th>
</tr>
</thead>
<tbody>
<tr>
<td>$0-$16,395</td>
<td>29.9%</td>
</tr>
<tr>
<td>$16,396-$22,108</td>
<td>10.4%</td>
</tr>
<tr>
<td>$22,109-$27,821</td>
<td>11.7%</td>
</tr>
<tr>
<td>$27,822-$33,534</td>
<td>1.3%</td>
</tr>
<tr>
<td>$33,535-$39,248</td>
<td>5.2%</td>
</tr>
<tr>
<td>$39,249-$44,961</td>
<td>6.5%</td>
</tr>
<tr>
<td>$44,962-$50,688</td>
<td>2.6%</td>
</tr>
<tr>
<td>$50,689-$56,429</td>
<td>1.3%</td>
</tr>
<tr>
<td>$56,430-$62,169</td>
<td>1.3%</td>
</tr>
<tr>
<td>$62,170-$73,651</td>
<td>2.6%</td>
</tr>
<tr>
<td>$73,652 and over</td>
<td>3.9%</td>
</tr>
<tr>
<td>Don’t know</td>
<td>16.9%</td>
</tr>
<tr>
<td>Decline to state</td>
<td>6.5%</td>
</tr>
<tr>
<td>Location</td>
<td>Percentage</td>
</tr>
<tr>
<td>----------------</td>
<td>------------</td>
</tr>
<tr>
<td>McKinleyville</td>
<td>2.7%</td>
</tr>
<tr>
<td>Petrolia</td>
<td>12.3%</td>
</tr>
<tr>
<td>Rio Dell</td>
<td>1.4%</td>
</tr>
<tr>
<td>Trinidad</td>
<td>2.7%</td>
</tr>
</tbody>
</table>

24. Comments

Blue Lake
- Blue Lake is awesome. Molly is awesome!!!
- Love Molly and the Blue Lake playgroup team! So friendly and welcoming and I really love all the activities outside of playgroup for kids to enjoy activities and connect on other levels. Great program!
- We love Molly and Omi!
- Love the commodities
- Hooray for Young Explorers and getting kids outside in a way that supports parents and children. We also use the Clothing Swap and Mobile Produce
- Thank you
- I love what we have. Would love to help make it better

Mattole FRC
- Son muy agradables, infromativos, comprometidos.// They are very nice; informational; committed.
- Thank you so much
- Thank you for everything you do!

Paso a Paso
- Solo que haya mas reuniones.// Only there were more meetings.
- El personal de Paso a Paso siempre me habla para invitarme a participar en el programa en el cual estoy agradecida con todos y gracias a Jorge Matias que me invito a ser parte tambien de grupo de apoyo para padres con ninos con necesidades especiales. He aprendido mucho y estoy agradecida con el tambien con todo el apoyo recibido siempre que hay reuniones nos han ayudado a llevar mas facil situaciones que antes era mucho mas dificil de corazón muchas gracias por el apoyo gracias Jorge por siempre brindamos su ayuda.// Paso a Paso personnel always call me to invite me to participate in the program. I am grateful to everybody, and to Jorge Matias who invited me to be part of the support group for parents of special needs children. I have learned a lot and I thank him also for all his support. Whenever there are meetings, they have helped us to carry on situations in an easier way than before. Heartfelt thanks to everybody, and Jorge for helping us.
- Leemos en familia. Ya no grito porque estresamos mas a nuestros hijos. Mejorando en familia me siento mas tranquila con mis hijos. Puedo respirar mejor. Lo mas importante son mis hijos, mi esposo/mi familia. Hablamos para buscar soluciones y no pelear, y ya no peleamos tanto. Ana habla muy bonito, aprendi mucho con ella, igual que con usted, "Soledad." // We read in family. I no longer shout because shouting produces more stress for our children. As we improve in our family, I feel calmer with my children. I can breathe better. The most important for me is my children, my husband/my family. We talk to look for solutions and avoid violence, we do not fight as much. Ana speaks very nicely, I learned a lot from her, same as with Soledad.
- El programa de Paso a Paso es lo mejor que podrian ofrecernos. Dona Soledad es una persona muy buena, amable y muy humana, espero la valoren tanto como yo. Gracias por todo lo que nos ayudan Paso a Paso y First Five.// Paso a Paso program is the best they could provide. Dona Soledad is a very good person, kind and very human; I hope they value her as much as I do. Thanks Paso a Paso and First 5 for helping us.
- No tengo mucho tiempo en el programa pero me ha sido muy util y importante ya que tiene muchas cosas, programas diferentes. Jorge es una excelente persona en e poco tiempo que lo he tratado, muy respetuoso. Me gusta como explica las cosas y todos los programas que ofrece, excelente trabajo.// I have not been in the program a long time, but it has been useful and it is important because it offers many different things/programs. In the short period I
have known Jorge I see he is an excellent person, very respectful. I like the way he explains things and all the programs he offers, excellent job.

- Me sirvió y me ayudó muchísimo que Jessica estuviera conmigo cuando nació mi niño. Es algo que no me esperaba y no tiene palabras de cómo explicar el apoyo emocional y la seguridad que sentí estando ella aquí. Cuando tuve mis otros niños estaba sola pero teniendo a Jessica sentí como que tenía a mi mamá. // It was useful and helped me a great deal that Jessica was with me when my baby was born. It is something I did not expect and I have no words to explain the emotional support and security I felt with her at my side. When I gave birth to my other children, I was alone, but having Jessica, I felt as if my mother was there.

- Me gustaba todo. // I like everything

- El programa de Paso a Paso es excelente. Me ayudó mucho en mi proceso de embarazo. // The Paso a Paso program is excellent. It has helped me a lot through my pregnancy process.

- Agradecida por la ayuda que proporcionada. // Thankful for the support they provide.

- Estoy muy contenta con el programa, gracias por el apoyo. // I am very happy with the program. Thanks for the support.

- Para mí todo está muy bien. Tengo con el programa desde que estaba embarazada de mi primer bebé. Muchas gracias. Muy buenas personas. // To me, everything is very well. I have been in the program since I got pregnant with my first child. Thanks a lot, they are good people.

- Me gustarían más clases de car seat. // I would like more classes on car seats. The classes are good and I like the teacher [in English only].

- Me gusta todo y más estas clases de nutrición. // I like everything, especially the nutrition classes

- Me siento bien porque me ayudan mucho, antes mis billes se iban a recolección, y ahora ellos me ayudan y no se juntan. // I feel well because they help me a lot, before my bills went to collection, now they help me and they (the bills) do not pile up

- Me parece muy buen programa. Gracias por su ayuda a las familias. // I think it is a very good program. Thanks for your help to the families.

- En general me gustan las actividades que realiza Jorge y Flor. // In general I like Jorge and Flor activities.

- Continúen con los servicios, ayudan a muchas personas que los necesitan. Gracias por todo. // Keep up with the services, they help a lot of people who need them.

- La ayuda que nos brindan sobre programas y pláticas prenatales. Cuidados de los bebés en los primeros 3 meses, nos brindan clase de las sillas para los niños. Todos son muy amables en su trabajo que les corresponde. Es un programa muy beneficioso. Muchas gracias por todo. // They provide like programs and conferences on prenatal care, baby care in the first three months, chair classes for children. Everybody is kind doing his/her corresponding job. It is a very beneficial program. Thanks for all the support given to families.

- Agradezco a este valioso grupo de trabajo por todos su esfuerzo y dedicación para todas las familias. Nos fortalecen cada día con sus conocimientos y apoyo a la comunidad. // I thank this valuable working team for all their effort and dedication to all the families. They empower us each day with their knowledge and support to the community.

- Tal vez cada semana o mes un tema del juego. Ranas? Familias? Nombres son dos ejemplos. // To have a play theme each week or month. Ranas? Families? These are only two examples.

- Thank you for all the support to each of you, and the effort you make for the community.

- Son todas excelente y me alegra ser participante del mismo. // They are all excellent and I am happy to participate in it.

- Paso a Paso es muy necesario y importante para mí y mi familia. Paso a Paso es very necessary and important for me and my family.

- Si pudieran abrir un programa para aprender inglés. También si nos pudieran enseñar como usar la computadora sería de gran ayuda para rellenar papeles de nuestros hijos ya que en este tiempo todo se está haciendo así. If they could have a program to teach English. // Also if they could teach us how to use the computer. It would be a great help to fill in documents for our children since today everything is done that way.

- Buen programa que siempre nos ayuda. // Good program, always helping us.
- Tienen muy buen servicio y nos ayudan a mejorar nuestros conocimientos. Me gustan las clases porque aprendo las senales de mi bebe. //They have very good services and they help to improve our knowledge. I like the classes because I learn my baby's signals.
- Me gusto que fueron al grupo con nosotros. Nunca habiamos estado y a nuestro nino le gusto mucho. // I liked they went to the [play] group with us. We had never been there and our child liked it very much.
- Ayuda mucho a las familias encontrar recursos. Proveen mucha informacion y ayudan a llenar aplicaciones y resolver facturas de salud. Me han ayudado tambien en la escuela de mi nina. // It is helpful for families to find resources. They provide a lot of information and help to fill in applications, and solve health invoices. They also have helped me with my child's school.
- Solo me queda agradecer por toda su atencion y sobre todo por estar al pendiente de mi cuando yo estuve embarazada. Mil gracias. //I only want to thank for all your attention especially for having kept an eye on me when I was pregnant
- Los servicios del programa me han ayudado con mucha informacion super valiosa con respecto al autismo, los comportamientos de mi hijo mucho apoyo sobre temas super importantes, a socializar y hacer amigos nuevos. // The program services have helped me with valuable information regarding autism, my child's behaviors. A lot of support about super important subjects, to socialize and make new friends.
- Estamos muy agradecidos por contar con estos servicios en la comunidad por el apoyo fisico, moral y educacional. De todos los programas, las becas, para las caminatas, carreras y grupo de apoyo. Por todos los eventos que nos benefician para mejorar la salud de toda la familia. Por toda la informacion de las diferentes ayudas, que pueden mejorar nuestra emociones fisicas y mentales para mantener familias mas saludables y unidas. // We are very grateful for having these services in the community. For physical, moral, and educational support from all programs. For scholarships, walks, careers, and support groups. For all events that benefit us to improve the family's health, for all information about different helps that might improve our physical and mental emotions, for keeping healthier and united families.
- Este es un programa de mucha ayuda desde cuando uno esta embarazada porque te apoyan con clases prenatales. Y despues con los servicios que uno puede obtener en el condado. Las actividades que organizan para particiap con mas familias. // This program is very helpful from the time when one is pregnant because they offer prenatal classes. Later telling us about the services available in the county. I like the activities they organize to participate with more families.
- I feel that Paso a Paso has been really helpful to me cause it has helped me understand more of what my baby needs. And also it has been helpful cause they have also helped with my needs as a woman
APPENDIX L
Library Programs for Young Children Ages 0-5
Library Patron Survey of Parents/Caregivers Humboldt County

The Library Patron Survey has been conducted about every two years since 2007. In 2017/2018 and in 2016, the survey was revised which means that some questions were added, some were changed, and some were deleted. In 2020, surveys from Arcata were lost in transit so no data is available for that site for that year. In 2018, surveys from Blue Lake and Hoopa branches were lost in transit so no data is available for those sites.

175 surveys were collected and analyzed in 2020. 205 surveys were collected and analyzed in 2017/18. 216 surveys were collected and analyzed in 2016. 139 surveys were collected and analyzed in 2014, 177 surveys in 2012, 107 in 2009 and 130 in 2007. Surveys were distributed at all library branches and at the bookmobile and were available all four years in English and Spanish.

Numbers of surveys by branch location

<table>
<thead>
<tr>
<th></th>
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<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Arcata</td>
<td>0%</td>
<td>13.2%</td>
<td>6.5%</td>
<td>7.2%</td>
<td>10.2%</td>
<td>5.6%</td>
<td>13.1%</td>
</tr>
<tr>
<td>Blue Lake</td>
<td>6.3% (11)</td>
<td>0%</td>
<td>6.9%</td>
<td>5%</td>
<td>0</td>
<td>4.7%</td>
<td>3.8%</td>
</tr>
<tr>
<td>Bookmobile</td>
<td>2.9% (5)</td>
<td>2% (4)</td>
<td>0</td>
<td>2.2%</td>
<td>3%</td>
<td>1.9%</td>
<td>3.1%</td>
</tr>
<tr>
<td>Eureka</td>
<td>53.7% (94)</td>
<td>60.8% (124)</td>
<td>53.2% (115)</td>
<td>45.3% (63)</td>
<td>49.7% (88)</td>
<td>32.7% (35)</td>
<td>27.7% (36)</td>
</tr>
<tr>
<td>Ferndale</td>
<td>1.7% (3)</td>
<td>1% (2)</td>
<td>2.8%</td>
<td>1.4%</td>
<td>0.6%</td>
<td>0.9%</td>
<td>2.3%</td>
</tr>
<tr>
<td>Fortuna</td>
<td>12% (21)</td>
<td>2.9% (6)</td>
<td>5.1%</td>
<td>2.2%</td>
<td>0</td>
<td>7.5%</td>
<td>12.3%</td>
</tr>
<tr>
<td>Garberville</td>
<td>2.9% (5)</td>
<td>6.4% (13)</td>
<td>2.8%</td>
<td>1.4%</td>
<td>3.4%</td>
<td>6.5%</td>
<td>2.3%</td>
</tr>
<tr>
<td>Hoopa</td>
<td>6.3% (11)</td>
<td>0%</td>
<td>6.9%</td>
<td>6.5%</td>
<td>10.2%</td>
<td>8.4%</td>
<td>6.9%</td>
</tr>
<tr>
<td>McKinleyville</td>
<td>1.7% (3)</td>
<td>2.9% (6)</td>
<td>5.6%</td>
<td>6.5%</td>
<td>19.2%</td>
<td>11.2%</td>
<td>15.4%</td>
</tr>
<tr>
<td>Rio Dell</td>
<td>3.4% (6)</td>
<td>4.4% (9)</td>
<td>1.9%</td>
<td>3.6%</td>
<td>1.1%</td>
<td>5.6%</td>
<td>2.3%</td>
</tr>
<tr>
<td>Trinidad</td>
<td>7.4% (13)</td>
<td>4.9% (10)</td>
<td>5.1%</td>
<td>8.0%</td>
<td>1.1%</td>
<td>6.5%</td>
<td>8.5%</td>
</tr>
<tr>
<td>Willow Creek</td>
<td>1.7% (3)</td>
<td>1.5% (3)</td>
<td>3.2%</td>
<td>10.8%</td>
<td>4.5%</td>
<td>8.4%</td>
<td>2.3%</td>
</tr>
</tbody>
</table>

*completed surveys were lost while being returned to the main branch

1. How often do you and your child go to the library or bookmobile?

<table>
<thead>
<tr>
<th>Frequency</th>
<th>2020</th>
<th>2018</th>
<th>2016</th>
</tr>
</thead>
<tbody>
<tr>
<td>Once a week or more</td>
<td>28.7%</td>
<td>27.5%</td>
<td>26.5%</td>
</tr>
<tr>
<td>1-3 times/month</td>
<td>46%</td>
<td>59%</td>
<td>53.1%</td>
</tr>
<tr>
<td>Every 2-6 months</td>
<td>19%</td>
<td>10%</td>
<td>8.5%</td>
</tr>
<tr>
<td>A few times/year or less</td>
<td>6.3%</td>
<td>3.5%</td>
<td>11.8%</td>
</tr>
<tr>
<td>Mean (4=1x/wk or more, 1=few times/year or less)</td>
<td>2.97</td>
<td>3.10</td>
<td>2.94</td>
</tr>
</tbody>
</table>

Comments 2020
Bookmobile
- I don't have grandchildren when bookmobile comes
Eureka
- Approx. every six weeks
- Plan on coming once a week since new playground was built
- Weekends, Saturdays (as family)
- We always come to storyhour
- We come by during our computer lab days (Wednesdays and Thursdays)
- Our first time!

Ferndale
- We love the library and books. Thank You!

Fortuna
- Every Friday for Storytime

Hoopa
- I wish I/we came more!

Trinidad
- We love Trinidad Library! We go at least every Thursday night, sometimes Saturdays and other days

2. How often do you and your child attend a children’s program at the library?

<table>
<thead>
<tr>
<th>Frequency</th>
<th>2020</th>
<th>2018</th>
<th>2016</th>
</tr>
</thead>
<tbody>
<tr>
<td>Once a week or more</td>
<td>5.7%</td>
<td>9.6%</td>
<td>7.4%</td>
</tr>
<tr>
<td>1-3 times/month</td>
<td>21.1%</td>
<td>32.5%</td>
<td>30.4%</td>
</tr>
<tr>
<td>Every 2-6 months</td>
<td>19.4%</td>
<td>26.4%</td>
<td>18.1%</td>
</tr>
<tr>
<td>A few times/year or less</td>
<td>53.7%</td>
<td>31.5%</td>
<td>44.1%</td>
</tr>
<tr>
<td>Mean (4=1x/wk or more, 1=few times/year or less)</td>
<td>1.79</td>
<td>2.20</td>
<td>2.01</td>
</tr>
</tbody>
</table>

Comments 2020:
Bookmobile
- Never

Eureka
- We live in Orleans. Would love to otherwise
- Used to attend storytime. Now we are toddler age and too active
- Never have
- Plan on coming more often since new playground
- First time for the reading
- We come when they were under 3, but now we have older kids
- We have not been
- My husband and I both work, so we usually go weekends only
- Hoping to join more regularly
- We try to get to more, but we are usually late!
- They are not at times we can attend
- We have not attended a children’s program
Ferndale
- Never attended an event, just came on our own time

Fortuna
- Haven’t yet but will start
- Not usually
- Solo cuando me entero o no se me olvida el día y la hora//Only when I find out or I don’t forget the day and time

Hoopa
- I didn’t know about the Children’s Programs before today!

Willow Creek
- We haven’t gone to an event

3. How do you find out about children’s programs at the library?

<table>
<thead>
<tr>
<th>Method</th>
<th>2020</th>
<th>2018</th>
</tr>
</thead>
<tbody>
<tr>
<td>Radio</td>
<td>1.8%</td>
<td>3.0%</td>
</tr>
<tr>
<td>Newspaper</td>
<td>4.7%</td>
<td>7.0%</td>
</tr>
<tr>
<td>Library Website</td>
<td>25.1%</td>
<td>30.7%</td>
</tr>
<tr>
<td>Flyer/Information posted in the library</td>
<td>56.1%</td>
<td>46.3%</td>
</tr>
<tr>
<td>Library Facebook page</td>
<td>16.4%</td>
<td>14.6%</td>
</tr>
<tr>
<td>At playgroup</td>
<td>12.9%</td>
<td>18.1%</td>
</tr>
<tr>
<td>Word of mouth</td>
<td>36.3%</td>
<td>40.2%</td>
</tr>
<tr>
<td>Other/see below:</td>
<td>18.7%</td>
<td>14%</td>
</tr>
</tbody>
</table>

Other/comments 2020:
Blue Lake
- Friends

Eureka
- Flyers elsewhere
- Jeanine is our friend and favorite library worker. She has been more than accommodating with this
- Don’t really hear about them
- First 5
- Online newspaper LoCo
- Lost Coast Outpost
- Head Start and Public Health Nurse, WIC
- Interested to attend more children’s programs
- Not sure
- We are new and are still trying to figure out the best way to get info on this library
- At library/friends
- We love library programs!
• We saw the new park and stopped by!
• I’ve come since I was little

Ferndale
• I see events posted at the library and online
• School

Fortuna
• Still don’t know about it. Grandchild just comes when I do.
• Grandchildren wanted to come
• I would get it off of Facebook if [it was] posted more

Garberville
• We would love more Facebook updates!

Hoopa
• Facebook
• This survey
• Library (Hoopa)

Rio Dell
• From our school

Trinidad
• Events on Facebook
• Librarian
• Post office

Willow Creek
• I learned of the FB page today (Friends of Willow Creek)

4. What, if anything would encourage you and your child to go to the library/bookmobile more often? (2020 responses)

Blue Lake
• Playgroups, activities
• We go as often as we can, sometimes nap time interferes with library hours.
• Morning hours
• I would love for Storytime (in Arcata) to be 1 hour long.
• Arcata-better spot for children inside
• Que tienen comicos// Have comedians

Bookmobile
• It’s great that it parks at school
• If bookmobile came more often
• Family events in my area of Orleans
• Not sure. Open more days
• I only go to the bookmobile, so I go every time it’s in town and I can.
Eureka

- More variety of books
- Activities, story times, and events.
- Everything great
- Age appropriate programs
- Consistent story times. A safe environment
- I think that we would come to the library more if it were open more hours
- Nothing. It’s a great place for my kid
- My child loves it here. I can’t believe it’s free here. Nothing. I’m glad it’s not crowded or we wouldn’t like it.
- Programs for children
- More time in our schedule
- Singing and playing with books
- Puppet shows, stuffed animal sleepover, storytellers
- We visit the library almost every week!
- Time and day of programs in the afternoon or early evenings
- We love it—not so cold with the air conditioner
- Safer outside environment. Too many homeless with nowhere to go.
- Special events?
- More cultural things like square dancing
- Interactive story time, less vagrancy in the restrooms
- Sometimes the hours of the library don’t work for us
- Events
- Time! We have a disabled person we care for also. It’s hard for them to get around.
- More open hours in the evening
- Expanded, longer hours
- We love family events, but wish they didn’t end so late
- We already come once every two weeks
- 36-hour days to get stuff done? Make it happen!
- Music, more activities
- If we lived closer
- We would come more often if it was open on Mondays
- We’re able to go about as often as we’d like – to one of the libraries or another
- Kid oriented presentations/events
- Morning hours
- Activities for kids to learn how to write their own stories or draw illustrations
- More open hours
- more literacy events
- Events and activities on the weekend and evenings (both parents work full time)
- More hands-on activities. Sensory play for younger children.
- Knowing there were other babies for my 7-month-old to interact with
- Kids hands on science experiment

Ferndale

- More current new books
- Newer books more often
Fortuna
- Toddler activities during the weekend
- Open at 11
- I just need to go more (and pay off my library debt)
- Text reminders? Open more hours?
- Keeping a good rotation of books
- Incentives/music/food/community groups
- Bigger play area for kids 2+
- Mas actividades para la edad de 0-10// More activities for ages 0-10

Garberville
- If we changed nap time
- More workshops or children’s events. I would like to have a weekly children’s sign language class and more music workshops and some kind of painting class for children
- More activities
- It is so convenient, love it.

Hoopa
- To get a free book
- Just the connection. I come to different library with my kids but knowing of a local kids group here is what will bring us more!
- More self time with grandchildren
- More time away from work
- Kids events
- More movies
- More time/open hours
- Snacks and refreshments provided

McKinleyville
- More security

Rio Dell
- More game nights/movies/family storytime
- More open time
- If the library was open more often, such as Thursdays and Fridays, we would love to come and visit more.
- More activities, fun things to do as a group.

Trinidad
- Different times and later times for children programs such as in evening
- Events (Lego club, read to dog, etc.)
- If it was open more
- More days open
- Storyteller maybe and activities
- We would go every day if we had time!
- Babysitting
- Storytime, Legos
5. The library is a “family friendly” place for families with young children.

<table>
<thead>
<tr>
<th></th>
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<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Strongly agree</td>
<td>70.4%</td>
<td>64.5%</td>
<td>61.3%</td>
<td>69.78%</td>
<td>67.0%</td>
<td>65.4%</td>
<td>67.7%</td>
</tr>
<tr>
<td>Agree</td>
<td>28.4%</td>
<td>33.5%</td>
<td>37.3%</td>
<td>30.22%</td>
<td>32.4%</td>
<td>32.7%</td>
<td>30.0%</td>
</tr>
<tr>
<td>Disagree</td>
<td>0.6%</td>
<td>0.5%</td>
<td>0.5%</td>
<td>0</td>
<td>0.6%</td>
<td>1.9%</td>
<td>1.5%</td>
</tr>
<tr>
<td>Strongly disagree</td>
<td>0.6%</td>
<td>1.5%</td>
<td>0.9%</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0.8%</td>
</tr>
<tr>
<td>Mean</td>
<td>3.69</td>
<td>3.61</td>
<td>3.6</td>
<td>3.7</td>
<td>3.66</td>
<td>3.64</td>
<td>3.64</td>
</tr>
</tbody>
</table>

Comments 2020:

Blue Lake
- Special effort made to include young kids

Eureka
- Absolutely love it. Favorite place. If it was crowded it wouldn't be as nice.
- With security guard and new playground
- No changing table in bathroom
- Appreciate the children’s section and the diligence of the staff that provides a safe and cozy environment
- Neutral
- Only issue is the homeless population. However, it always feels safe in the children’s section.
- Thank you for the new playground
- Neutral. It is difficult to bring young children who wander. It would be helpful if the children's spot was located upstairs and had one entrance. Our library in Ohio had all of the children's books on a second level. We loved it!
- We love it
- Neutral; they try to be and the children’s area is great. The homeless are a serious deterrent to us coming to the library
- Strongly agree in Eureka/Agree in Arcata
- Staff are wonderful, especially in Arcata, McK, and Eureka, too.

Fortuna
- My child loves playing the random games/toys library has to offer. Thank you.

Hoopa
- I have a 13 and 10-year-old and 3-year old twins; is a fun place for everyone in the family.

6. The library is a good place to get information about parenting.*

<table>
<thead>
<tr>
<th></th>
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<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Strongly agree</td>
<td>38.1%</td>
<td>30.6%</td>
<td>37%</td>
<td>36.92%</td>
<td>39%</td>
<td>44.1%</td>
<td>42.0%</td>
</tr>
<tr>
<td>Agree</td>
<td>61.9%</td>
<td>65.6%</td>
<td>58%</td>
<td>62.31%</td>
<td>60.4%</td>
<td>52.0%</td>
<td>54.5%</td>
</tr>
<tr>
<td>Disagree</td>
<td>0</td>
<td>2.8%</td>
<td>4.5%</td>
<td>0.77%</td>
<td>0.6%</td>
<td>3.9%</td>
<td>2.7%</td>
</tr>
<tr>
<td>Strongly disagree</td>
<td>0</td>
<td>1.1%</td>
<td>0.5%</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0.9%</td>
</tr>
<tr>
<td>Mean</td>
<td>3.38</td>
<td>3.26</td>
<td>3.31</td>
<td>3.36</td>
<td>3.4</td>
<td>3.4</td>
<td>3.37</td>
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<tr>
<td>------</td>
<td>------</td>
<td>------</td>
<td>------</td>
<td>------</td>
<td>-----</td>
<td>-----</td>
<td>------</td>
</tr>
</tbody>
</table>

*2007 survey: It should be noted that 28 people did not respond to this question and most wrote, “Don’t know” or placed a question mark next to the question. In 2009, only 5 people did not respond to this question.

Comments 2020:
Eureka
- Have not participated out sought out information
- Neutral
- I love the parenting books!! Thank You!
- Neutral
- Neutral
- Neutral. Haven’t sought [sic] out
- Neutral, Not info I’ve looked for
- Neutral. Haven’t had a chance to look
- Great books on parenting
- Neutral (but haven’t seen as much as at playgroups) (we used to go to playgroups 1-3 times/month for about 1-2 years)

Fortuna
- Don't know. Have not needed such info.

Hoopa
- Neutral; not sure - never looked up parenting info.

Trinidad
- Make more parenting resources available/easily accessible

7. Which library branches do you use?

<table>
<thead>
<tr>
<th>Branch</th>
<th>2020</th>
</tr>
</thead>
<tbody>
<tr>
<td>Arcata</td>
<td>28.6%</td>
</tr>
<tr>
<td>Blue Lake</td>
<td>9.7%</td>
</tr>
<tr>
<td>Bookmobile</td>
<td>5.1%</td>
</tr>
<tr>
<td>Eureka</td>
<td>66.3%</td>
</tr>
<tr>
<td>Ferndale</td>
<td>2.9%</td>
</tr>
<tr>
<td>Fortuna</td>
<td>22.3%</td>
</tr>
<tr>
<td>Garberville</td>
<td>4.6%</td>
</tr>
<tr>
<td>Hoopa</td>
<td>5.7%</td>
</tr>
<tr>
<td>McKinleyville</td>
<td>14.9%</td>
</tr>
<tr>
<td>Rio Dell</td>
<td>5.1%</td>
</tr>
<tr>
<td>Trinidad</td>
<td>9.7%</td>
</tr>
<tr>
<td>Willow Creek</td>
<td>4%</td>
</tr>
</tbody>
</table>
8. In a usual week, about how many days do you or any other family members read stories or look at picture books with your 0-5 age child?

<table>
<thead>
<tr>
<th>Frequency</th>
<th>2020</th>
<th>2018</th>
<th>2016</th>
<th>2014</th>
</tr>
</thead>
<tbody>
<tr>
<td>Every day</td>
<td>79.2%</td>
<td>86.6%</td>
<td>75.5%</td>
<td>82.4%</td>
</tr>
<tr>
<td>3-6 days</td>
<td>16.8%</td>
<td>8.9%</td>
<td>18.4%</td>
<td>16.2%</td>
</tr>
<tr>
<td>1-2 days</td>
<td>3.5%</td>
<td>4.5%</td>
<td>5.7%</td>
<td>1.5%</td>
</tr>
<tr>
<td>Never</td>
<td>0.6%</td>
<td>0%</td>
<td>0.5%</td>
<td>0%</td>
</tr>
<tr>
<td>Mean (4= every day, 1=never)</td>
<td>3.75</td>
<td>3.82</td>
<td>3.7</td>
<td>3.81</td>
</tr>
</tbody>
</table>

Comments:
Hoopa
- I get grandchildren 2 weekends a month

9a. On average, about how many times each month do you and your child take part in any of the First 5 Humboldt funded playgroups shown below [list was on survey]?

<table>
<thead>
<tr>
<th></th>
<th>2020</th>
<th>2018</th>
</tr>
</thead>
<tbody>
<tr>
<td>Average</td>
<td>3.13 times/month</td>
<td>1.95 times/month</td>
</tr>
<tr>
<td>Range</td>
<td>0-12 times/month</td>
<td>0-16 times/month</td>
</tr>
</tbody>
</table>

9b. Does your child attend preschool on a regular basis?

<table>
<thead>
<tr>
<th></th>
<th>2020</th>
<th>2018</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yes</td>
<td>44.8%</td>
<td>50.3%</td>
</tr>
<tr>
<td>No</td>
<td>55.2%</td>
<td>49.7%</td>
</tr>
</tbody>
</table>

10. Please tell us how you feel about each of the children’s programs at the library listed below.
(Means below in each section are ranked as follows: 4=Very Good, 3=Good, 2=Average, 1=Poor)

### Children’s Books

<table>
<thead>
<tr>
<th>Year</th>
<th>Very Good</th>
<th>Good</th>
<th>Average</th>
<th>Poor</th>
<th>Have not used</th>
<th>Not aware of this</th>
<th>Mean for those that have used the service</th>
</tr>
</thead>
<tbody>
<tr>
<td>2020</td>
<td>75.3%</td>
<td>21.3%</td>
<td>2.9%</td>
<td>0</td>
<td>0.6%</td>
<td>0</td>
<td>3.73</td>
</tr>
<tr>
<td>2018</td>
<td>73.3%</td>
<td>22.8%</td>
<td>2.5%</td>
<td>0</td>
<td>0.5%</td>
<td>1%</td>
<td>3.8</td>
</tr>
<tr>
<td>2016</td>
<td>70.9%</td>
<td>22.8%</td>
<td>2.4%</td>
<td>0</td>
<td>3.4%</td>
<td>0.5%</td>
<td>3.7</td>
</tr>
<tr>
<td>2014</td>
<td>69.2%</td>
<td>24.8%</td>
<td>3.8%</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>3.7</td>
</tr>
<tr>
<td>2012</td>
<td>70.5%</td>
<td>22.5%</td>
<td>4.6%</td>
<td>1.2%</td>
<td>1.2%</td>
<td>0</td>
<td>3.6</td>
</tr>
<tr>
<td>2009</td>
<td>68.9%</td>
<td>26.4%</td>
<td>3.8%</td>
<td>0.9%*</td>
<td>0</td>
<td>0</td>
<td>3.7</td>
</tr>
<tr>
<td>2007</td>
<td>71.0%</td>
<td>23.4%</td>
<td>4.8%</td>
<td>0.8%</td>
<td>0</td>
<td>0</td>
<td>3.6</td>
</tr>
</tbody>
</table>

*The person stating “poor” was from Fortuna and was Spanish speaking. S/he stated that there are not enough books in Spanish.
### 2020 Comments about children's books:

**Eureka**
- Could update some things (i.e. space)

#### Children's Audio Tapes/CDs/Book Kits

<table>
<thead>
<tr>
<th>Year</th>
<th>Very Good</th>
<th>Good</th>
<th>Average</th>
<th>Poor</th>
<th>Have not used</th>
<th>Not aware of this</th>
<th>Mean for those that have used the service</th>
</tr>
</thead>
<tbody>
<tr>
<td>2020</td>
<td>41%</td>
<td>20.8%</td>
<td>7.5%</td>
<td>1.7%</td>
<td>25.4%</td>
<td>3.5%</td>
<td>3.42</td>
</tr>
<tr>
<td>2018</td>
<td>40%</td>
<td>25.1%</td>
<td>10.3%</td>
<td>1%</td>
<td>18.5%</td>
<td>5.1%</td>
<td>3.36</td>
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<tr>
<td>2016</td>
<td>35.1%</td>
<td>22.8%</td>
<td>13.4%</td>
<td>2%</td>
<td>19.3%</td>
<td>7.4%</td>
<td>3.24</td>
</tr>
<tr>
<td>2014</td>
<td>26%</td>
<td>22.1%</td>
<td>18.9%</td>
<td>5.5%</td>
<td>23.8%</td>
<td>4.7%</td>
<td>3</td>
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<tr>
<td>2012</td>
<td>28.4%</td>
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<td>11.8%</td>
<td>4.1%</td>
<td>20.1%</td>
<td>5.9%</td>
<td>3.1</td>
</tr>
<tr>
<td>2009</td>
<td>37.5%</td>
<td>28.8%</td>
<td>16.3%</td>
<td>1.9%</td>
<td>10.6%</td>
<td>4.8%</td>
<td>3.21</td>
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<tr>
<td>2007</td>
<td>31.1%</td>
<td>31.9%</td>
<td>18.5%</td>
<td>3.4%</td>
<td>12.6%</td>
<td>2.5%</td>
<td>3.07</td>
</tr>
</tbody>
</table>

#### Comments about Children's Audio Tapes/CDs/Book Kits 2020

**Eureka**
- We use the Bob book kits
- More selection and rotation

#### Children's DVDs

<table>
<thead>
<tr>
<th>Year</th>
<th>Very Good</th>
<th>Good</th>
<th>Average</th>
<th>Poor</th>
<th>Have not used</th>
<th>Not aware of this</th>
<th>Mean for those that have used the service</th>
</tr>
</thead>
<tbody>
<tr>
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<td>24.1%</td>
<td>6.3%</td>
<td>3.35</td>
</tr>
<tr>
<td>2018</td>
<td>33%</td>
<td>27.8%</td>
<td>14.4%</td>
<td>1.6%</td>
<td>19.1%</td>
<td>4.1%</td>
<td>3.2</td>
</tr>
<tr>
<td>2016</td>
<td>32.7%</td>
<td>27.2%</td>
<td>11.4%</td>
<td>4%</td>
<td>19.3%</td>
<td>5.4%</td>
<td>3.18</td>
</tr>
<tr>
<td>2014</td>
<td>30.2%</td>
<td>24%</td>
<td>2.2%</td>
<td>7.8%</td>
<td>17.1%</td>
<td>0.8%</td>
<td>2.93</td>
</tr>
<tr>
<td>2012</td>
<td>23.8%</td>
<td>25.6%</td>
<td>22%</td>
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<td>17.9%</td>
<td>5.4%</td>
<td>2.9</td>
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<tr>
<td>2009</td>
<td>30.7%</td>
<td>26.7%</td>
<td>21.8%</td>
<td>4%</td>
<td>9.9%</td>
<td>6.9%</td>
<td>3.01</td>
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<tr>
<td>2007</td>
<td>17.7%</td>
<td>12.4%</td>
<td>21.1%</td>
<td>18.6%</td>
<td>21.2%</td>
<td>8.8%</td>
<td>2.4</td>
</tr>
</tbody>
</table>

#### Comments about Children's DVDs 2020

**Eureka**
- The disks are in bad condition
- Need more
- Have not really checked them out. Seem family friendly
- Not a very large selection

#### Parenting Corner

<table>
<thead>
<tr>
<th>Year</th>
<th>Very Good</th>
<th>Good</th>
<th>Average</th>
<th>Poor</th>
<th>Have not used</th>
<th>Not aware of this</th>
<th>Mean for those that have used the service</th>
</tr>
</thead>
<tbody>
<tr>
<td>2020</td>
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<td>27.3%</td>
<td>15.1%</td>
<td>3.4</td>
</tr>
<tr>
<td>2018</td>
<td>32.1%</td>
<td>27.5%</td>
<td>8.3%</td>
<td>1%</td>
<td>21.8%</td>
<td>9.3%</td>
<td>3.32</td>
</tr>
<tr>
<td>2016</td>
<td>31.8%</td>
<td>35.8%</td>
<td>9.6%</td>
<td>1%</td>
<td>20.2%</td>
<td>11.6%</td>
<td>3.3</td>
</tr>
<tr>
<td>2014</td>
<td>29.3%</td>
<td>30.1%</td>
<td>11.4%</td>
<td>0</td>
<td>16.3%</td>
<td>13%</td>
<td>3.3</td>
</tr>
<tr>
<td>2012</td>
<td>30.9%</td>
<td>27.2%</td>
<td>6.8%</td>
<td>0.6%</td>
<td>22.2%</td>
<td>12.3%</td>
<td>3.4</td>
</tr>
<tr>
<td>2009</td>
<td>31.4%</td>
<td>21.6%</td>
<td>2.9%</td>
<td>0</td>
<td>12.7%</td>
<td>31.4%</td>
<td>3.5</td>
</tr>
<tr>
<td>2007</td>
<td>19.2%</td>
<td>23.3%</td>
<td>10.0%</td>
<td>2.5%</td>
<td>15.8%</td>
<td>29.2%</td>
<td>3.08</td>
</tr>
</tbody>
</table>
Comments about Parenting Corner 2020:
Eureka
- Not sure what this is

Ferndale
- What is this?

Fortuna
- Could use more infant-toddler materials/toys

Hoopa
- Not enough books, too long wait list

E-Books (Overdrive collection)

<table>
<thead>
<tr>
<th></th>
<th>Very Good</th>
<th>Good</th>
<th>Average</th>
<th>Poor</th>
<th>Have not used</th>
<th>Not aware of this</th>
<th>Mean for those that have used the service</th>
</tr>
</thead>
<tbody>
<tr>
<td>2020</td>
<td>15.6%</td>
<td>8.1%</td>
<td>3.5%</td>
<td>1.2%</td>
<td>48%</td>
<td>23.7%</td>
<td>3.35</td>
</tr>
<tr>
<td>2018</td>
<td>15.5%</td>
<td>11.6%</td>
<td>4.4%</td>
<td>0</td>
<td>44.4%</td>
<td>27.1%</td>
<td>3.35</td>
</tr>
</tbody>
</table>

Comments about E-Books (Overdrive Collection)
Bookmobile
- Only use for adult books

Eureka
- Learning
- Not sure what this is
- I continue to have problems with them (kid's books) loading. I use it for me all the time though

Fortuna
- Don't use this service. Aware, but have not used.

Hoopa
- Too long of a wait

Storytime

<table>
<thead>
<tr>
<th></th>
<th>Very Good</th>
<th>Good</th>
<th>Average</th>
<th>Poor</th>
<th>Have not used</th>
<th>Not aware of this</th>
<th>Mean for those that have used the service</th>
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</thead>
<tbody>
<tr>
<td>2020</td>
<td>52%</td>
<td>17.9%</td>
<td>1.7%</td>
<td>0.6%</td>
<td>23.1%</td>
<td>4.6%</td>
<td>3.7</td>
</tr>
<tr>
<td>2018</td>
<td>57.6%</td>
<td>20.2%</td>
<td>2.5%</td>
<td>1%</td>
<td>15.2%</td>
<td>3.5%</td>
<td>3.7</td>
</tr>
<tr>
<td>2016</td>
<td>45.5%</td>
<td>23.7%</td>
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<td>0</td>
<td>18.7%</td>
<td>7.1%</td>
<td>3.5</td>
</tr>
<tr>
<td>2014</td>
<td>48.4%</td>
<td>21.9%</td>
<td>9.4%</td>
<td>0.8%</td>
<td>16.4%</td>
<td>3.1%</td>
<td>3.5</td>
</tr>
<tr>
<td>2012</td>
<td>58.3%</td>
<td>16.7%</td>
<td>2.4%</td>
<td>0</td>
<td>19.6%</td>
<td>2.0%</td>
<td>3.7</td>
</tr>
<tr>
<td>2009</td>
<td>48.1%</td>
<td>25.5%</td>
<td>6.9%</td>
<td>0.98%</td>
<td>9.8%</td>
<td>2.9%</td>
<td>3.5</td>
</tr>
<tr>
<td>2007</td>
<td>51.3%</td>
<td>23.1%</td>
<td>10.3%</td>
<td>0.85%</td>
<td>11.9%</td>
<td>2.6%</td>
<td>3.5</td>
</tr>
</tbody>
</table>

Comments about Storytime/2020
Eureka
- My kids love when they have very enthusiastic workers reading to them
• But I’m so glad you do it!
• Not part of pour routine
• Love it!

Fortuna
• We try to go to storytime! It is fun.

Garberville
• Lynne is an amazing person who touches the lives of children and adults

Hoopa
• No regular Storytimes

Rio Dell
• Maybe add more evening times

Trinidad
• More options for Storytime, possibly in evenings

### Baby Read and Grow

<table>
<thead>
<tr>
<th></th>
<th>Very Good</th>
<th>Good</th>
<th>Average</th>
<th>Poor</th>
<th>Have not used</th>
<th>Not aware of this</th>
<th>Mean for those that have used the service</th>
</tr>
</thead>
<tbody>
<tr>
<td>2020</td>
<td>32%</td>
<td>13.4%</td>
<td>0.6%</td>
<td>0.6%</td>
<td>39.5%</td>
<td>14%</td>
<td>3.65</td>
</tr>
<tr>
<td>2018</td>
<td>41.7%</td>
<td>11.8%</td>
<td>1.6%</td>
<td>0</td>
<td>29.4%</td>
<td>15.5%</td>
<td>3.73</td>
</tr>
<tr>
<td>2016</td>
<td>35.4%</td>
<td>12.3%</td>
<td>3.1%</td>
<td>0</td>
<td>33.8%</td>
<td>15.4%</td>
<td>3.64</td>
</tr>
<tr>
<td>2014</td>
<td>31.5%</td>
<td>11.3%</td>
<td>4.0%</td>
<td>0</td>
<td>37.9%</td>
<td>15.3%</td>
<td>3.6</td>
</tr>
<tr>
<td>2012</td>
<td>32.9%</td>
<td>9.9%</td>
<td>0.6%</td>
<td>0</td>
<td>36.6%</td>
<td>19.9%</td>
<td>3.65</td>
</tr>
</tbody>
</table>

#### Comments about Baby Read and Grow 2020

Eureka
• Can't keep track of it since every other week

### Baby Signs

<table>
<thead>
<tr>
<th></th>
<th>Very Good</th>
<th>Good</th>
<th>Average</th>
<th>Poor</th>
<th>Have not used</th>
<th>Not aware of this</th>
<th>Mean for those that have used the service</th>
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</thead>
<tbody>
<tr>
<td>2020</td>
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<td>7%</td>
<td>2.3%</td>
<td>1.2%</td>
<td>50%</td>
<td>2.7%</td>
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</tr>
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<td>39.2%</td>
<td>19.6%</td>
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<td>2014</td>
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<td>57.1%</td>
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<td>0</td>
<td>51.6%</td>
<td>20.8%</td>
<td>3.45</td>
</tr>
</tbody>
</table>

#### Comments about Baby Signs 2020

Eureka
• Don’t attend now. Toddler too hard
• Will/would use, if fits in my schedule
• Gone twice
### Summer Reading Club

<table>
<thead>
<tr>
<th></th>
<th>Very Good</th>
<th>Good</th>
<th>Average</th>
<th>Poor</th>
<th>Have not used</th>
<th>Not aware of this</th>
<th>Mean for those that have used the service</th>
</tr>
</thead>
<tbody>
<tr>
<td>2020</td>
<td></td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>2018</td>
<td>27.1%</td>
<td>14.9%</td>
<td>2.1%</td>
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<td>13.9%</td>
<td>3.42</td>
</tr>
</tbody>
</table>

#### Comments about Summer Reading Club 2020

**Eureka**
- McKinleyville summer reading group was great!
- We would love more summer events/presentations/shows
- I loved this as a child
- Would/will use this

**Garberville**
- Fun program with great prize, encourages families to read together

### Other Children’s Programs

<table>
<thead>
<tr>
<th></th>
<th>Very Good</th>
<th>Good</th>
<th>Average</th>
<th>Poor</th>
<th>Have not used</th>
<th>Not aware of this</th>
<th>Mean for those that have used the service</th>
</tr>
</thead>
<tbody>
<tr>
<td>2020</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2018</td>
<td>32.6%</td>
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<td>2.3%</td>
<td>0.6%</td>
<td>32%</td>
<td>14.3%</td>
<td>3.54</td>
</tr>
<tr>
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<td>15.8%</td>
<td>4.3%</td>
<td>0</td>
<td>34.8%</td>
<td>18.5%</td>
<td>3.48</td>
</tr>
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<td>2014</td>
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<td>13.1%</td>
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</tr>
<tr>
<td>2012</td>
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<td>13.0%</td>
<td>0.7%</td>
<td>0</td>
<td>38.4%</td>
<td>17.8%</td>
<td>3.44</td>
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<tr>
<td>2009</td>
<td>39.8%</td>
<td>20.4%</td>
<td>2.2%</td>
<td>0</td>
<td>17.2%</td>
<td>20.4%</td>
<td>3.56</td>
</tr>
<tr>
<td>2007</td>
<td>29.2%</td>
<td>26.4%</td>
<td>6.6%</td>
<td>0</td>
<td>24.5%</td>
<td>13.2%</td>
<td>3.36</td>
</tr>
</tbody>
</table>

#### Comments about Other Children’s Programs 2020

**Fortuna**
- Usually unaware of them
- Games such as legos, alphabet letters, puzzles. My child loves to play with games found at library.

**Garberville**
- We enjoyed the puppet show and loved the music workshop

**Trinidad**
- Lego Club is great
Help from Library Staff

<table>
<thead>
<tr>
<th></th>
<th>Very Good</th>
<th>Good</th>
<th>Average</th>
<th>Poor</th>
<th>Have not used</th>
<th>Not aware of this</th>
<th>Mean for those that have used the service</th>
</tr>
</thead>
<tbody>
<tr>
<td>2019</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2018</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2016</td>
<td>77.5%</td>
<td>16.7%</td>
<td>0.5%</td>
<td>0.5%</td>
<td>3.4%</td>
<td>1.5%</td>
<td>3.8</td>
</tr>
<tr>
<td>2014</td>
<td>82%</td>
<td>10.2%</td>
<td>2.3%</td>
<td>0</td>
<td>4.7%</td>
<td>0.8%</td>
<td>3.8</td>
</tr>
<tr>
<td>2012</td>
<td>78.2%</td>
<td>13.9%</td>
<td>2.4%</td>
<td>0</td>
<td>3.6%</td>
<td>1.8%</td>
<td>3.8</td>
</tr>
<tr>
<td>2009</td>
<td>86.7%</td>
<td>8.6%</td>
<td>0.9%</td>
<td>0.9%</td>
<td>2.9%</td>
<td>0%</td>
<td>3.9</td>
</tr>
<tr>
<td>2007</td>
<td>79.0%</td>
<td>15.1%</td>
<td>5.0%</td>
<td>0.8%</td>
<td>0%</td>
<td>0%</td>
<td>3.72</td>
</tr>
</tbody>
</table>

Comments about Help from Library Staff 2020

Eureka
- Excellent
- Always amazing. So helpful
- Jeanine is the best. She has a sense of humor. The best personality, kind and professional. We love seeing her and only her.
- Excellent!!! Especially Eureka and Arcata
- Always so helpful!
- Always friendly and helpful

Garberville
- Staff are very kind and helpful

Hoopa
- Love, love, love the Hoopa library staff

Willow Creek
- Elizabeth in Willow Creek is amazing! So helpful!

11. What other kinds of programs or services would you like to see or see more of in your library? (2020)

Blue Lake
- Morning hours
- More books
- Gardening/geology activities for family

Bookmobile
- Family events and parenting help
- Would love to see a senior program that delivers audio and other books to homebound seniors
- Puppet shows
- If I lived closer to town, I'm sure we would use more often their services. The bookmobile is excellent.
Eureka
- More DVDs and books
- Love storytimes
- None. They are keeping us busy
- More thing to do on family nights
- We don't do programs yet.
- Nothing I can think of
- Not sure
- New puzzles in the kid's area
- Storytime in Orleans! I would volunteer to read!
- I would enjoy the library more if I didn't have to walk through a homeless shelter to get here
- Weekly Baby Read and Grow
- More books and movies
- Children's events on weekends
- Toy lending library
- Love the guest performances provided by many local artists and community members
- Family Fun Nights that are aimed at school age kids
- Programs that teach about other languages. Computer program that teaches how to read.
- More literacy events for kids
- Visits from children's authors
- Maybe a few more options per month for storytimes or puppet shows
- More baby groups would be awesome
- More hands-on activities. Activities involving music.
- Oh boy! The library already offers so much more than I expect! I suppose the adult areas could use more books! But the children's section is awesome!
- Music, DIY, workshops on building, creativity, science
- Listening stations for audio books/read along kids' books. Replace worn books.
- Single working parent groups and activities provided outside of business hours
- More read-a-longs earlier in the day
- Love it all!
- Later hours. Reading help. I would like to bring my little ones here while we wait for older siblings at their activities
- Storytime in the afternoon
- Programas y servicios en espanol//Programs and services in Spanish
- More storytimes

Ferndale
- More new releases/best sellers
- Fun weekend programs/activities

Fortuna
- Any programs relating to reading, writing and literacy. More educational games, reading achievement programs
- Toys/activities for toddlers/infants
- Everything seems fine
- It is wonderful to have learning toys available for the preschoolers
• Large group musical/dance
• Authors! Nature Joe! The Cowgirl lady!

Garberville
• More internet access

Hoopa
• Hupa language groups
• Hupa Language "Mommy and me" group. I've always wanted to do this!
• I think the programs are all good and if a new program comes along I will be happy with that too!
• Any programming on a monthly basis
• Scheduled school visits, classroom visits library
• Not sure
• More programming of any kind at the Hoopa branch
• Craft time

Rio Dell
• Family fun nights, reading rewards for kids
• More hours
• Anything creative based

Trinidad
• We enjoy reading to Katie and Lego club
• Crafting activities/any games or activities
• Reading to dog was good summer activity

Willow Creek
• Local authors, readings, poetry night, etc.
• More puppet shows!

12a. How many children ages 0-2 do you have?

<table>
<thead>
<tr>
<th></th>
<th>2020</th>
<th>2018</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>86.7%</td>
<td>85.5%</td>
</tr>
<tr>
<td>2</td>
<td>10%</td>
<td>13.7%</td>
</tr>
<tr>
<td>3 or more</td>
<td>3.3%</td>
<td>0.9%</td>
</tr>
</tbody>
</table>

12b. How many children ages 3-5 do you have?

<table>
<thead>
<tr>
<th></th>
<th>2020</th>
<th>2018</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>82.6%</td>
<td>83.2%</td>
</tr>
<tr>
<td>2</td>
<td>12.1%</td>
<td>11.9%</td>
</tr>
<tr>
<td>3 or more</td>
<td>1.6%</td>
<td>4.9%</td>
</tr>
</tbody>
</table>
13. What language do you speak most of the time when you are at home?

<table>
<thead>
<tr>
<th>Language</th>
<th>2020</th>
<th>2018</th>
<th>2016</th>
<th>2014</th>
</tr>
</thead>
<tbody>
<tr>
<td>English</td>
<td>96%</td>
<td>95.5%</td>
<td>88%</td>
<td>96.4%</td>
</tr>
<tr>
<td>Spanish</td>
<td>8.1%</td>
<td>2.5%</td>
<td>12.5%</td>
<td>4.4%</td>
</tr>
<tr>
<td>Other (includes Vietnamese, Hmong, Japanese, Tigrigna, French, Turkish, Swedish, Portuguese, Farsi, Palau, Hupa, Yurok, German, Spanglish)</td>
<td>5.6%</td>
<td>2.5%</td>
<td>2.3%</td>
<td>2.2%</td>
</tr>
</tbody>
</table>

(Some marked more than one language so totals do not equal 100%)

14. Please add any additional comments about the library below (2020 comments only):

**Blue Lake**
- The library is a warm and wonderful way to introduce my grandchild to the world of books
- Thanks for your concern about young children
- Thank you!
- We love the library and playgroups (especially Blue Lake outdoor playgroup) and the Nature walks!

**Bookmobile**
- Everything is awesome. I especially love Kim who works here
- Could offer free bookbags for children that get a library card.

**Eureka**
- More DVDs and books. More computers
- Thank you for being so dedicated to enriching the lives of our communities' children.
- Love the First 5 program
- Love the library. Thank you
- Thank you for all your hard work with our communities' children and books.
- We love the library!
- Love this place. Only Eureka one. Please don't change or get crowded.
- Thank you!
- We love the library
- Please keep it warmer
- Excited to check out new outdoor play area. Today it was locked (during daylight hours) while library open???
- Thank you for everything
- Thank you for being part of the community
- It's a great place and resource that I don't access enough
- We love the clean and inviting environment here! Thank You
- I am so grateful for the library and the staff
- Longer check out times for non-book materials. Fines are $$$
- We enjoy the library and the librarians
- We love the library
- Thank you
- I am so grateful about the libraries quick response/help when needed
- We love the library!
- Thank you for providing such a valuable service to our community.
• A safe-feeling, quiet, clean place to be
• Overall, the library children’s section has improved the books available and the children’s programs. The new playground is great.
• Staff is always kind and friendly
• I love the many quiet activities and reading "station" set up in the play area
• Will return!
• Very nice library

Ferndale
• We love the library
• Thanks for being here

Fortuna
• We bring our grandchild to Friday storytime. My grandchild enjoys it! Thank you.
• Thank you
• Fortuna-good place for toddlers to learn library manners. Thanks!
• En mia opinion hacen un trabajo excelente. Gracias por todas los servicios que brinda a la comunidad.// In my opinion they do an excellent job. Thank you for all the services you provide to the community.
• It is a safe, friendly environment. It is much appreciated to have a place of this kind to bring my grandchildren, especially on rainy days. They love to learn.
• The Fortuna staff is always incredibly kind and helpful. We homeschool
• I am a day care provider. I like that certain toys are rotated and are thinking/creative toys

Garberville
• There aren't any playgroups available at this time in Southern Humboldt as far as I know.
• Thank you for being open

Hoopa
• We missed the puppets! Hand puppets and stuffed animals
• Thank you!

Rio Dell
• I appreciate the library being here for me to acquire bedtime books for my kids. I just wish there were more to choose from in Rio Dell.
• It's great how it is.

Trinidad
• We love the Trinidad library and wish it was open more days of the week!
• We (our family) really enjoy the library and would really love for it to be open more hours in the week!

Willow Creek
• Staff is wonderful
• Very thankful for access to books & DVDs (educational and entertainment).